



November 2025 Neurotrauma Newsletter
Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes
Pacific Disabilities Center, John A. Burns School of Medicine,
University of Hawaii at Manoa

Pacific Disabilities Center website: <https://pdc.jabsom.hawaii.edu/>

Pacific Disabilities Center YouTube Channel:
<https://www.youtube.com/@PacificDisabilitiesCenter>

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The names or contact information of subscribers is never shared.

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To save space in the newsletter, Hawaii-Focused Agency Resource Manuals and National and International Additional Neurotrauma Resources can now only be found on our website (<https://pdc.jabsom.hawaii.edu/resources.html>). You can also send an email request for the information to vhorvath@hawaii.edu

The lists of Support Group meetings have also been updated on our website (<https://pdc.jabsom.hawaii.edu/resources.html>). They are, however, also still available in this newsletter.

1. Announcements

The annual fundraiser – “Pearls & Wine” – for the Brain Injury Association of Hawaii (BIHi) takes place November 1, 2025, at The Pacific Club, 1451 Queen Emma Street, from 11:00 am – 2:00. BIHi has no paid staff, so all proceeds benefit their ongoing programs of support, advocacy, and education. It’s not too late to join the fun and fundraising! To reserve a seat, fill out the form located at: https://docs.google.com/forms/d/e/1FAIpQLScNTvTWFluQm2D1uAep-hKa1_4ZGyJuBXtkE5P8R1WYHQksA/viewform. Alternately, you may make a donation at <https://biausa.org/find-bia/hawaii>.

Also, on Saturday, November 29, 2025, the Brain Injury Oahu Support Group (BIOSG), which is sponsored by the Brain Injury Association of Hawaii, will hold a screening of the video, “Music Got Me Here.” The film is about Mr. Robert Allen, who at the age of 18 had a snowboarding accident and was left unable to speak or move for nearly two years. Mr. Allen is now a member of the BIOSG and will be on hand for the screening and discussion afterwards. The meeting is from 10:00 am – 12:00 pm and it takes place at Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI. For more information, call or text BJ Wade at 808-221-8330. You can also send an email to braininjuryofhawaii@gmail.com.

Madisyn Sim of Project DANA joins REHAB's Hospital Stroke Support Group for their in-person November 6, 2025 meeting, from 10:00 am – 11:00 am. She will introduce the compassionate social support services offered to older adults, individuals with disabilities, and caregivers – promoting independence and dignity in the setting of their choice. For questions and to RSVP, please contact Melissa Mullen at 808-566-3741 or send her an email at community@rehabhospital.org. For more information about the group and the meeting location address, go to page 43.

Shameless self-promotion? Why not! I'm the guest speaker for the next meeting of the Kona Brain Injury Support Group on November 12, 2024, at 4:00 pm. The title is, "Identifying and Preventing Strokes," which will include easy-to-remember ways to identify if a stroke may be occurring, and things you can do to reduce your risk of having a stroke, or having another stroke. We will also watch a video that covers stroke basics and the important telestroke project in Hawaii. If you've been to one of my stroke presentations before, this one will be a little different. The meeting is hybrid; information on how to attend in-person in Kona or online can be found on page 25.

Prevention is the ideal! And November 18, 2025, happens to be National Injury Prevention Day 2025. Visit the links below for how you can participate, with resources for parents, partners, and media and influencers:

<https://nationalinjurypreventionday.org/>
<https://nationalinjurypreventionday.org/resources>

2. Online and In-Person Events

November 2025

Title: Hawaii Parkinson Walk

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Hawaii Parkinson Association

Date: November 1, 2025

Time: 8:30 am opening remarks, 9:00 am the walk starts

Location: Magic Island, Ala Moana Beach Park

Registration: <https://go.rallyup.com/2025walk>

Additional information: You can sign up or donate at the link above.

Title: Annual Lanai Kinaole Community Health Fair

Format: In-person on Lanai, HI

Cost: Free

Sponsored by: Lanai Kinaole, HSRHA, Maui United Way

Date: November 1, 2025

Time: 10:00 am – 2:00 pm HST

Location: Dole Park, Lanai City

Additional information: Visit <https://www.lanaikinaole.org/post/annual-l%C4%81na%CA%BBi-kin%C4%81%CA%BBole-health-fair> for more information.

Note there is a concurrent conference going on at the same day and time on Lanai. See the entry below.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini Conference

Format: In-person on Lanai, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 1, 2025

Time: 10:00 am – 2:00 pm HST

Location: Dole Park, Lanai City

Title: “Pearls and Wine” – the Brain Injury Association of Hawaii’s Annual Fundraiser

Format: In-person in Honolulu, HI

Cost: Varies

Sponsored by: Brain Injury Association of Hawaii

Date: November 1, 2025

Time: 11:00 am – 2:00 pm

Location: The Pacific Club, 1451 Queen Emma Street, Honolulu, HI

Registration:

https://docs.google.com/forms/d/e/1FAIpQLScNTvTWFluQm2D1uAep-hKa1_4ZGyJuBXtkE5P8R1WYHQksA/viewform

Additional information: You may purchase an individual seat or an entire table for eight.

Title: 2025 New York City Babies and Toddlers Trauma Investigations Conference

Format: In-person in New York, NY

Cost: Ranges from \$100 - \$300

Speaker(s): Multiple

Sponsored by: NYU Langone Health Continuing Medical Education

Date: November 5 (preconference) - 7, 2025

Time: Starts at 12:30 pm on November 5 and ends at 1:00 pm on November 7, 2025

Location: Office of Chief Medical Examiner Hirsch Auditorium, 421 East 26th Street, Manhattan, NY 10016

Registration:

<https://www.highmarksce.com/nyumc/Planners/viewActivity?style=2&preview=true&plannerID=3546>

Additional information: The half-day preconference focuses on a new technical report on Abusive Head Trauma by the American Academy of Pediatrics.

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker. November's speaker is Megan Kunze, Ph.D.

Sponsored by: Brain Matters

Date: November 5, 2025

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration

Additional information: Additional sessions on December 3, 2025; January 7, 2026; and February 4, 2026.

Title: Stroke and Brain Injury 101: An Introductory Presentation on the Early Characteristics of a Stroke or Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Gina England, MA, CCC-SLP

Sponsored by: Brain Injury Association of New Hampshire (BIANH)

Date: November 5, 2025

Time: 8:30 am – 10:30 am EST (3:30 am – 5:30 am HST)

Registration: <https://p2p.onecause.com/bm2025/home>

Additional information: for direct support provides, home providers, service coordinators, house managers and case managers.

