



**January 2026 Neurotrauma Newsletter**  
**Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes**  
**Pacific Disabilities Center, John A. Burns School of Medicine,**  
**University of Hawaii at Manoa**

**Pacific Disabilities Center website:** <https://pdc.jabsom.hawaii.edu/>

**Pacific Disabilities Center YouTube Channel:**  
<https://www.youtube.com/@PacificDisabilitiesCenter>

**To subscribe or make corrections, additions, etc., send an email to**  
**Violet E. Horvath, Ph.D., Director:** [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu)

The names or contact information of subscribers is never shared.

## Contents

1. Announcements: Pages 2 – 3
2. Online and In-Person Events: Pages 3 – 20
3. Organization and Business Meetings: Pages 21 – 29
4. Support Group Meetings: Pages 29 – 58
  - a. Brain Injuries: Pages 29 – 33
  - b. Brain Tumors: Pages 34 – 37
  - c. Caregivers and Caregiving: Pages 37 – 41
  - d. Employment: Pages 41 – 42
  - e. Mental Health: Pages 43 – 48
  - f. Stroke: Pages 48 – 53
  - g. Spinal Cord Injuries: Pages 53 – 58
5. Articles on Brain Injuries: Pages 58 – 61
6. Articles on Brain Tumors: Pages 61 – 62
7. Articles on Spinal Cord Injuries: Pages 62 – 63
8. Articles on Stroke: Pages 63 – 64
9. Information on Related Topics: Pages 64 – 65

10. Presentations and Trainings: Pages 65 – 68
11. Research and Participation Opportunities: Pages 68 – 74
12. Exercise Classes: Pages 74 – 76

To save space in the newsletter, Hawaii-Focused Agency Resource Manuals and National and International Additional Neurotrauma Resources can now only be found on our website (<https://pdc.jabsom.hawaii.edu/resources.html>). You can also send an email request for the information to [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu)

The lists of Support Group meetings are also available on our website (<https://pdc.jabsom.hawaii.edu/resources.html>). They are, however, also still available in this newsletter.

### **1. Announcements**

At a recent visit with my PCP, I was given a score that predicted my risk for total cardiovascular disease. The calculator tool they used combines cardiovascular, kidney, and metabolic health measures and came from information from over 6.5 million adults in multiple datasets. The calculator is for adults ages 30 – 79 years who are not known to have cardiovascular disease. Learn more about the American Heart Association's PREVENT Calculator, first launched in 2023, at <https://professional.heart.org/en/guidelines-and-statements/prevent-calculator>. Consider discussing this with your doctor, too.

FYI – the support group listings in the newsletter were updated recently. If you'd like separate listings of support groups, the lists are available on Pacific Disabilities Center's website, under Resources, at <https://pdc.jabsom.hawaii.edu/resources.html>. There are separate listings on support groups for: Brain injuries, brain tumors, caregivers, employment, mental health, spinal cord injuries, and strokes. Most groups are Hawaii-based, but some are in other states or are national. You can always check if it's okay if you join a group in another state; some are open only to residents of that state, but many are open to anyone.

The Brain Injury Hope Network (BIHN) has expanded the number of their support groups. Most of these virtual support groups are open to everyone. They include

groups on mindful meditation and caregivers and supports groups. For a listing of January 2026 meetings and to sign up for meeting reminders / Zoom login information, visit [https://braininjuryhope.org/brain\\_injury\\_support\\_group.html](https://braininjuryhope.org/brain_injury_support_group.html)

## **2. Online and In-Person Events**

### **January 2026**

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: January 7, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: [https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158\\_PbGO5eA#/registration](https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration)

Additional information: Additional session on February 4, 2026.

Title: Certified Brain Injury Specialist (CBIS) Certification Prep Bundle

Format: Virtual

Cost: \$524

Speaker(s): TBA

Sponsored by: Brain Injury Association of America (BIAA)

Date: January 14, 21, and 28 2026

Time: 11:00 am – 4:30 pm ET (6:00 am – 11:30 am HST)

Registration:

[https://learn.biausa.org/?utm\\_source=CC&utm\\_medium=email&utm\\_campaign=CBIS\\_prep\\_116\\_email#/curricula/89548eae-6d8b-4cf2-ab68-ed0aa98f6b6b](https://learn.biausa.org/?utm_source=CC&utm_medium=email&utm_campaign=CBIS_prep_116_email#/curricula/89548eae-6d8b-4cf2-ab68-ed0aa98f6b6b)

Additional information: Registration closes on December 17, 2025. Price includes a hardcover copy of The Essential Brain Injury Guide 6.0 and study companion workbook, and a one-year subscription to the Journal of Head Trauma Rehabilitation. If you have questions, contact [ACBISTraining@biausa.org](mailto:ACBISTraining@biausa.org).

Title: Mind in Motion: Bridging Cognition and Motor Recovery

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Michelle Weinberg, OTR/L, MSOT, CBIS, CSRS

Sponsored by: Brain Injury Association of America (BIAA)

Date: January 15, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: When Trauma Meets Injury: Navigating the Overlap of Post-Traumatic Stress Disorder (PTSD) and Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Dr. Carrie Esopenko and Dr. David F. Tate

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: January 21, 2026

Time: 12:00 pm – 1:30 pm ET (7:00 am – 8:30 am HST)

Registration: <https://www.nashia.org/trainings/ptsd-and-brain-injury>

Additional information: The webinar is geared towards brain injury program staff, community-based providers, behavioral health clinicians, and state agency staff, advocates, and policymakers.

Title: Advances in Understanding the Outcomes of Pediatric TBI: Implications for Practice and Policy

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Stacy Suskauer, M.D., and Keith Owen Yates, Ph.D., ABPP, FCAHS, FRSC

Sponsored by: Brain Injury Association of America (BIAA)

Date: January 22, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Partnering with Families in Early Childhood Intervention

Format: Virtual

Cost: Free

Speaker(s): Megan Kunze, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: January 23, 2026

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

[https://us02web.zoom.us/webinar/register/WN\\_1oMEQgYVTNG6B7odEvx5nA#/registration](https://us02web.zoom.us/webinar/register/WN_1oMEQgYVTNG6B7odEvx5nA#/registration)

Title: From Shoreline to Lifeline: Advancing Stroke Care Together

Format: In-person at various locations on Hawaii, Kauai, Maui, and Oahu

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: American Heart Association

Date: January 24, 2026

Time: 7:00 am – 2:40 pm HST

Locations: Hawaii (Kona site TBD, Yukio Okutsu Veterans State Home), Kauai (Wilcox Hospital), Maui (Above the Wave), Oahu (Queen's Medical Center, REHAB Hospital of the Pacific)

Registration: See the flyer attached to the email for this newsletter for the registration QR code

Title: Neurotrauma Preclinical Common Data Elements (CDE) & Data Standards Webinar Series Kick-Off

Format: Virtual

Cost: Free

Speaker(s): Hibah Awwad, Severn Churn, Michelle La Placa, Neil Harris, Aristeia Galanopoulou, Adam Ferguson, Karim Fouad

Sponsored by: National Institute of Neurological Disorders and Stroke (NINDS)

Date: January 28, 2026

Time: 9:00 am – 10:00 am HST

Registration: <https://events.gcc.teams.microsoft.com/event/5cf65ce9-cf5f-480a-a7d1-a79b06e7463a@14b77578-9773-42d5-8507-251ca2dc2b06/registration>

Additional information: <https://events.gcc.teams.microsoft.com/event/5cf65ce9-cf5f-480a-a7d1-a79b06e7463a@14b77578-9773-42d5-8507-251ca2dc2b06>

## **February 2026**

Title: Global CTE Summit 2026

Format: Hybrid; online and in-person in San Francisco, CA

Cost: Varies from \$25 - \$325. Early bird rates expire January 1, 2026.