Title: 3rd Annual Virtual Conference: Empowering Innovation: Highlighting Promising Practices in IPV & Brain Injury Research, Recognition and Response

Format: Virtual

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: ENIGMA IPV & PINK Concussions

Date: November 5 – 6, 2025

Time: 10:00 am – 6:00 pm EST (5:00 am – 1:00 pm HST)

Registration: [https://www.esopenkolab.com/general-info-and-registration.html?utm_source=Pink+Concussions+News&utm_campaign=f58f16c8f6-EMAIL_CAMPAIGN_3_9_2018_COPY_02&utm_medium=email&utm_term=0_50e3164f1c-f58f16c8f6-563055437&ct=t\(Y_COPY_02\)&mc_cid=f58f16c8f6&mc_eid=3e58b6490a](https://www.esopenkolab.com/general-info-and-registration.html?utm_source=Pink+Concussions+News&utm_campaign=f58f16c8f6-EMAIL_CAMPAIGN_3_9_2018_COPY_02&utm_medium=email&utm_term=0_50e3164f1c-f58f16c8f6-563055437&ct=t(Y_COPY_02)&mc_cid=f58f16c8f6&mc_eid=3e58b6490a)

Title: Concussion Advocate Training Workshop

Format: Virtual

Cost: Free

Speaker(s): Conor Gormally and Malayka Gormally, co-founders of Concussion Alliance

Sponsored by: Concussion Alliance

Date: November 6, 2025

Time: 1:00 pm – 2:00 pm PST (11:00 am – 12:00 pm HST)

Registration: https://us02web.zoom.us/webinar/register/WN_jwGwO5rTT-OCQsD4Of8yKg#/registration

Title: Tips for Caregivers: How to Support Common Post-TBI Symptoms

Format: Virtual

Cost: \$50

Speaker(s): David Rothman, Ph.D., ABPP

Sponsored by: Brain Injury Association of America (BIAA)

Date: November 6, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration: <https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6>

Title: The Executive Function Series: Relevant & Irrelevant/Setting Priorities

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: November 8, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/6533/register?_vbtrk=MzlyMDMxOjEwMDc4NzY4NDpuZXdzGV0dGVy&_uax=MzlyMDMxOjEwMDc4NzY4NA

Additional information: Additional sessions in the series on different brain executive function topics take place on November 22 and December 13.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini Conference

Format: In-person in Kahului, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 8, 2025

Time: 10:00 am – 2:00 pm HST

Location: Maui Arts & Cultural Center

Title: TBI Among Women and Girls: A Research and Clinical Imperative

Format: Virtual

Cost: \$50

Speaker(s): Lisa A. Brenner, Ph.D., Katherine Price Snedeker, LCSW

Sponsored by: Brain Injury Association of America (BIAA)

Date: November 10, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration: <https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6>

Title: Concussion in Women

Format: Virtual

Cost: Free

Speaker(s): Dr. Carmela Tartaglia

Sponsored by: Canadian Concussion Centre

Date: November 11, 2025

Time: 6:00 pm – 7:00 pm ET (1:00 pm – 2:00 pm HST)

Registration:

https://events.myconferencesuite.com/Canadian_Concussion_Centre_Webinar_Series/reg/form/edit

Title: A Deeper Dive: Integrating Mental Health / Substance Use Services for Individuals with Brain Injury Through the Certified Community Behavioral Health Clinic Model

Format: Virtual

Cost: \$150 individual ticket, \$400 team ticket

Speaker(s): Maria Crowley; Jane King, PsyD, LP; and Jill Ferrington

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date and time: Two-part workshop:

Part 1: November 13, 2025, 12:00 pm – 2:00 pm ET (7:00 am – 9:00 am HST)

Part 2: January 9, 2026, 12:00 pm – 2:00 pm ET (7:00 am – 9:00 am HST)

Registration: <https://www.nashia.org/calendar#event/register/2025/11/13/a-deeper-dive-integrating-mental-health-substance-use-services-for-individuals-with-brain-injury-through-the-certified-community-behavioral-health-clinic-model>

Additional information: <https://www.nashia.org/trainings/ccbhc-model>

Title: Improving Outcomes for Adults Through Meaningful Activity and Community Integration Following TBI

Format: Virtual

Cost: \$50

Speaker(s): Stephen Wheeler, Ph.D. OTR/L, CBIS, FAOTA

Sponsored by: Brain Injury Association of America (BIAA)

Date: November 13, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration: <https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6>

Title: Diagnosis and Assessment of Pediatric Concussions

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Project ECHO

Date: November 18, 2025

Time: 7:00 pm ET (2:00 pm HST)

Registration:

https://echoontario.zoom.us/meeting/register/QEe_j1qKSxeWWkrhj3TT1A#/registration

Title: Virtual Stroke Symposium

Format: Virtual

Cost: Professionals – \$75, or \$150 for groups; survivors and family members - free

Speaker(s): Many different speakers

Sponsored by: Brain Injury Association of America (BIAA)

Date: November 20, 2025

Time: 12:00 pm – 4:00 pm ET

Registration for professionals:

https://learn.biausa.org/?utm_source=email&utm_medium=constant_contact&utm_campaign=Stroke_Symposium_News_Resources#/online-courses/bcafb2d0-6a62-443f-9ada-2514211a6e97

Registration for survivors and family members (you have to scroll down a bit to find the registration for this webinar): <https://biausa.org/brain->

injury/community/register-for-an-upcoming-biaa-webinar?utm_medium=email&utm_source=ctct

Title: Enhancing School Psychologists' Capacity to Identify and Support Students with Traumatic Brain Injury (TBI) from Early Childhood to School Age

Format: Virtual

Cost: Free

Speaker(s): Candice Campo, EdS, NCSP and Cuong Hoang, EdS

Sponsored by: Oregon TBI Educational Team

Date: November 21, 2025

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_Jlmt7lwqTGuPGqF9QuVryA#/registration

Title: The Executive Function Series: Make a Note of It!/Mind-Mapping

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: November 22, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/6533/register?_vbtrk=MzlyMDMxOjEwMDc4NzY4NDpuZXdzGV0dGVy&_uax=MzlyMDMxOjEwMDc4NzY4NA

Additional information: An additional session in the series on different brain executive function topics takes place on December 13.

Title: Mayor's 49th Annual Craft and Country Fair

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Generations Magazine

Date: November 22, 2025

Time: 9:00 am – 1:00 pm HST

Location: Neil Blaisdell Center Exhibition Hall

Additional information: Note that there is a concurrent conference going on at the same time. See the entry below.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini Conference

Format: In-person in Honolulu, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 22, 2025

Time: 10:00 am – 2:00 pm HST

Location: Neal S. Blaisdell Center, Pikake Room

Title: Kula School Harvest Festival

Format: In-person in Kula, HI

Cost: Free

Sponsored by: Kula School

Date: November 22, 2025

Time: 9:00 am – 3:00 pm HST

Location: Kula School, 500 Kula Highway, Kula, Maui

Additional information: There will be live entertainment, a silent auction, country store, restaurant row, craft vendors, keiki fun zone, petting farm, and pony rides. See the flyer set out with this newsletter. For more information, email kulaharvestfest@gmail.com. Instagram: @kulaschoolharvestfestival

December 2025

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: December 3, 2025

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration

Additional information: Additional sessions on January 7, 2026 and February 4, 2026.

Title: Brain Injury Fundamentals

Format: Virtual

Cost: Unclear

Speaker(s):

Sponsored by: Brain Injury Association of America (BIAA)

Date: December 3, 2025 and December 10, 2025 (you attend both sessions)

Time: 12:00 pm – 4:00 pm ET (7:00 am – 11:00 am HST)

Registration:

https://learn.biausa.org/?utm_source=CC&utm_medium=email&utm_campaign=Fundamentals_Reg_Email_10_10#/curricula/25c83076-feac-4706-897b-3d17cce51f1f

Additional information: For direct health care providers, first responders, support staff, and caregivers. Registration closes on November 19.

Title: Visual Dysfunction After Concussion – When to Rehab, When to Refer, and When it is a Red Flag

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Jacqueline Theis, OD, FAAO, FNAP

Sponsored by: Brain Injury Association of America (BIAA)

Date: December 5, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6

Registration for group purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa

Title: Simple Tools, Big Possibilities: Assistive Technology to Help You Thrive After Brain Injury

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Bethany Compton, MCD, CCC-SLP, CBIS

Sponsored by: Brain Injury Association of America (BIAA)

Date: December 11, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6

Registration for group purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa

Title: Justice Involved Youth and Traumatic Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Catherine Wiseman-Hakes, Ph.D., and Joseph Wszalek, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: December 12, 2025

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_mZcf8FI_T9GdBw1wuLRutg#/registration

Title: The Executive Function Series: Stress Management/Goal Mapping

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: December 13, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/6533/register?_vbtrk=MzlyMDMxOjEwMDc4NzY4NDpuZXdzGV0dGVy&_uax=MzlyMDMxOjEwMDc4NzY4NA

Title: Disorders of Consciousness

Format: Virtual

Cost: Unknown

Speaker(s): Kristen Keech, Queen's Medical Center / Conscious Care Consulting and Katie Golden, Brigham & Womens / Spaulding

Sponsored by: American Occupational Therapy Association (AOTA)

Date: December 15, 2025

Time: 8:00 pm – 9:00 pm EST (3:00 pm – 4:00 pm HST)

Registration: See below

Additional information: You must be a member to attend. Visit <https://www.aota.org/> for more information on membership, educational events, etc.

January 2026

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: January 7, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration

Additional information: Additional session on February 4, 2026.

Title: Mind in Motion: Bridging Cognition and Motor Recovery

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Michelle Weinberg, OTR/L, MSOT, CBIS, CSRS

Sponsored by: Brain Injury Association of America (BIAA)

Date: January 15, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6

Registration for group purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa

Title: When Trauma Meets Injury: Navigating the Overlap of Post-Traumatic Stress Disorder (PTSD) and Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Dr. Carrie Esopenko and Dr. David F. Tate

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: January 21, 2026

Time: 12:00 pm – 1:30 pm ET (7:00 am – 8:30 am HST)

Registration: <https://www.nashia.org/trainings/ptsd-and-brain-injury>

Additional information: The webinar is geared towards brain injury program staff, community-based providers, behavioral health clinicians, and state agency staff, advocates, and policymakers.

Title: Advances in Understanding the Outcomes of Pediatric TBI: Implications for Practice and Policy

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Stacy Suskauer, M.D., and Keith Owen Yates, Ph.D., ABPP, FCAHS, FRSC

Sponsored by: Brain Injury Association of America (BIAA)

Date: January 22, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6

Registration for group purchases:

https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa

Title: Partnering with Families in Early Childhood Intervention

Format: Virtual

Cost: Free

Speaker(s): Megan Kunze, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: January 23, 2026

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_1oMEQgYVTNG6B7odEvx5nA#/registration

February 2026

Title: 2026 Neuro Rehab Leadership Summit

Format: In-person in Fort Lauderdale Beach, FL

Cost: Early-bird rates of \$595 per person and \$550 per person for a group of 3 more from the same organization end on December 1, 2025

Speaker(s): Multiple

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 4 – 6, 2026

Time: Varies

Location: Sonesta Resort in Fort Lauderdale Beach, FL

Registration: <https://shop.biausa.org/products/biaaneurorehableadershipsummit>

Additional information: Registration is open.

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: February 4, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration

Title: Concussions and Adolescents in Texas

Format: Virtual

Cost: Free

Speaker(s): Nyaz Didehbani, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: February 20, 2026

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_KaoEuxhPSSepqmcg2G8Lw#/registration

Title: Justice Involvement and Beyond: Surviving the System, Building Resilience, and Moving Forward

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging and Long-Term Support Administration, Traumatic Brain Injury Strategic Partnership Advisory Council of Washington State

Date: February 27, 2026

Time: 9:00 am – 12:00 pm PT (7:00 am – 10:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN_JhD8EghnSWu8-zUiUzmCOg#/registration

March 2026

Title: Optimal Outcomes in PICU Survivors with Acquired Brain Injury: What's Neuropsychology Got to Do with It?

Format: Virtual

Cost: Free

Speaker(s): Trevor Hall, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: March 13, 2026

Time: 8:00 am – 9:00 am PT (5:00 am – 6:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_zoFtXwf8QWuiKvCyYkOtUg#/registration

April 2026

Title: Caregiver 2 Caregiver: Supporting Families of Young Children with Brain Injury / Concussions

Format: Virtual

Cost: Free

Speaker(s): Berenice de la Cruz, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: April 17, 2026

Time: 8:00 am – 9:00 am PT (5:00 am – 6:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN_NlZ-3nLQZq1oIfUg5w3JQ#/registration

Title: 2026 IPBIS Conference (pediatric brain injury)

Format: In-person in Calgary, Canada

Cost: There are costs associated with attending this conference

Speaker(s): Multiple speakers

Sponsored by: International Paediatric Brain Injury Society (IPBIS)

Dates: Preconference – April 29, 2026, and main conference – April 30, 2026 to May 2, 2026.

Time: Varies

Location: Hyatt Calgary

Registration: <https://www.ipbis.org/registration-for-2026-ipbis-conference/>

Additional information: Registration will open in Fall 2025. For more information, visit <https://www.ipbis.org/calgary-2026/>.