Speaker(s): Multiple

Sponsored by: Concussion Legacy Foundation, Boston University, UCSF Weill Institute for Neurosciences Memory and Aging Center

Date: February 2, 2026

Time: 9:00 am – 5:00 pm (time zone not provided, but probably Pacific Standard Time)

Location: UCSF Mission Bay Campus

Registration: <https://give.concussionfoundation.org/event/global-cte-summit-2026/e734832>

Additional information: Focus is on caring for patients with suspected CTE. Learn more at <https://concussionandcte.org/summit>

Title: 2026 Neuro Rehab Leadership Summit

Format: In-person in Fort Lauderdale Beach, FL

Cost: Early-bird rates of \$595 per person and \$550 per person for a group of 3 more from the same organization end on December 1, 2025

Speaker(s): Multiple

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 4 – 6, 2026

Time: Varies

Location: Sonesta Resort in Fort Lauderdale Beach, FL

Registration: <https://shop.biausa.org/products/biaaneurorehableadershipsummit>

Additional information: Registration is open.

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: February 4, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: [https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158\\_PbGO5eA#/registration](https://us02web.zoom.us/meeting/register/M3vb-h4NSV-158_PbGO5eA#/registration)

Title: Grant Writing Workshop

Format: Virtual

Cost: \$175 for NASHIA members and \$200 for non-NASHIA members; includes both sessions

Speaker(s): Judy Dettmer and Maria Crowley

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: February 4 and 11, 2026 (attend both sessions)

Time: 1:00 pm – 3:00 pm ET (8:00 am – 10:00 am HST)

Registration and additional information:

<https://www.nashia.org/calendar#!event/2026/2/4/grant-writing-workshop>

Title: Redefining Recovery: Addressing TBI as a Chronic Condition

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Kristen Dams-O'Connor, Ph.D.

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 12, 2026

Time: 2:00 pm – 3:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Brain Injury Fundamentals Training

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 18 and 25, 2026 (must attend both sessions)

Time: 11:00 am – 4:30 pm ET (6:00 am – 11:30 am HST)

Registration:

[https://learn.biausa.org/?utm\\_source=CC&utm\\_medium=email&utm\\_campaign=fundamentals\\_116\\_email#/curricula/6111237c-6ba1-4916-8c4b-d8c7e649e907](https://learn.biausa.org/?utm_source=CC&utm_medium=email&utm_campaign=fundamentals_116_email#/curricula/6111237c-6ba1-4916-8c4b-d8c7e649e907)

Additional Information: Registration closes February 4, 2026.

Title: Emotional Dysregulation: DBT for Brain Injury Recovery

Format: Virtual

Cost: \$50 for individuals and \$100 total for group registration

Speaker(s): Chrystal Fullen, PsyD

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 19, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Individual Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email&utm\\_campaign=ind\\_web\\_purchase#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email&utm_campaign=ind_web_purchase#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Group Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email)

[&utm\\_campaign=grp\\_web\\_purchase#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](#)

Title: Concussions and Adolescents in Texas

Format: Virtual

Cost: Free

Speaker(s): Nyaz Didehbani, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: February 20, 2026

Time: 8:00 am – 9:00 am PT (6:00 am – 7:00 am HST)

Registration:

[https://us02web.zoom.us/webinar/register/WN\\_KaoEuxhPSSepqmcg2G8lLw#/registration](https://us02web.zoom.us/webinar/register/WN_KaoEuxhPSSepqmcg2G8lLw#/registration)

Title: Summit on Chronic Traumatic Encephalopathy (CTE)

Format: Hybrid; online and in-person in Rockville, MD

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: National Institute of Neurological Disorders and Stroke (NINDS)

Date: February 24 - 25, 2026

Time: 9:00 am – 5:00 pm ET

Location: NIH / NINDS Rockville Campus, 6001 Executive Blvd., Rockville, MD

Registration: <https://give.concussionandcte.org/event/2026-ninds-cte-summit/e755178>

Additional information: <https://concussionandcte.org/ninds/>

Title: Progress in Concussion / TBI Science & Clinical Care Over the Last 40 years

Format: Virtual

Cost: \$50 for individuals and \$100 total for group registration

Speaker(s): John J. Leddy, MD, and Noah Silverberg, Ph.D.

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 26, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Individual Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email)

[&utm\\_campaign=ind\\_web\\_purchase#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](#)

Group Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email&utm\\_campaign=grp\\_web\\_purchase#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email&utm_campaign=grp_web_purchase#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Justice Involvement and Beyond: Surviving the System, Building Resilience, and Moving Forward

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging and Long-Term Support Administration, Traumatic Brain Injury Strategic Partnership Advisory Council of Washington State

Date: February 27, 2026

Time: 9:00 am – 12:00 pm PT (7:00 am – 10:00 am HST)

Registration: [https://us02web.zoom.us/webinar/register/WN\\_JhD8EghnSWu8-zUiUzmCOg#/registration](https://us02web.zoom.us/webinar/register/WN_JhD8EghnSWu8-zUiUzmCOg#/registration)

Title: Kauai Healthy Living SPRING Celebration

Format: In-person in Kapaa, Kauai

Cost: Free

Sponsored by: HHSC Kauai Region

Date: February 28, 2026

Time: 9:00 am – 12:00 pm HST

Location: Front lawn of Samuel Mahelona Memorial Hospital, 4800 Kawaihau Road, Kapaa, HI, 96746

Additional information: If you are interested in being a vendor, contact Paige A. Moura at [pmoura@hhsc.org](mailto:pmoura@hhsc.org).

### **March 2026**

Title: BIAA's National Brain Injury Conference and Awareness Day – Advocacy, Empowerment, and Community

Format: In-person in Arlington, VA (in the past, some parts of the conference could also be attended online)

Cost: \$75 for national conference (2 days) and Awareness Day ticket, an advocacy day on Capitol Hill, where you will meet with your members of Congress

Speaker(s): Various

Sponsored by: Brain Injury Association of America (BIAA)

Date: March 9 – 11, 2026

Time: Monday, March 9, 2026 10:30 am – Wednesday, March 11, 2026 7:00 pm

Location: Hilton Arlington National Landing, 2399 Richmond Highway, Arlington, VA 22202

Registration:

[https://lp.constantcontactpages.com/ev/reg/8akevgm?source\\_id=ac0eca16-9fd9-47f4-b87e-bb8817d86669&source\\_type=em&c=Dh9iZv401r5DxBEWK8eealj0jFXYLGaVk61JGjTlkVi6n3EVuNQ\\_Tg==&utm\\_medium=email&utm\\_source=ctct](https://lp.constantcontactpages.com/ev/reg/8akevgm?source_id=ac0eca16-9fd9-47f4-b87e-bb8817d86669&source_type=em&c=Dh9iZv401r5DxBEWK8eealj0jFXYLGaVk61JGjTlkVi6n3EVuNQ_Tg==&utm_medium=email&utm_source=ctct)

Additional information: [https://biausa.org/public-affairs/national-brain-injury-conference-and-awareness-day?utm\\_medium=email&utm\\_source=ctct](https://biausa.org/public-affairs/national-brain-injury-conference-and-awareness-day?utm_medium=email&utm_source=ctct)

Title: Optimal Outcomes in PICU Survivors with Acquired Brain Injury: What's Neuropsychology Got to Do with It?