May 2026

Title: 42nd Annual Brain Injury & Stroke Conference

Format: In-person in Concord, NH

Cost: There is a cost associated with attending this conference

Speaker(s): Multiple

Sponsored by: Brain Injury Association of New Hampshire

Date: May 13, 2026

Time: TBA

Location: Grappone Conference Center, Concord, NH

Registration: TBA

Title: Complex Caregiving: When Brain Injury Meets Domestic Violence and Justice System Involvement

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging and Long-Term Support Administration, Traumatic Brain Injury Strategic Partnership Advisory Council of Washington State

Date: May 15, 2026

Time: 9:00 am – 12:00 pm PT (6:00 am – 9:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN_JhD8EghnSWu8-zUiUzmCOg#/registration

August 2026

Title: State of the States (SOS) Conference

Format: In-person in Little Rock, AK

Cost: TBA

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: August 31 – September 4, 2026

Time: TBA

Location: TBA

Registration: TBA

Additional information: TBA

3. Organization and Business Meetings

November 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on Ways and Means

Date: November 7, 2025

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

<https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdIFQbzQrYjdhSHpVQT09>

Watch on YouTube: <https://www.youtube.com/@kupunacaucus/streams>

By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 4, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: November 20, 2025

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

December 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on Ways and Means

Date: December 5, 2025

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

<https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdIFQbzQrYjdhSHpVQT09>

Watch on YouTube: <https://www.youtube.com/@kupunacaucus/streams>

By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 11, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

January 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: January 15, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

March 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: March 19, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

May 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: May 21, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

4. Support Group Meetings

Brain Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii,

contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. The passcode is ae3Ddq. You can also use this link:

<https://us06web.zoom.us/j/8082746477?pwd=iYLp3HDrCR2aF2hbLP0iKG5abOFuZ3.1>. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn’t Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Brain Tumor Support Group Meetings

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Ola Na Oiwī Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at <http://hmono.org/services/> and someone will contact you.

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Pacific Cancer Foundation Support Groups (for patients and survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST via Zoom.

Additional information: To sign up for either group, fill out the referral form:
<https://pacificcancerfoundation.org/patient-referral/>

Support group title: The Queen's Medical Center Cancer Center has multiple support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: <https://www.queens.org/services/cancer-care/resources/patient-support/>

Support group title: National Brain Tumor Society Brain Tumor Support Conversations

Dates: Third Sunday of every month

Times: 7:00 pm – 8:00 pm ET / 4:00 pm – 5:00 pm PT

Additional information: Register for the group at <https://braintumor.org/support-services/support-groups/brain-tumor-support-conversations/registration/>

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

<https://www.abta.org/supportgroups/>

Caregivers and Caregiving Support Group Meetings

This is a listing of general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina, Hana, Kihei, and Wailuku.

Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on Aging

Dates: Varies by location

Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center. Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI 96813

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second Saturday

Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI 96797

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation

Dates: 4th Wednesday of each month

Times: 2:00 pm – 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: <https://efmp.army.mil/EnterpriseEfmp/>. Also check the EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines

Sponsored by: Marine Corps Community Services

Additional information: <https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program>

Support group title: “Gimme A Break” Weekly Support Sessions

Format: Virtual

Sponsored by: “Gimme A Break”

Dates: Every Tuesday evening

Times: 8:00 pm HST

Additional information: Go to <https://gab808.org/support-sessions/> to find the Zoom link to access the support sessions. For more information, visit their website at <https://gab808.org/>

Support group title: Kona Family Caregiver Support Group

Format: In-person in Kailua-Kona, HI

Sponsored by: Hawaii Community Caregiver Network

Dates: Second Saturdays of the month

Times: 11:00 am HST

Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI

Additional information: Contact Joann D’Addio, M.Ed., at 773-294-8773 or ioana8275@gmail.com

Support group title: Micronesian Caregiver Support Group

Format: In-person in Honolulu, HI

Sponsored by: Kokua Kalihi Valley (KKV)

Dates: Last Thursdays of every month

Times: 9:30 am – 12:00 pm HST

Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue, Honolulu, HI 96819

Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am – 4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program

Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn’t Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

Support group title: Support Group

Format: In-person in Aiea/Pearl City, HI

Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am – 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email gary@thecaregiverfoundation.org. Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at <https://www.tbicaregiverssupportgroup.com/> (scroll down to find it). You can also email tbivallejo@gmail.com.

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Employment-Related Support

Title: Peer-Led Employment Support Group

Format: Virtual

Dates: Second Monday of every month

Time: 4:00 pm PT / 7:00 pm ET (Would be 1:00 pm or 2:00 pm HST depending upon the time of year)

Additional information: Go to <https://app.making-space.com/opportunities/1485> to “apply” to join the group. You’ll need to create a Making Space account if you don’t already have one.

Title: Driven by Ability – Mentoring for Youth with Disabilities

Format: Virtual

Dates: Individual meeting times

Time: Individual meeting times

To join:

https://linktr.ee/DrivenbyAbility?fbclid=PAQ0xDSwMWxHBlEHRuA2FibQIxMQABp1gkhoKEdDtug1LTIm90jKUUj9XZG_eLpVIHIIYviB4H1L_AgR3rNzQeJKD_aem_cJ2F3-L54JvNbKZ0kc6xiA

Additional information: For ages 13 – 22. For those 13 – 17, the focus is on preparing for high school and life after graduation. For those 18 – 22, the focus is in navigating college, career, and independent living.

Title: United Spinal Association’s Pathways to Employment Resource Group

Format: Virtual

Dates: Third Wednesday of each month

Time: 1:00 pm – 2:00 pm ET (7:00 am or 6:00 am HST, depending upon the time of year)

Registration:

https://us02web.zoom.us/meeting/register/tZMvdeiuqz8vHdXGzEKeHih8DIKBMU0_0I5J#/registration

Additional information: <https://unitedspinal.org/events/employment-empowerment-resource-group/>

Title: United Self-Help Computer Class

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Wednesday

Time: 2:00 pm – 3:00 pm HST

Location: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815, Room 204H

Website: <http://unitedselfhelp.org/>

Mental Health Support Group Meetings

Support group title: Aloha Independent Living Hawaii Life Choices

Format: In-person; check with organizer for location

Dates: Third Wednesday of every month

Time: 10:00 am – 12:00 pm HST

Location: In Hilo; location varies

Additional information: A group of women share common life experiences as they live and navigate their lives. For more information, contact Bea Sextimo at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Diversity

Format: In-person; check with organizer for location

Dates: Third Friday of every month

Time: Check with organizer

Location: Check with organizer

Additional information: A fun group comprised of individuals from the LGBTQ+ community whose goal is to find a way to reach the younger generation where they can meet in a safe family-type environment and enjoy fellowship. Contact Joanne Pagan at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to

consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Men's Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at honu.mkp@gmail.com.

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwj2Nh8TxxYlQS#/registration>

Support group title: Men's Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at honu.mkp@gmail.com.

Support group title: Teen Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Sundays; check with organizer

Time: 10:30 am HST

Additional information: Contact Tutu's House to learn more: www.tutushouse.org

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwj2Nh8TxxYLQS#/registration>

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday

Time: 6:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help 4th Friday Night

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Fourth Friday of each month

Time: 6:00 pm – 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm – 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday

Time: 1:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST

To join via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Stroke Support Group Meetings

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining date for 2024 is: December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hilo Stroke Support Group

Format: In-person

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

Location: Hilo Benioff Medical Center, Ground Conference Room D

Additional information: Contact Rebecca Moore at rmoore1@hpsc.org or call 316-871-2443.

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Queen's Medical Center Stroke Survivors Support Group: How to Thrive on our Islands After Stroke

Format: Meetings alternate being in-person or virtual each month

Dates: Second Wednesday of each month

Additional information: Registration is required in order to get the virtual meeting link and the in-person location address. To register online, go to

www.queens.org/events. You can also call 808-691-7117, which is the referral line. An email invitation will be sent to you a few days prior to the meeting. For questions about the group (not to register), contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am – 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at Melissa.mullen@rehabhospital.org or by phone at 808-566-3741.

American Stroke Association Stroke Support Group Finder

<https://www.stroke.org/en/stroke-support-group-finder>

Spinal Cord Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at <https://www.alohailhawaii.org/contact-us/>

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm – 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at <https://www.facebook.com/MauiWheelers/> and you can email them at MauiWheelers@gmail.com. They are a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Spinal Cord Injury Online Communities

<https://www.sci-info-pages.com/online-communities/>

Spinal Cord Injury Support Groups

<https://www.spinalcord.com/spinal-cord-injury-support-groups>

United Spinal Association Chapter Network

<https://unitedspinal.org/support/chapter-network/>

Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvI8eAgm78sbxKbCYs9bH6I9urcEsnWkDw4ZELk#/registration>

Support group title: Kelly Brush Foundation / United Spinal Association Active Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and recreational activities. Learn more and register at

<https://unitedspinal.org/events/active-project-live/>

Support group title: United Spinal Association Empowering Parental Caregivers Support Group

Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm – 8:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZEtc-ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration>

Additional information: For parents and guardians of children, adolescents, or young adults with SCI or mobility disabilities

Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZUuduCuqDliGtctu96aqMrmC87SXxW3FydB#/registration>

Support group title: United Spinal Association Rolling through Life: Aging with a Disability

Format: Virtual

Dates: Fourth Wednesday of each month

Time: 7:00 pm – 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZcofu-upz8sH93iWkBLFJps_ViG5RzL4TY2#/registration

Additional information: <https://unitedspinal.org/events/aging-with-a-disability/>

Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZ0rd-mrqjstHNBihBRobjafYZrsfragrHH7#/registration>

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday

Time: 1:00 pm ET

Registration: <https://unitedspinal.org/events/united-spinal-social-hour/>

Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Support group title: United Spinal Association's Walking Rollers

Format: Virtual

Dates: Fourth Monday of each month

Time: 7:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Additional information: For semi-ambulatory, part-time wheelchair users.

5. Articles on Brain Injuries

Examining Traumatic Brain Injury as a Chronic Condition: Proceedings of a Workshop

https://www.nationalacademies.org/our-work/examining-traumatic-brain-injury-as-a-chronic-condition-a-workshop?utm_source=HMD+Email+List&utm_campaign=daa380ce19-EMAIL_CAMPAIGN_2025_06_25_07_22_COPY_01&utm_medium=email&utm_term=0_-5def6e50cd-180741919&mc_cid=daa380ce19&mc_eid=8346700ad6#sl-three-columns-abf8bbef-d9f6-4399-b45b-075f45a8614f

Understanding Domestic Violence as a Cause of TBI (I believe I already shared this article, but it's worth sharing again)

https://biausa.org/public-affairs/media/domestic-violence-as-a-cause-of-tbi?utm_medium=email&utm_source=ctct

The Effects of Interpersonal Violence and Traumatic Brain Injuries on Mental Health Diagnoses in Female and Male Veterans (summary only)

https://journals.lww.com/headtraumarehab/abstract/9900/the_effects_of_interpersonal_violence_and.324.aspx

Brain Injury and Child Welfare Best Practice Guide (newly updated)

<https://www.nashia.org/child-welfare-guide-supplements>

Comparison of US TBI-Related Emergency Department Visits from Two Data Sources: NEISS-AIP and HCUP-NEDS

<https://www.nashia.org/resources-list/comparison-of-us-tbi-related-er-visits>

From Locked to Life: Discharge That Sticks

<https://www.linkedin.com/pulse/from-locked-life-discharge-sticks-kimberly-graham-rn-9tyvc/?trackingId=EK7X2ZzvRPe8ooJrbPiMzg%3D%3D>

Navigating Reasonable Accommodations: Preparing for Return-to-Work After Brain Injury

<https://www.nashia.org/resources-list/navigating-reasonable-accommodations>

Chronic Traumatic Encephalopathy Neuropathologic Change in Homeless

<https://link.springer.com/article/10.1007/s00401-025-02867-6>

Unfortunately, you have to be able to access the journal Acta Neuropathologica in order to read anything from this article. Briefly, the brains of 34 individuals who were homeless and had died were studied. Four showed signs of Chronic Traumatic Encephalopathy, or CTE. None had ever played professional sports or served in the military. (It does not note anything about their status in terms of being a victim of domestic violence.) The bottom line is, it is possible that as much as 12% of the population of those who are homeless have CTE. Remember that CTE is a serious degenerative brain disease usually seen in a percentage of those who have played professional sports such as football. Consider that this study doesn't consider concussions or other brain injuries in those who are unhoused, which are probably more likely to happen, and we get to what I've been talking about for several years – that some percentage of those who are unhoused have brain injuries, and if you don't diagnose and treat / consider the presence of a

brain injury, you will have a much, much harder time getting people off the streets and keeping them housed.

U-M Researchers Receive \$13 Million to Transform Traumatic Brain Injury Care

<https://www.michiganmedicine.org/news-release/u-m-researchers-receive-13-million-transform-traumatic-brain-injury-care>

U-M is the University of Michigan.

Connect- TBI: National (Australian) Collaboration to Revolutionise Traumatic Brain Injury Care

<https://www.monash.edu/news/articles/connect-tbi-national-collaboration-to-revolutionise-traumatic-brain-injury-care>

Advances in Disorders of Consciousness Research and Translation Over the Last Two Decades (abstract and plain language summary only)

https://journals.lww.com/headtraumarehab/abstract/9900/advances_in_disorders_of_consciousness_research.323.aspx

Prior Psychiatric Disorder and Post-Traumatic Stress, Depressive and Anxiety Disorder After Traumatic Brain Injury with Glasgow Coma Scale Score 13 – 15: A TRACK-TBI Study

<https://www.liebertpub.com/doi/10.1177/2689288X251383348>

CONCUSS Randomised Clinical Trial of Vergence/Accommodative Therapy for Concussion-Related Symptomatic Convergence Insufficiency (full article; see article for the general public below)

https://bjsm.bmj.com/content/early/2025/09/30/bjsports-2025-109807?utm_source=Concussion+Stakeholders&utm_campaign=626351d1ae-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-626351d1ae-592000242&mc_cid=626351d1ae&mc_eid=99af31383f

Vision Therapy Reverses Concussion-Related Double and Blurred Vision, NJIT-Led Study Finds (general public article about the research above)

https://news.njit.edu/vision-therapy-reverses-concussion-related-double-and-blurred-vision-njit-led-study-finds?utm_source=Concussion+Stakeholders&utm_campaign=626351d1ae-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-626351d1ae-592000242&mc_cid=626351d1ae&mc_eid=99af31383f

Articles and other communications about the Q Collar Device, which is purported to protect brains during sports. The claims are being closely scrutinized. (Some links require a free or paid subscription.)