Format: Virtual

Cost: Free

Speaker(s): Trevor Hall, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: March 13, 2026

Time: 8:00 am – 9:00 am PT (5:00 am – 6:00 am HST)

Registration:

[https://us02web.zoom.us/webinar/register/WN\\_zoFtXwf8QWuiKvCyYkOtUg#/registration](https://us02web.zoom.us/webinar/register/WN_zoFtXwf8QWuiKvCyYkOtUg#/registration)

Title: Projects to Create Meaningful Engagement for Adults with ABI

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Melissa Capo, MS, CCC-SLP

Sponsored by: Brain Injury Association of America (BIAA)

Date: March 24, 2026

Time: 1:00 pm – 2:00 pm ET (7:00 am – 8:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Helping Kids Thrive at School After Brain Injury

Format: Virtual

Cost: \$50 for individuals and \$100 total for group registration

Speaker(s): Brenda Eagan-Johnson, Ed.D., CBIST-AP

Sponsored by: Brain Injury Association of America (BIAA)

Date: March 31, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Individual Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email&utm\\_campaign=ind\\_web\\_purchase#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email&utm_campaign=ind_web_purchase#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Group Registration:

[https://learn.biausa.org/?utm\\_source=web\\_spotlight\\_prof&utm\\_medium=email&utm\\_campaign=grp\\_web\\_purchase#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=web_spotlight_prof&utm_medium=email&utm_campaign=grp_web_purchase#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

## **April 2026**

Title: Invisible Injuries: Traumatic Brain Injury, Strangulation and Domestic Violence

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Rachel Ramirez, Kasey Holderbaum, Chanda Kelly, Heather Wilde

Sponsored by: Brain Injury Association of America (BIAA)

Date: April 9, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Caregiver 2 Caregiver: Supporting Families of Young Children with Brain Injury / Concussions

Format: Virtual

Cost: Free

Speaker(s): Berenice de la Cruz, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: April 17, 2026

Time: 8:00 am – 9:00 am PT (5:00 am – 6:00 am HST)

Registration: [https://us02web.zoom.us/webinar/register/WN\\_NlZ-3nLQZq1oIfUg5w3JQ#/registration](https://us02web.zoom.us/webinar/register/WN_NlZ-3nLQZq1oIfUg5w3JQ#/registration)

Title: Domestic Violence and Brain Injury for Survivors and Caregivers

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Rachel Ramirez, Kasey Holderbaum, Chanda Kelly, Heather Wilde

Sponsored by: Brain Injury Association of America (BIAA)

Date: April 23, 2026

Time: 12:00 pm – 2:00 pm ET (6:00 am – 8:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: 2026 IPBIS Conference (pediatric brain injury)

Format: In-person in Calgary, Canada

Cost: There are costs associated with attending this conference

Speaker(s): Multiple speakers

Sponsored by: International Paediatric Brain Injury Society (IPBIS)

Dates: Preconference – April 29, 2026, and main conference – April 30, 2026 to May 2, 2026.

Time: Varies

Location: Hyatt Calgary

Registration: <https://www.ipbis.org/registration-for-2026-ipbis-conference/>

Additional information: Registration will open in Fall 2025. For more information, visit <https://www.ipbis.org/calgary-2026/>.

## **May 2026**

Title: Concussion Rehabilitation: Autonomic Nervous System Dysfunction Assessment and Treatment

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Christine Williams, PT, DPT

Sponsored by: Brain Injury Association of America (BIAA)

Date: May 7, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

[tm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: 42<sup>nd</sup> Annual Brain Injury & Stroke Conference

Format: In-person in Concord, NH

Cost: There is a cost associated with attending this conference

Speaker(s): Multiple

Sponsored by: Brain Injury Association of New Hampshire

Date: May 13, 2026

Time: TBA

Location: Grappone Conference Center, Concord, NH

Registration: TBA

Title: The Role of Music Therapy in Brain Injury Rehabilitation

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Audrey Weatherstone, BMT, MT-BC

Sponsored by: Brain Injury Association of America (BIAA)

Date: May 14, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Complex Caregiving: When Brain Injury Meets Domestic Violence and Justice System Involvement

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging and Long-Term Support Administration, Traumatic Brain Injury Strategic Partnership Advisory Council of Washington State

Date: May 15, 2026

Time: 9:00 am – 12:00 pm PT (6:00 am – 9:00 am HST)

Registration: [https://us02web.zoom.us/webinar/register/WN\\_JhD8EghnSWu8-zUiUzmCOg#/registration](https://us02web.zoom.us/webinar/register/WN_JhD8EghnSWu8-zUiUzmCOg#/registration)

Title: “Just One”: Building Cognitive and Emotional Bandwidth After Brain Injury

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Audra Yetter, MS, CCC-SLP, BC-ANCDS, ADHD-CCSP

Sponsored by: Brain Injury Association of America (BIAA)

Date: May 20, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

## **June 2026**

Title: Growing Strong: Helping Your Young Child Recover After Brain Injury

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Jennifer P. Lundine, Ph.D., CCC-SLP, BC-ANCDS

Sponsored by: Brain Injury Association of America (BIAA)

Date: June 4, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Social Communication After Brain Injury

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Louise C. Keegan, Ph.D., CCC-SLP, BC-ANCDS

Sponsored by: Brain Injury Association of America (BIAA)

Date: June 18, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: Navigating Change: Shaping the Future of Public Health

Format: In-person in Honolulu, HI

Cost: TBA

Speaker(s): TBA

Sponsored by: Hawaii Public Health Institute (HPHI)

Date: June 23 – 25, 2026

Time: TBA

Location: Alohilani Resort, Waikiki, Oahu

Registration: TBA

Additional information: TBA

### **July 2026**

Title: Early Childhood Brain Injury: Clinical Guidance for Supporting Recovery in Children Under Age 5

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Dr. Erika Hagen

Sponsored by: Brain Injury Association of America (BIAA)

Date: July 16, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

### **August 2026**

Title: Co-Occurring Personality Disorders and TBI: How Diagnostic Over-Shadowing and Stigma Impact Treatment

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Kaile Moore, MA

Sponsored by: Brain Injury Association of America (BIAA)

Date: August 13, 2026

Time: 3:00 pm – 4:00 pm ET (9:00 am – 10:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

Title: State of the States (SOS) Conference

Format: In-person in Little Rock, AK

Cost: TBA

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: August 31 – September 4, 2026

Time: TBA

Location: TBA

Registration: TBA

Additional information: TBA

### **September 2026**

Title: Back in the Driver's Seat: How SLPs Can Collaborate with OTs in Driving Intervention

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Elexea Golinowski, CCC-SLP, CBIS/T

Sponsored by: Brain Injury Association of America (BIAA)

Date: September 3, 2026

Time: 1:00 pm – 2:00 pm ET (7:00 am – 8:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

**November 2026**

Title: 10<sup>th</sup> National Brain Injury Conference

Format: In-person in Sydney, Australia

Cost: TBA

Speaker(s): TBA

Sponsored by: brain injury AUSTRALIA

Date: November 10 - 12, 2026

Time: TBA

Location: Aerial Function Centre, 235 Jones Street, Ultimo, Level 7 of UTS Building 10, University of Technology Sydney

Registration: TBA

Additional information: The call for papers is currently open. Learn more about the call and the conference at [https://willorganise.eventsair.com/brain-injury-australia/?utm\\_medium=email&utm\\_source=ctct](https://willorganise.eventsair.com/brain-injury-australia/?utm_medium=email&utm_source=ctct)

**December 2026**

Title: Simple Tools, Big Possibilities: Assistive Technology to Help You Thrive After Brain Injury

Format: Virtual

Cost: \$50 for individuals, \$100 total for a group purchase (two or more people from the same organization)

Speaker(s): Bethany Compto, MCD, CCC-SLP, CBIS

Sponsored by: Brain Injury Association of America (BIAA)

Date: December 11, 2026

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration for individual purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_ind#/catalog/e9c406c7-7fc5-4232-9581-d41e26c8fcd6)

Registration for group purchases:

[https://learn.biausa.org/?utm\\_source=constant\\_contact&utm\\_medium=email&utm\\_campaign=web\\_roundup\\_10\\_28\\_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa](https://learn.biausa.org/?utm_source=constant_contact&utm_medium=email&utm_campaign=web_roundup_10_28_grp#/catalog/f20882d2-6b4f-4836-a483-553dc1d240fa)

### **3. Organization and Business Meetings**

#### **January 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: January 13, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: January 15, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: January 21, 2026

Time: 12:00 pm – 1:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu). The meeting is open to all parties interested in the topic.