1. How the FDA Cleared “Brain Protection” Device Built on Shaky Science to Make it to the NFL:
<https://www.bmj.com/content/391/bmj.r2028.short?rss=1>
2. Error, Correction, Collapse – When Does a Study Lose Our Trust?:
<https://beyondtheabstract.substack.com/p/error-correction-collapse-when-does>
3. Will this Device Protect Athletes’ Brains, or Only Make Them Think it Does?:
<https://www.nytimes.com/2022/12/19/sports/concussion-q-collar.html>
4. Device Claims to Protect Athletes’ Brains, But Records Reveal Doubts at FDA: <https://www.washingtonpost.com/sports/2025/10/16/q-collar-football-concussions-fda/>
5. Expression of Concern:
<https://www.liebertpub.com/doi/10.1177/08977151251364787>
6. In Response to Recent Criticism
<https://q30.com/blogs/blog/in-response-to-recent-criticism>

An Analysis of Guardian Cap Use and Changes in the Concussion Rate in National Football League Preseason Practices from 2018 to 2023 (summary only)
https://journals.sagepub.com/doi/abs/10.1177/03635465251351288?utm_source=Concussion+Stakeholders&utm_campaign=626351d1ae-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-626351d1ae-592000242&mc_cid=626351d1ae&mc_eid=99af31383f

How to Prevent CTE On and Off the Field

<https://www.wbur.org/hereandnow/2025/10/10/cte-prevention>

Moving the Concussion & Helmet Discussion Down the Field (blog article related to the research study above)

https://injury.research.chop.edu/blog/posts/moving-concussion-helmet-discussion-down-field?utm_source=Concussion+Stakeholders&utm_campaign=626351d1ae-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-626351d1ae-592000242&mc_cid=626351d1ae&mc_eid=99af31383f

Is the NFL Safer Than High School Football?

<https://time.com/7326264/is-nfl-safer-than-high-school-football/>

6. Articles on Brain Tumors

Brain Cancer That Eats the Skull Stuns Scientists

<https://www.sciencedaily.com/releases/2025/10/251005085618.htm>

Rogue DNA Rings May be the Secret Spark Driving Deadly Brain Cancer

<https://www.sciencedaily.com/releases/2025/09/250916221917.htm>

This New Blood Test Can Catch Cancer 10 Years Early

<https://www.sciencedaily.com/releases/2025/10/251013040337.htm>

What to Expect During an Awake Craniotomy for Brain Tumor Removal

<https://braintumor.org/news/what-to-expect-during-an-awake-craniotomy-for-brain-tumor-removal/>

The Glioblastoma Biomechanical Landscape: A Systematic Review of Magnetic Resonance Elastography (MRE) of Brain Tumors and Healthy Brain

https://pubs.aip.org/aip/apb/article/9/3/031503/3363282/The-glioblastoma-biomechanical-landscape-A?utm_source=google&utm_medium=cpc&utm_campaign=APLB+Dynamic+Search&utm_adgroup=123421164168&utm_term=&utm_network=g&gad_source=1&gad_campaignid=10151315745&gbraid=0AAAAADgwGbzlocMeTnyOX-

[WS3DvG8EDcr&gclid=Cj0KCQjwvJHIBhCgARIsAEQnWIB-eazwls2DVIN8XszQPIU-EBEbpZtrPzS8PUfLO eWcotkXUXgDIQaAnjgEALw wcB](https://www.sciencedirect.com/science/article/pii/S2772529425000621)

9 Patient-Tested Tips for Brain Tumor Radiation Therapy

<https://braintumor.org/news/9-patient-tested-tips-for-brain-tumor-radiation-therapy/>

7. Articles on Spinal Cord Injuries

Current and Emergent Therapies Targeting Spinal Cord Injury

<https://www.sciencedirect.com/science/article/pii/S2772529425000621>

Thiorphan Reprograms Neurons to Promote Functional Recovery After Spinal Cord Injury

<https://www.nature.com/articles/s41586-025-09647-y>

Bioinformatics Uncovers Regenerative Therapy for Spinal Cord Injury (another articles on Thiorphan)

<https://today.ucsd.edu/story/bioinformatics-uncovers-regenerative-therapy-for-spinal-cord-injury>

Trends in the Characteristics and Outcomes of Older Patients with Non-Traumatic Spinal Cord Injury Treated in Inpatient Rehabilitation Facilities: 2013 – 2018 (overview only)

<https://www.tandfonline.com/doi/full/10.1080/10790268.2024.2335414>

Assessment of the Reliability and Usability of ChatGPT in Response to Spinal Cord Injury Questions (overview only)

<https://www.tandfonline.com/doi/full/10.1080/10790268.2024.2361551>

Timing of Surgical Intervention After Firearm-Related Spinal Cord Injury (overview only)

<https://www.tandfonline.com/doi/full/10.1080/10790268.2024.2379069>

8. Articles on Stroke

Study Finds Bright Nights Raise Risk for Stroke and Heart Failure in Adults Over 40

https://www.news-medical.net/news/20251026/Study-finds-bright-nights-raise-risk-for-stroke-and-heart-failure-in-adults-over-40.aspx?utm_source=news_medical_newsletter&utm_medium=email&utm_campaign=cardiology_newsletter_29_october_2025

Scientists Reverse Stroke Damage with Stem Cells

<https://sciencedaily.com/releases/2025/09/250916221821.htm>

Entering the Workforce as a Stroke Survivor

<https://supportnetwork.heart.org/s/blog-article/a1hPE000000aiwzYAA/entering-the-workforce-as-a-stroke-survivor>

Bed to Wheelchair Transfer Video

<https://www.youtube.com/watch?v=mLbySoiCuyo>

Basic Grooming Video

https://www.youtube.com/watch?v=iCTpnGckX_I

Laundry Tips Video

<https://www.youtube.com/watch?v=G4-f2Jqp5jo>

2025 High Blood Pressure Guideline

https://professional.heart.org/en/science-news/2025-high-blood-pressure-guideline?utm_source=Together+To+End+Stroke+fy+25+26&utm_medium=email&utm_campaign=CP_TTES_100725&utm_content=content5+cta&sc_campaign=79890DEB9E704C13939C0205B45526EE

9. Information on Related Topics

Self-Advocacy Scale

<https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/68af016db e266f3e12293ad1/1756299629362/Self+Advocacy+Scale.pdf>