## **February 2026**

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: February 26, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

## **March 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: March 10, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.  
Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: March 19, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

#### **April 2026**

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: April 15, 2026

Time: 12:00 pm – 1:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu). The meeting is open to all parties interested in the topic.

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: April 23, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#  
Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.  
Website: <https://health.hawaii.gov/nt/ntab/>

### **May 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: May 12, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: May 21, 2026

Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI 96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

**June 2026**

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: June 25, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

**July 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: July 14, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: July 15, 2026

Time: 12:00 pm – 1:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu). The meeting is open to all parties interested in the topic.

### **August 2026**

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: August 27, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

### **September 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: September 8, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

[Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

### **October 2026**

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: October 22, 2026

Time: 12:00 pm – 1:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu). The meeting is open to all parties interested in the topic.

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: October 22, 2026

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in

neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

### **November 2026**

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 10, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

### **December 2026**

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online, phone, and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 10, 2026

Time: 1:30 pm – 4:30 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue, Conference Room 411, Honolulu, HI, 96816, or via Zoom or phone:

<https://us02web.zoom.us/j/575890360>

Phone: 1 (346) 248-7799 or 1 (669) 900-6833, meeting ID: 575890360#

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at [Michele.Tong@doh.hawaii.gov](mailto:Michele.Tong@doh.hawaii.gov) or call 808-733-2152.  
Website: <https://health.hawaii.gov/nt/ntab/>

#### **4. Support Group Meetings**

##### **Brain Injury Support Group Meetings**

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island (TBA)

Dates: Third Tuesday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: A peer support group composed of adults with various disabilities. Members meet for fellowship, connection, and mutual choice. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: The Lualaba Peer Support Group provides a welcoming space for individuals with disabilities to connect, share experiences, and support one another. Participants exchange emotional, social and practical assistance, helping each other grow stronger in their independent-living journeys. At times, guest speakers attend to discuss topics of interest, wellness, and community resources. Lualaba is grounded in the values of tenacity and perseverance, empowering members to build healthy, independent lives through ongoing support and well-being activities. For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Support group title: Aloha Independent Living Hawaii Maui HIKI NŌ Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The HIKI NŌ Peer Support Group is composed of individuals with various disabilities who come together for fellowship, social connection, and peer support. The group provides a safe space for sharing experiences, building confidence, and strengthening independent-living skills. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at

<https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: The 'Ike Loa Peer Support Group is designed for individuals with various disabilities who seek fellowship, emotional support, and community connection. The group provides a safe space where members can share experiences, build independence, and support one another. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. To become a consumer or inquire about services, please call 808-339-7297.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1<sup>st</sup> Tuesday of the month
- Post-Concussion Caregivers: 2<sup>nd</sup> Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3<sup>rd</sup> Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4<sup>th</sup> Tuesday of the month
- Concussed Moms – 1<sup>st</sup> Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at [db48@hawaii.edu](mailto:db48@hawaii.edu) or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po'o Support Group

Format: In-person in Honolulu, HI

Dates: Regular meetings are held throughout the year

Times: TBA

Location: TBA

Additional information: The Hui Malama Po'o group provides a safe, supportive environment for individuals with brain injuries and other neurocognitive conditions. The group focuses on: Using crafting as cognitive therapy, offering emotional and peer support, educating the community about neurotrauma, participating in community outreach, creating and sharing handmade crafts to help sustain the group's activities, encouraging independence, confidence, and social connection. Members also participate in the Brain Injury Association of Hawaii support group meetings at the Rehabilitation Hospital of the Pacific.

Contact Val Yamada at [huimalama01@gmail.com](mailto:huimalama01@gmail.com) or call 808-385-5462.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at [kauaibig@gmail.com](mailto:kauaibig@gmail.com)

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at [www.zoom.com](http://www.zoom.com). In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. The passcode is ae3Ddq. You can also use this link:

<https://us06web.zoom.us/j/8082746477?pwd=iYLp3HDrCR2aF2hbLP0iKG5abOFuZ3.1>. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at [kklemme@hawaii.rr.com](mailto:kklemme@hawaii.rr.com)

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or [carly.endres@UND.edu](mailto:carly.endres@UND.edu) with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

Support group title: UH Center on Disability Studies – Peer-to-Peer Support Circle Hawaii for Adults with Disabilities

Format: Virtual

Dates: Second Sunday of every month

Times: 2:00 pm – 3:30 pm HST (may be held on a different Sunday depending upon members' availability)

Additional information: The circle is guided by respect, empathy, and mutual support. For more information, email [kitami@hawaii.edu](mailto:kitami@hawaii.edu) or call 808-956-9898.

Please RSVP to join: <https://forms.gle/fAWQpC11Ze4amd6X9>

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

**Brain Tumor Support Group Meetings**

Support group title: Support group title: Aloha Independent Living Hawaii Maui  
HIKI NŌ Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The HIKI NŌ Peer Support Group is composed of individuals with various disabilities who come together for fellowship, social connection, and peer support. The group provides a safe space for sharing experiences, building confidence, and strengthening independent-living skills. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at

<https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer  
Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: The 'Ike Loa Peer Support Group is designed for individuals with various disabilities who seek fellowship, emotional support, and community connection. The group provides a safe space where members can share experiences, build independence, and support one another. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. To become a consumer or inquire about services, please call 808-339-7297.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at [db48@hawaii.edu](mailto:db48@hawaii.edu) or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Ola Na Oihi Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at <http://hmono.org/services/> and someone will contact you.

Support group title: Hui Malama Po'o Support Group

Format: In-person in Honolulu, HI

Dates: Regular meetings are held throughout the year

Times: TBA

Location: TBA

Additional information: The Hui Malama Po'o group provides a safe, supportive environment for individuals with brain injuries and other neurocognitive conditions. The group focuses on: Using crafting as cognitive therapy, offering emotional and peer support, educating the community about neurotrauma, participating in community outreach, creating and sharing handmade crafts to help sustain the group's activities, encouraging independence, confidence, and social connection. Members also participate in the Brain Injury Association of Hawaii support group meetings at the Rehabilitation Hospital of the Pacific. Contact Val Yamada at [huimalama01@gmail.com](mailto:huimalama01@gmail.com) or call 808-385-5462.

Support group title: Pacific Cancer Foundation Support Groups (for patients and survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST via Zoom.

Additional information: To sign up for either group, fill out the referral form: <https://pacificcancerfoundation.org/patient-referral/>

Support group title: The Queen's Medical Center Cancer Center has multiple support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: <https://www.queens.org/services/cancer-care/resources/patient-support/>

Support group title: National Brain Tumor Society Brain Tumor Support Conversations

Dates: Third Sunday of every month

Times: 7:00 pm – 8:00 pm ET / 4:00 pm – 5:00 pm PT

Additional information: Register for the group at <https://braintumor.org/support-services/support-groups/brain-tumor-support-conversations/registration/>

Support group title: UH Center on Disability Studies – Peer-to-Peer Support Circle Hawaii for Adults with Disabilities

Format: Virtual

Dates: Second Sunday of every month

Times: 2:00 pm – 3:30 pm HST (may be held on a different Sunday depending upon members' availability)

Additional information: The circle is guided by respect, empathy, and mutual support. For more information, email [kitami@hawaii.edu](mailto:kitami@hawaii.edu) or call 808-956-9898.

Please RSVP to join: <https://forms.gle/fAWQpC11Ze4amd6X9>

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

<https://www.abta.org/supportgroups/>

### **Caregivers and Caregiving Support Group Meetings**

This a listing of mainly general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina, Hana, Kihei, and Wailuku.

Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on Aging

Dates: Varies by location

Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center. Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI 96813

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or [cgsg@projectdana.org](mailto:cgsg@projectdana.org)

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second Saturday

Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI 96797

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or [cgsg@projectdana.org](mailto:cgsg@projectdana.org)

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation

Dates: 4<sup>th</sup> Wednesday of each month

Times: 2:00 pm – 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1<sup>st</sup> Tuesday of the month
- Post-Concussion Caregivers: 2<sup>nd</sup> Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3<sup>rd</sup> Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4<sup>th</sup> Tuesday of the month
- Concussed Moms – 1<sup>st</sup> Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: <https://efmp.army.mil/EnterpriseEfmp/>. Also check the EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines

Sponsored by: Marine Corps Community Services

Additional information: <https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program>

Support group title: “Gimme A Break” Weekly Support Sessions

Format: Virtual

Sponsored by: “Gimme A Break”

Dates: Every Tuesday evening

Times: 8:00 pm HST

Additional information: Go to <https://gab808.org/support-sessions/> to find the Zoom link to access the support sessions. For more information, visit their website at <https://gab808.org/>

Support group title: Kona Family Caregiver Support Group

Format: In-person in Kailua-Kona, HI

Sponsored by: Hawaii Community Caregiver Network

Dates: Second Saturdays of the month

Times: 11:00 am HST

Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI

Additional information: Contact Joann D'Addio, M.Ed., at 773-294-8773 or [ioana8275@gmail.com](mailto:ioana8275@gmail.com)

Support group title: Micronesian Caregiver Support Group

Format: In-person in Honolulu, HI

Sponsored by: Kokua Kalihi Valley (KKV)

Dates: Last Thursdays of every month

Times: 9:30 am – 12:00 pm HST

Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue, Honolulu, HI 96819

Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am – 4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program

Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or [carly.endres@UND.edu](mailto:carly.endres@UND.edu) with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

Support group title: Support Group

Format: In-person in Aiea/Pearl City, HI

Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am – 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email [gary@thecaregiverfoundation.org](mailto:gary@thecaregiverfoundation.org). Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at <https://www.tbicaregiverssupportgroup.com/> (scroll down to find it). You can also email [tbivallejo@gmail.com](mailto:tbivallejo@gmail.com).

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

### **Employment-Related Support**

Title: Peer-Led Employment Support Group

Format: Virtual

Dates: Second Monday of every month

Time: 4:00 pm PT / 7:00 pm ET (Would be 1:00 pm or 2:00 pm HST depending upon the time of year)

Additional information: Go to <https://app.making-space.com/opportunities/1485> to “apply” to join the group. You’ll need to create a Making Space account if you don’t already have one.

Title: Driven by Ability – Mentoring for Youth with Disabilities

Format: Virtual

Dates: Individual meeting times

Time: Individual meeting times

To join:

[https://linktr.ee/DrivenbyAbility?fbclid=PAQ0xDSwMWxHBlEHRuA2FibQIxMQABp1gkhoKEdDtug1LTIm90jKUUj9XZG\\_eLpVIHIIYviB4H1L\\_AgR3rNzQeJKD\\_aem\\_cJ2F3-L54JvNbKZ0kc6xiA](https://linktr.ee/DrivenbyAbility?fbclid=PAQ0xDSwMWxHBlEHRuA2FibQIxMQABp1gkhoKEdDtug1LTIm90jKUUj9XZG_eLpVIHIIYviB4H1L_AgR3rNzQeJKD_aem_cJ2F3-L54JvNbKZ0kc6xiA)

Additional information: For ages 13 – 22. For those 13 – 17, the focus is on preparing for high school and life after graduation. For those 18 – 22, the focus is in navigating college, career, and independent living.

Title: United Spinal Association’s Pathways to Employment Resource Group

Format: Virtual

Dates: Third Wednesday of each month

Time: 1:00 pm – 2:00 pm ET (7:00 am or 6:00 am HST, depending upon the time of year)

Registration:

[https://us02web.zoom.us/meeting/register/tZMvdeiuqz8vHdXGzEKeHih8DIKBMU0\\_0I5J#/registration](https://us02web.zoom.us/meeting/register/tZMvdeiuqz8vHdXGzEKeHih8DIKBMU0_0I5J#/registration)

Additional information: <https://unitedspinal.org/events/employment-empowerment-resource-group/>

Title: United Self-Help Computer Class

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Wednesday

Time: 2:00 pm – 3:00 pm HST

Location: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815, Room 204H

Website: <http://unitedselfhelp.org/>

**Mental Health Support Group Meetings**

Support group title: Aloha Independent Living Hawaii Aninis Fongon Support Group (Supporting & Helping Each Other)

Format: In-person in Hilo, HI

Dates: Second Monday of each month

Time: 10:00 am – 12:00 pm

Location: Aloha Independent Living Hawaii Office, 1055 Kino'ole Street, #202

Additional information: A Chuukese peer support group focused on English learning, community connection, and engaging activities that strengthen confidence and support among participants. Contact Karmemina Nethon at 808-861-9852.

Support group title: Aloha Independent Living Hawaii Life Choices

Format: In-person in Hilo, HI

Dates: Third Wednesday of every month

Time: 10:00 am – 12:00 pm HST

Location: Currently meeting at Mohouli Park Pavilion

Additional information: A support group for women who share common life experiences as they navigate personal growth, independence, and daily challenges. For more information, contact Bea Sextimo at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Diversity Group

Format: In-person in Hilo, HI

Dates: Third Friday of every month

Time: Varies or TBA

Location: Varies or TBA

Additional information: A fun and safe-peer community for individuals from the LGBTQ+ community, with the goal of creating a family-style environment where everyone can be their full, authentic selves. The group also aims to reach and uplift younger LGBTQ+ generations. Contact Joanne Pagan at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: The Laulima Peer Support Group provides a welcoming space for individuals with disabilities to connect, share experiences, and support one another. Participants exchange emotional, social and practical assistance, helping each other grow stronger in their independent-living journeys. At times, guest speakers attend to discuss topics of interest, wellness, and community resources. Laulima is grounded in the values of tenacity and perseverance, empowering members to build healthy, independent lives through ongoing support and well-being activities. For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NŌ Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The HIKI NŌ Peer Support Group is composed of individuals with various disabilities who come together for fellowship, social connection, and peer support. The group provides a safe space for sharing experiences, building confidence, and strengthening independent-living skills. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at

<https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: The 'Ike Loa Peer Support Group is designed for individuals with various disabilities who seek fellowship, emotional support, and community connection. The group provides a safe space where members can

share experiences, build independence, and support one another. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. To become a consumer or inquire about services, please call 808-339-7297.

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at [db48@hawaii.edu](mailto:db48@hawaii.edu) or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Men's Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at [honu.mkp@gmail.com](mailto:honu.mkp@gmail.com).

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwj2Nh8TxxYlQS#/registration>

Support group title: Men's Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at [honu.mkp@gmail.com](mailto:honu.mkp@gmail.com).

Support group title: Teen Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Sundays; check with organizer

Time: 10:30 am HST

Additional information: Contact Tutu's House to learn more: [www.tutushouse.org](http://www.tutushouse.org)

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwi2Nh8TxxYlQS#/registration>

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday

Time: 6:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help 4<sup>th</sup> Friday Night

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Fourth Friday of each month

Time: 6:00 pm – 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm – 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday

Time: 1:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST

To join via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

### **Stroke Support Group Meetings**

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: The Laulima Peer Support Group provides a welcoming space for individuals with disabilities to connect, share experiences, and support one another. Participants exchange emotional, social and practical assistance, helping each other grow stronger in their independent-living journeys. At times, guest speakers attend to discuss topics of interest, wellness, and community resources. Laulima is grounded in the values of tenacity and perseverance, empowering members to build healthy, independent lives through ongoing support and well-being activities. For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NŌ Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The HIKI NŌ Peer Support Group is composed of individuals with various disabilities who come together for fellowship, social connection, and peer support. The group provides a safe space for sharing experiences, building confidence, and strengthening independent-living skills. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at

<https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island (TBA)

Dates: Third Tuesday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: A peer support group composed of adults with various disabilities. Members meet for fellowship, connection, and mutual choice. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: The 'Ike Loa Peer Support Group is designed for individuals with various disabilities who seek fellowship, emotional support, and community connection. The group provides a safe space where members can share experiences, build independence, and support one another. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. To become a consumer or inquire about services, please call 808-339-7297.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining date for 2024 is: December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at [db48@hawaii.edu](mailto:db48@hawaii.edu) or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hilo Stroke Support Group

Format: In-person

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

Location: Hilo Benioff Medical Center, Ground Conference Room D

Additional information: Contact Rebecca Moore at [rmoore1@hpsc.org](mailto:rmoore1@hpsc.org) or call 316-871-2443.