How to Do a Squat and Stand Pivot Transfer

<https://www.youtube.com/watch?v=MkWIMZyYyXk>

Abstinence or Limiting Alcohol Intake May Lead to Clinically Meaningful Blood Pressure Reductions

https://www.news-medical.net/news/20251022/Abstinence-or-limiting-alcohol-intake-may-lead-to-clinically-meaningful-blood-pressure-reductions.aspx?utm_source=news_medical_newsletter&utm_medium=email&utm_campaign=cardiology_newsletter_29_october_2025

The Risks and Rewards of Moving for Disability Benefits

<https://newmobility.com/the-risks-and-rewards-of-moving-for-disability-benefits/>

10. Presentations and Trainings

Getting to the Heart of Stroke™: Understanding Your Patient's Journey After Stroke – Free, offered by the American Heart Association. Experts cover the journey from initial risk factors to long-term recovery and emotional well-being. For physicians, physician assistants, nurses, nurse practitioners, and pharmacists. Consists of the training, which takes about 36 minutes, and a post-test exam. It expires on November 6, 2027. To access the content and exam, go to:

https://education.heart.org/productdetails/getting-to-heart-stroketm-understanding-your-patients-journey-after-stroke-2?utm_source=Together%20To%20End%20Stroke%20fy%202025&utm_medium=email&utm_campaign=CP_TTES_040125&utm_content=content5%20cta&sc_campaign=79890DEB9E704C13939C0205B45526EE

The American Heart Association has a professional education hub with a Stroke and Brain Health Portfolio. You can find it at

<https://education.heart.org/catalog?portfolio=71&page=1>.

Understanding Spinal Cord Injury: A Course for Personal Care Assistants

The goals of this online course, which was developed by the Kessler Foundation, is to increase knowledge about spinal cord injuries (SCI), improve communication, and enhance the quality of care. And the course is free! It could be really useful for everyone to learn more about SCI, not just those who will become / are personal care assistants. As many of you may know, there is a critical need for more personal care assistants. Learn more and sign up at:

<https://www.kflearn.org/courses/understanding-spinal-cord->

[injury?fbclid=IwZXh0bgNhZW0CMTAAR11VM8H2TGOI4oDuVWkNCye9vR6u5IBO9v4iqqCSFnhwzCY-wfEmBI1I5c_aem_m3cAQ0Q512SMjXHtVlWhAQ](https://www.acep.org/education/microed?fbclid=IwZXh0bgNhZW0CMTAAR11VM8H2TGOI4oDuVWkNCye9vR6u5IBO9v4iqqCSFnhwzCY-wfEmBI1I5c_aem_m3cAQ0Q512SMjXHtVlWhAQ)

The American College of Emergency Physicians has short videos available under the title, “MicroED.” They cover a variety of topics, including mild traumatic brain injury examinations, physical exam and CT signs of a hemorrhagic stroke, neuroimaging, telestroke, and more. You can find the videos at:

https://www.acep.org/education/microed?fbclid=IwY2xjawG-uMRleHRuA2FibQIxMAABHa36t_BjwsU99eyGEQHfKL1u5qc0vXocDbbX30l3kxZ16WdCDsVO5wtgXQ_aem_Mq50vROsGwIR2MuVblbq5Q&utm_source=Concussion%20Stakeholders&utm_campaign=e06cf149f9-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-e06cf149f9-592000242&mc_cid=e06cf149f9&mc_eid=99af31383f

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to get on their mailing list for upcoming classes. Their contact form is found at <https://hawaiicaregivers.org/contact>

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at vhorvath@hawaii.edu for more information or to schedule a presentation. The current list of presentations includes:

1. Preventing and Identifying Strokes
2. Preventing and Identifying Brain Injuries
3. Domestic Violence and Brain Injuries
4. Homelessness and Brain Injuries

5. Resources and Information for Stroke and Brain Injury Survivors and Their Supports
6. The Basics of Advocacy
7. Medical Gaslighting
8. Workplace Bullying
9. AI and Disabilities: Pros and Cons

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to cdonayri@queens.org.

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available.

There is a cost associated with these modules and consultation. For more information, go to <https://www.nashia.org/np-modules#!form/Neuropsych>.

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the University of Michigan but others may need to pay for the training. Enroll at <https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/>

The Academy of Certified Brain Injury Specialists is offering the “Understanding Concussion: Symptoms, Diagnosis, and Treatment Approaches” Certificate Course to enhance your understanding of concussions and concussion treatment. It is primarily intended for medical personnel, athletic trainers, first responders, therapists, psychologists, social workers, and anyone involved in the care of individuals with concussions. The online course costs \$145.00. Visit <https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/understanding-concussion-symptoms-diagnosis-and-treatment-certificate-course> for more information and to access registration.

The Brain Injury Association of American offers an online self-paced Brain Injury Fundamentals Certificate Program. There is also an in-person option. It is for anyone who cares for or encounters individuals with brain injuries. No prior experience or education is required. There is a \$125 fee for the program. For more information and to sign up, go to: <https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/acbis-fundamentals/fundamentals-self-paced-course>

11. Research and Participation Opportunities

The TIRR–Memorial Hermann Spinal Cord Injury and Disability Research Center, in collaboration with the University of Montana and the University of Texas Health Science Center, is conducting a research study to understand the impact of difficult and/or abusive relationships on the health of people with spinal cord injury (SCI). Individuals aged 21 or older who have had a traumatic SCI for at least one year, live in the U.S., and can communicate in English may be eligible. Participation involves a brief phone screening and completing a one-time survey, either online or by mail. Participants will receive a small payment for completing the survey. This study is led by Jessica Rodriguez at TIRR–Memorial Hermann. For questions, contact SCIPSstudy@uth.tmc.edu or 713-797-7245.

Colorado State University is looking for clinicians who treat those with brain injuries, persons with a history of severe brain injury/coma, and family or care partners for those with severe brain injuries to take part in “Tailoring a Toolkit to Promote Shared Decision-Making in Rehabilitation (SHARE-REHAB).” Take part in up to two questionnaires and up to three virtual focus groups. Email meteorlab@colostate.edu for more information.

The Model Systems Knowledge Translation Center is seeking input on the informational needs of those with spinal cord injuries, traumatic brain injuries, or burn injuries. The survey takes about 10 minutes and can be found here: <https://websurveyor2.airws.org/se/2511374533213674>. If you have any questions, contact Cindy Cai, Ph.D., at mstkc@air.org or call 202-403-6929.

Post-Stroke Telehealth Study – The NIDILRR-funded project [Expanding Delivery of an Evidence-based Weight Loss Intervention to Enhance Access to Reach Underserved Groups After Stroke](#) is recruiting participants for a healthy lifestyle study for people post stroke. Participation is open to individuals between 18 and 85 who are at least 12 months post stroke, clinically overweight, and able to participate in physical activity. Volunteers will meet regularly in groups for 12 months, participate in a 22-session healthy lifestyle telehealth program, and complete assessments by phone and blood tests in a local lab. To volunteer, [complete the eligibility survey](#), email stephanie.calhoun1@bswhealth.org, or call [214/228-5181](tel:214/228-5181).