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Regular meetings are held throughout the year

Times: TBA

Location: TBA

Additional information: The Hui Malama Po’o group provides a safe, supportive environment for individuals with brain injuries and other neurocognitive conditions. The group focuses on: Using crafting as cognitive therapy, offering emotional and peer support, educating the community about neurotrauma, participating in community outreach, creating and sharing handmade crafts to help sustain the group’s activities, encouraging independence, confidence, and social connection. Members also participate in the Brain Injury Association of Hawaii support group meetings at the Rehabilitation Hospital of the Pacific.

Contact Val Yamada at [huimalama01@gmail.com](mailto:huimalama01@gmail.com) or call 808-385-5462.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at [kuaibig@gmail.com](mailto:kauaibig@gmail.com)

Support group title: Queen's Medical Center Stroke Survivors Support Group: How to Thrive on our Islands After Stroke

Format: Meetings alternate being in-person or virtual each month

Dates: Second Wednesday of each month

Additional information: Registration is required in order to get the virtual meeting link and the in-person location address. To register online, go to

[www.queens.org/events](http://www.queens.org/events). You can also call 808-691-7117, which is the referral line. An email invitation will be sent to you a few days prior to the meeting. For questions about the group (not to register), contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am – 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at [Melissa.mullen@rehabhospital.org](mailto:Melissa.mullen@rehabhospital.org) or by phone at 808-566-3741.

Support group title: UH Center on Disability Studies – Peer-to-Peer Support Circle Hawaii for Adults with Disabilities

Format: Virtual

Dates: Second Sunday of every month

Times: 2:00 pm – 3:30 pm HST (may be held on a different Sunday depending upon members' availability)

Additional information: The circle is guided by respect, empathy, and mutual support. For more information, email [kitami@hawaii.edu](mailto:kitami@hawaii.edu) or call 808-956-9898. Please RSVP to join: <https://forms.gle/fAWQpC11Ze4amd6X9>

American Stroke Association Stroke Support Group Finder  
<https://www.stroke.org/en/stroke-support-group-finder>

### **Spinal Cord Injury Support Group Meetings**

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island (TBA)

Dates: Third Tuesday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: A peer support group composed of adults with various disabilities. Members meet for fellowship, connection, and mutual choice. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: The Lualaba Peer Support Group provides a welcoming space for individuals with disabilities to connect, share experiences, and support one another. Participants exchange emotional, social and practical assistance, helping each other grow stronger in their independent-living journeys. At times, guest speakers attend to discuss topics of interest, wellness, and community resources. Lualaba is grounded in the values of tenacity and perseverance, empowering members to build healthy, independent lives through ongoing support and well-being activities. For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NŌ Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The HIKI NŌ Peer Support Group is composed of individuals with various disabilities who come together for fellowship, social connection, and peer support. The group provides a safe space for sharing experiences, building confidence, and strengthening independent-living skills. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at

<https://www.alohailhawaii.org/contact-us/>

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer Support Group

Format: In-person in Kaunakakai, HI

Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: The 'Ike Loa Peer Support Group is designed for individuals with various disabilities who seek fellowship, emotional support, and community connection. The group provides a safe space where members can share experiences, build independence, and support one another. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. To become a consumer or inquire about services, please call 808-339-7297.

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at [db48@hawaii.edu](mailto:db48@hawaii.edu) or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at [kauaibig@gmail.com](mailto:kauaibig@gmail.com)

Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm – 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at

<https://www.facebook.com/MauiWheelers/> and you can email them at

[MauiWheelers@gmail.com](mailto:MauiWheelers@gmail.com). They are a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Support group title: UH Center on Disability Studies – Peer-to-Peer Support Circle  
Hawaii for Adults with Disabilities

Format: Virtual

Dates: Second Sunday of every month

Times: 2:00 pm – 3:30 pm HST (may be held on a different Sunday depending upon members' availability)

Additional information: The circle is guided by respect, empathy, and mutual support. For more information, email [kitami@hawaii.edu](mailto:kitami@hawaii.edu) or call 808-956-9898.

Please RSVP to join: <https://forms.gle/fAWQpC11Ze4amd6X9>

United Spinal Association Chapter Network

<https://unitedspinal.org/support/chapter-network/>

Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvI8eAgm78sbxKbCYs9bH6I9urcEsnWkDw4ZELk#/registration>

Support group title: Kelly Brush Foundation / United Spinal Association Active  
Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and recreational activities. Learn more and register at

<https://unitedspinal.org/events/active-project-live/>

Support group title: United Spinal Association Empowering Parental Caregivers  
Support Group

Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm – 8:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZEtc-ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration>

Additional information: For parents and guardians of children, adolescents, or young adults with SCI or mobility disabilities

Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZUuduCuqDliGtctu96aqMrmC87SXxW3FydB#/registration>

Support group title: United Spinal Association Rolling through Life: Aging with a Disability

Format: Virtual

Dates: Fourth Wednesday of each month

Time: 7:00 pm – 8:00 pm ET

Registration: [https://us02web.zoom.us/meeting/register/tZcofu-upz8sH93iWkBLFjps\\_ViG5RzL4TY2#/registration](https://us02web.zoom.us/meeting/register/tZcofu-upz8sH93iWkBLFjps_ViG5RzL4TY2#/registration)

Additional information: <https://unitedspinal.org/events/aging-with-a-disability/>

Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZ0rd-mrqjstHNBihBRobjafYZrsfragrHH7#/registration>

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday

Time: 1:00 pm ET

Registration: <https://unitedspinal.org/events/united-spinal-social-hour/>

Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Support group title: United Spinal Association's Walking Rollers

Format: Virtual

Dates: Fourth Monday of each month

Time: 7:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Additional information: For semi-ambulatory, part-time wheelchair users.

Spinal Cord Injury Online Communities

<https://www.sci-info-pages.com/online-communities/>

Spinal Cord Injury Support Groups

<https://www.spinalcord.com/spinal-cord-injury-support-groups>

## 1. Articles on Brain Injuries

The Challenge! Magazine of the Brain Injury Association of America

[https://biausa.org/public-affairs/media/the-challenge-groups-at-risk-of-brain-injury?utm\\_medium=email&utm\\_source=ctct](https://biausa.org/public-affairs/media/the-challenge-groups-at-risk-of-brain-injury?utm_medium=email&utm_source=ctct)

Includes articles on:

Race, Ethnicity, and Traumatic Brain Injury in America

Far From Care: Brain Injury in Rural America

Study Finds Traumatic Brain Injuries Linked to Faster Aging in Post-9/11 Veterans

Integrating Brain Injury-Informed Practices into the Child Welfare System

Concussion Awareness Now Corner

Broken Girl: A Memoir of Life Before and After Traumatic Brain Injury

TBI Tuesday | Myth vs. Reality: Understanding Behavioral Changes After TBI  
<https://www.linkedin.com/pulse/tbi-tuesday-myth-vs-reality-understanding-behavioral-after-kimberly-cyq6c/?trackingId=fu%2FWK2fJQK%2B1gM7GgBZhkQ%3D%3D>

The Survivor's Guide to Employment

<https://lnkd.in/gcTtfD2i> (full guide)