Bank CTE is looking for participants to determine if CTE can be detected through a blood test. Criteria include being aged 40 or older and may or may not have had repetitive head injuries (there are also other criteria). Participants receive a \$100 gift card upon completion. To learn more and find out if you are eligible, go to: <https://www.bankcte.org/>

The DIAGNOSE CTE-II study is recruiting for men aged 50 and older who 1) played college or professional tackle football or 2) have been diagnosed with Alzheimer's disease, never played contact or collision sports and have no history of repetitive head impacts. Learn more at <https://www.diagnosecte.org/am-i-eligible>

The I-HEAL Study is recruiting persons who experienced TBI (civilians and Veterans) and underwent inpatient rehabilitation. They are studying best practices for managing behavior changes after TBI. There will be focus groups help using Microsoft Teams that will last about 90 minutes. Participants receive a \$50 gift card. For questions, contact Natalie Gilmore (813-806-0273, VHAIHWALteam@va.gov), or visit <https://iheal.tbindsc.org/>.

University of Michigan Transportation Research Institute wants participants to help make vehicles easier to use for everyone. You can take their 15-minute survey if you have a disability, are at least 18 years old, and drive or travel in passenger vehicles. You can take the survey by going to https://umich.qualtrics.com/jfe/form/SV_4TP9oG64U1LgaRE. Alternately, you can send an email to UVIDSurvey@umich.edu to set up an appointment to answer the questions by phone.

The International Brain Injury Association DoC Special Interest Group (IBIADoCSIG) is looking for healthcare professionals to participate in a survey on the information gap that caregivers of DoC patients might encounter along the pathway of care. DoC refers to “disorders of consciousness,” that is, someone who is in a vegetative or minimally conscious state. Until now, no studies have investigated the type of information available and the gaps along the pathways of care. The survey takes around 10 – 15 minutes and can be accessed here: https://redcap.link/doc_sig_survey.

The ICARE (Intervention to Change Affect Recognition and Empathy) study, out of Indiana University, is looking for people 18 and older who had a traumatic brain injury at least 12 months ago to take part in a teletherapy program. (There are additional qualification requirements.) The study takes place over about 9 months, and all activities are conducted virtually. To learn more, call the study team at 317-329-2380.

The Kessler Foundation has a new study. They are looking for participants for “Comparison of Two Different Group Wellness Programs for People with TBI and Their Support Persons.” The study will take about 10 months to complete. It involves a variety of tasks and activities. Individuals with TBIs can be compensated up to \$350, while support persons can be compensated up to \$300. More information can be found at <https://kesslerfoundation.org/research/studies/comparison-two-different-group-wellness-programs-people-tbi-and-their-support>. Please contact Laura Marino for more information: 973-323-3748.

The Kessler Foundation is also looking for persons with moderate-to-severe traumatic brain injuries (TBIs) to participate in a 12-week exercise program related to memory improvement. Compensation is listed as \$350. Please contact Brooke Albanese at 973-324-8384. The URL for more information is:

<https://kesslerfoundation.org/research/studies/applying-exercise-improve-memory-tbi>.

The Rehabilitation Research and Training Center on home and Community-Based Services (HCBS) are looking for people with disabilities to complete surveys about their experiences with HCBS. Questions: Contact Niveda Tennety at hcbs-rrtc@srslab.org or call 312-238-3042. The survey can be found here:

<https://redcap.nubic.northwestern.edu/redcap/surveys/?s=D39MHCDL97DTRXR3>

The University of Delaware, in cooperation with the Kessler Foundation is recruiting participants for a research study to evaluate the benefits of a web-based program to monitor and improve the emotional well-being of individuals with traumatic Spinal Cord Injury (iManage-SCI Study). To learn more, go to <https://unitedspinal.org/sci-study-well-being-for-individuals-with-spinal-cord-injury/>

Researchers at the University of Alabama at Birmingham (UAB) are looking for participants to be in a study titled, "Acceptance and Commitment Therapy Research on Psychological Health in Persons Living with Spinal Cord Injury." Prospective participants need to be an adult with an SCI. Participation includes videoconference sessions and completion of three questionnaires, with compensation of up to \$245. To sign up, go to: <https://bit.ly/4d9ADFO>. More information on the study can be found at <https://www.act-sci.org/>.

Pediatric TBI caregivers are sought, including parents, school aides, and home health workers, to take part in a focus group that can be done from home. Participants receive \$30. Contact the study coordinator, Megan Thompson, at MICareTBI@umich.edu or send a text to 734-274-9517. To share your contact information and determine eligibility, go to:

<https://redcapproduction.umms.med.umich.edu/surveys/?s=NY4P3CL837RY77JC>

The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eight-week group intervention via videoconference. You must be at least 45 years old,

15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at <https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and-stronger-with-sci>. Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or TIRR.LLSstudy@uth.tmc.edu.

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities. Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with disabilities. To join the Registry, fill out a questionnaire located at <https://www.ctsiredcap.pitt.edu/redcap/surveys/>; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI. Take a 2 – 3-minute survey (https://iu.co1.qualtrics.com/jfe/form/SV_5aP9ju3OkEDBqQe) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to travelX@indiana.edu or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes is located at <https://websurveyor2.airws.org/se/2511374533213674>. For questions or more information contact MSKTC at mstkc@air.org or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due

to spinal cord injury or diseases. The survey is located at:

<https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC>

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at:

<https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4>

The TechSage Rehabilitation Engineering Research Center (RERC, at www.TechSageRERC.org) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to

<https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT>

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>

12. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

Exercise Classes in Hawaii

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women's Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at <https://www.hawaiipacifichealth.org/health-wellness/classes/?page=1> or you can call HPH's Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors, senior bon dance tutorial, and morning exercise. The videos can be found at <https://islandofhawaiitymca.org/programs/health-fitness/fitness-videos/>

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson's Association. It is a boxing program with weekly classes for Parkinson's patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at kymgpeck@gmail.com or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do anytime from Big Island (Hawaii) teachers. Visit their website at <https://808b-fit.com/> for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are in-person, some are via Zoom only, while others are hybrid classes. Register in

advance for all classes by calling 808-885-6777 or by sending an email to newsletter@tutushouse.org. Their calendar of events is located at <https://www.tutushouse.org/activities/>.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members. Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at <https://olliuhm.augusoft.net/>

The Maui Family YMCA offers a Parkinson's Fitness program (along with other fitness programs). You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to <https://www.mauiymca.org/fitness-programs/>

The YMCA of Honolulu offers Parkinson's Disease Exercise classes at the Leeward Y, Nuuanu Y, and Windward Y. You must be a YMCA member. For more information, go to <https://www.ymcahonolulu.org/programs/health-fitness/specialty-wellness-programs/parkinsons>