<https://lnkd.in/gjGqbghe> (interactive Google Form, designed to reduce cognitive fatigue by focusing on one topic at a time)

Productivity Losses from Non-Fatal Traumatic Brain Injuries in the United States

<https://injuryprevention.bmj.com/content/injuryprev/early/2025/12/17/ip-2025-045806.full.pdf?ijkey=SEMYUudgO7KZ90a&keytype=ref>

Menopause After TBI (factsheets)

<https://msktc.org/tbi/factsheets/menopause-after-tbi>

When Behavior Changes: Understanding Neurobehavioral Decompensation After TBI

<https://www.linkedin.com/pulse/tbi-tuesday-when-behavior-changes-understanding-after-graham-rn-lgixc/?trackingId=LUuOKJrzRVO14cqFyZcOTQ%3D%3D>

A New Era in Neuroregeneration (TEDxBoston talk; YouTube video)

<https://www.youtube.com/watch?v=7cm50VEesrk>

Addressing the Intersection of Brain Injury, Aging, and Behavioral Health (recording of webinar and slides)

<https://www.nashia.org/trainings/brain-injury-aging-and-behavioral-health>

Non-Medical Drivers of Health and Brain Injury – A Fact Sheet for Providers

<https://www.nashia.org/resources-list/non-medical-drivers-of-health> and

<https://www.utmb.edu/scoa/news-and-events/nmdoh>

Disaster Preparedness: Supporting People with Brain Injury (recording of webinar and slides)

<https://www.nashia.org/trainings/disaster-preparedness>

Virtual Reality Tool Transforms Concussion Course

<https://onlineteaching.umich.edu/articles/virtual-reality-tool-transforms-concussion-course/>

Researchers Use AI to Predict the Toll of Concussions on Student Athletes Over Time

<https://news.umich.edu/researchers-use-ai-to-predict-the-toll-of-concussions-on-student-athletes-over-time/>

What Happens When a University Football Player Takes Repeated Head Impacts?

[https://www.unr.edu/nevada-today/news/2025/repeated-head-impacts-and-smooth-pursuit?utm\\_source=LinkedIn&utm\\_medium=social&utm\\_campaign=research-Innovation&utm\\_content=head-impacts](https://www.unr.edu/nevada-today/news/2025/repeated-head-impacts-and-smooth-pursuit?utm_source=LinkedIn&utm_medium=social&utm_campaign=research-Innovation&utm_content=head-impacts)

Concussion History in NCAA Athletes Yields Mixed Health Outcomes

<https://news.umich.edu/concussion-history-in-ncaa-athletes-yields-mixed-health-outcomes/>

Hackensack Meridian JFK Johnson Rehabilitation Institute Leads Nationwide Study Using Teletherapy to Improve Emotional Health After Brain Injury Among Military Members and Civilians

<https://www.hackensackmeridianhealth.org/en/news/2025/12/04/hmh-jfk-jri-leads-study-using-teletherapy-to-improve-emotional-health-among-military-and-civilians>

Headbutting Rams Could Boost Brain Research

<https://www.auckland.ac.nz/en/news/2025/11/21/headbutting-rams-and-rugby-players-are-there-links.html>

An Intervention to Improve Emotion Regulation in Individuals with Traumatic

Brain Injury: A Randomized Controlled Trial (abstract only)

<https://pubmed.ncbi.nlm.nih.gov/41162348/>

Brain Injury Neuropsychology Laboratory Receives NIH Award to Develop “Betterbot,” an AI-Powered Mental Health Tool for People with Brain Injury

<https://rehabilitationresearch.jefferson.edu/news/2025/nih-grant-betterbot-tbi.html>

Motivation and Methods for a First Population-Based Case-Control Study of Traumatic Brain Injury (TBI) and Chronic Traumatic Encephalopathy (CTE) (summary only)

<https://bjsm.bmj.com/content/early/2025/09/23/bjsports-2025-110064>

Accumulating Concussive and Psychological Exposures: Research and Clinical Implications (video)

<https://www.youtube.com/watch?v=KaAhA88rhrk>

The Journal of Head Trauma Rehabilitation – November / December 2025 (some of the articles have been shared previously)

Contents are:

Boys Versus Girls Youth Sports Participation Risk for Mild Traumatic Brain Injury and Behavioral, Physical Health, and Neurocognitive Outcomes

Sex Differences in Subacute Blood Biomarker Levels and Associations with Post-Concussion Symptom Severity in Adolescents with Concussion

Characterizing Intimate Partner Violence-Related Head Trauma in Community-Recruited Women

<https://journals.lww.com/headtraumarehab/pages/default.aspx>

## **2. Articles on Brain Tumors**

Nasal Drops Fight Brain Tumors Noninvasively

[https://medicine.washu.edu/news/nasal-drops-fight-brain-tumors-noninvasively/?utm\\_source=MarketingCloud&utm\\_medium=email&utm\\_campaign=FY26\\_December\\_%40WashU&contactid=003PH000007TccoYAC&utm\\_content=https%3a%2f%2fmedicine.washu.edu%2fnews%2fnasal-drops-fight-brain-tumors-noninvasively%2f](https://medicine.washu.edu/news/nasal-drops-fight-brain-tumors-noninvasively/?utm_source=MarketingCloud&utm_medium=email&utm_campaign=FY26_December_%40WashU&contactid=003PH000007TccoYAC&utm_content=https%3a%2f%2fmedicine.washu.edu%2fnews%2fnasal-drops-fight-brain-tumors-noninvasively%2f)

Another article on this was in last month's newsletter.

Simple Supplement Mix Shows Remarkable Results in Brain Cancer

<https://www.sciencedaily.com/releases/2025/12/251209043050.htm>

Stunning Results: Two Cheap Supplements Show Promise in Healing One of the Deadliest Brain Cancers

<https://scitechdaily.com/stunning-results-two-cheap-supplements-show-promise-in-healing-one-of-the-deadliest-brain-cancers/>

Another take on the finding discussed in the article above.

Artificial Intelligence Tool Helps Predict Relapse of Pediatric Brain Cancer

<https://www.sciencedaily.com/releases/2025/04/250424120856.htm>

### **3. Articles on Spinal Cord Injuries**

Managing Pain After Spinal Cord Injury

<https://newmobility.com/managing-pain-after-spinal-cord-injury/>

Previously Unknown Brain Cell Function Could Transform Spinal Cord Injury Treatment

<https://scitechdaily.com/previously-unknown-brain-cell-function-could-transform-spinal-cord-injury-treatment/>

Aging Changes Spinal Cord Injury Recovery in a Surprising Way

<https://scitechdaily.com/aging-changes-spinal-cord-injury-recovery-in-a-surprising-way/>

Accessible Air Travel with Open Doors Organization (podcast)

[https://www.youtube.com/watch?v=MRZfIIQVc\\_c](https://www.youtube.com/watch?v=MRZfIIQVc_c)

Visitability: Allaina Humphreys' Mission to Bring Fair Housing Standards to All

<https://spinalpedia.com/visitability-allaina-humphreys-mission-to-bring-fair-housing-standards-to-all/?fbclid=IwY2xjawOFpDNleHRuA2FlbQlXMAbicmlkETFxNk9hVkZqZHILVDEwZ1plc3J0YwZhcHBfaWQQMjlyMDM5MTc4ODIwMDg5MghjYWxsc2l0ZQEyAAEexo-->

[WPFmQDm3lym6N7 CZoZLojrE3TeTp6AFCKMq4kyrLYFYdEG7RV4jhPA aem FFN-N4SIGOJpqanscFVv0Q](https://www.msktc.org/sci/factsheets/exoskeleton-and-spinal-cord-injury)

Factsheet: Robotic Exoskeletons for Overground Walking for People with Spinal Cord Injury

<https://msktc.org/sci/factsheets/exoskeleton-and-spinal-cord-injury>

#### 4. Articles on Stroke

Wilcox Medical Center Reintroduces Personalized Cardiac Rehab Program

<https://kauainownews.com/2025/09/16/wilcox-medical-center-reintroduces-personalized-cardiac-rehab-program/#:~:text=In%20April%2C%20a%20statewide%20initiative,enroll%20through%20a%20physician's%20order.>

Note: URL includes a period at the end.

This article came out in September 2025 but mostly seems to have flown under the radar on other islands besides Kauai, where Wilcox Medical Center is located.

Every One Cigarette a Day Harms the Hearts at Every Level

[https://www.news-medical.net/news/20251121/Even-one-cigarette-a-day-harms-the-heart-at-every-level.aspx?utm\\_source=news\\_medical\\_newsletter&utm\\_medium=email&utm\\_campaign=cardiology\\_newsletter\\_26\\_november\\_2025](https://www.news-medical.net/news/20251121/Even-one-cigarette-a-day-harms-the-heart-at-every-level.aspx?utm_source=news_medical_newsletter&utm_medium=email&utm_campaign=cardiology_newsletter_26_november_2025)

Return to Work Readiness Self-Assessment

[https://www.stroke.org/en/life-after-stroke/recovery/return-to-work/readiness-self-assessment?utm\\_source=Together+To+End+Stroke+fy+25+26&utm\\_medium=email&utm\\_campaign=CP\\_TTES\\_120225&utm\\_content=content4+cta&sc\\_campaign=79890DEB9E704C13939C0205B45526EE](https://www.stroke.org/en/life-after-stroke/recovery/return-to-work/readiness-self-assessment?utm_source=Together+To+End+Stroke+fy+25+26&utm_medium=email&utm_campaign=CP_TTES_120225&utm_content=content4+cta&sc_campaign=79890DEB9E704C13939C0205B45526EE)

As Stroke Unfolded, Decisive Action Averted Tragedy

[https://www.stroke.org/en/about-stroke/types-of-stroke/is-getting-quick-stroke-treatment-important/whitneys-story?utm\\_source=Together+To+End+Stroke+fy+25+26&utm\\_medium=email&utm\\_campaign=79890DEB9E704C13939C0205B45526EE](https://www.stroke.org/en/about-stroke/types-of-stroke/is-getting-quick-stroke-treatment-important/whitneys-story?utm_source=Together+To+End+Stroke+fy+25+26&utm_medium=email&utm_campaign=79890DEB9E704C13939C0205B45526EE)

[m\\_campaign=CP\\_TTES\\_120225&utm\\_content=content2+cta&sc\\_campaign=79890DEB9E704C13939C0205B45526EE#videos](https://www.lww.com/campaign=CP_TTES_120225&utm_content=content2+cta&sc_campaign=79890DEB9E704C13939C0205B45526EE#videos)

Validity of the Stroke Upper Limb Capacity Scale in Acute Inpatient Stroke Rehabilitation

[https://journals.lww.com/intjrehabilres/abstract/2025/12000/validity\\_of\\_the\\_stroke\\_upper\\_limb\\_capacity\\_scale.4.aspx](https://journals.lww.com/intjrehabilres/abstract/2025/12000/validity_of_the_stroke_upper_limb_capacity_scale.4.aspx)

## **5. Information on Related Topics**

Association Between Physical Activity Levels, Forward Head Posture, and Fall Risk in Older Adults (abstract only)

[https://journals.lww.com/topicsingeriatricrehabilitation/abstract/2025/10000/association\\_between\\_physical\\_activity\\_levels,.2.aspx](https://journals.lww.com/topicsingeriatricrehabilitation/abstract/2025/10000/association_between_physical_activity_levels,.2.aspx)

Associations Between Hearing Loss, Vestibular Dysfunction, and Falls (abstract only)

[https://journals.lww.com/topicsingeriatricrehabilitation/abstract/2025/10000/associations\\_between\\_hearing\\_loss,\\_vestibular.3.aspx](https://journals.lww.com/topicsingeriatricrehabilitation/abstract/2025/10000/associations_between_hearing_loss,_vestibular.3.aspx)

How Much is Enough? Dosing Balance Exercise to Achieve Long-Term Fall Risk Reduction (abstract only)

[https://journals.lww.com/topicsingeriatricrehabilitation/fulltext/2025/10000/how\\_much\\_is\\_enough\\_dosing\\_balance\\_exercise\\_to.4.aspx](https://journals.lww.com/topicsingeriatricrehabilitation/fulltext/2025/10000/how_much_is_enough_dosing_balance_exercise_to.4.aspx)

I Palekana Kakou Ma Ka Wai (“Let Us Be Safe in the Water”) – 2025 Hawaii Water Safety Plan

[https://hiwatersafetycoalition.org/wp-content/uploads/Hawaii-Water-Safety-Plan\\_Final\\_25-0115.pdf](https://hiwatersafetycoalition.org/wp-content/uploads/Hawaii-Water-Safety-Plan_Final_25-0115.pdf)

What is the Difference Between a “Reasonable Accommodation” and a “Reasonable Modification”?

<https://adata.org/faq/difference-ra-rm>

Public Ground Transportation Rights for People with Disabilities (for companies)

<https://www.adapacific.org/public-ground-transportation-rights-for-people-with-disabilities/>

Private Ground Transportation Rights for People with Disabilities (for companies)

<https://www.adapacific.org/private-ground-transportation-rights-for-people-with-disabilities/>

The ADA & Accessible Ground Transportation (for persons with disabilities)

<https://adata.org/factsheet/ADA-accessible-transportation>

Traveling with a Service Animal

<https://adata.org/service-animal-resource-hub-traveling>

Higher Teen Blood Pressure Predicts Who Will Develop Heart Disease

[https://www.news-medical.net/news/20251124/Higher-teen-blood-pressure-predicts-who-develops-heart-disease.aspx?utm\\_source=news\\_medical\\_newsletter&utm\\_medium=email&utm\\_campaign=cardiology\\_newsletter\\_26\\_november\\_2025](https://www.news-medical.net/news/20251124/Higher-teen-blood-pressure-predicts-who-develops-heart-disease.aspx?utm_source=news_medical_newsletter&utm_medium=email&utm_campaign=cardiology_newsletter_26_november_2025)

ADA School Series: Intro to Disability, the ADA, and More

<https://northeastada.org/multimedia/kvideos>

## **10. Presentations and Trainings**

Hidden Harms: Supporting Survivors of IPV with Brain Injuries

<https://vetoviolence.cdc.gov/apps/tbi-ipv-hidden-harms/>

Online training (25 minutes) designed for those who work with survivors of intimate partner violence.

The American Heart Association has a professional education hub with a Stroke and Brain Health Portfolio. You can find it at

<https://education.heart.org/catalog?portfolio=71&page=1>.

Understanding Spinal Cord Injury: A Course for Personal Care Assistants

The goals of this online course, which was developed by the Kessler Foundation, is to increase knowledge about spinal cord injuries (SCI), improve communication,

and enhance the quality of care. And the course is free! It could be really useful for everyone to learn more about SCI, not just those who will become / are personal care assistants. As many of you may know, there is a critical need for more personal care assistants. Learn more and sign up at:

[https://www.kflearn.org/courses/understanding-spinal-cord-injury?fbclid=IwZXh0bgNhZW0CMATAAR11VM8H2TGOI4oDuVWkNCye9vR6u5IBO9v4iqgCSFnhwzCY-wfEmBI1I5c\\_aem\\_m3cAQ0Q512SMjXHtVIWhAQ](https://www.kflearn.org/courses/understanding-spinal-cord-injury?fbclid=IwZXh0bgNhZW0CMATAAR11VM8H2TGOI4oDuVWkNCye9vR6u5IBO9v4iqgCSFnhwzCY-wfEmBI1I5c_aem_m3cAQ0Q512SMjXHtVIWhAQ)

The American College of Emergency Physicians has short videos available under the title, "MicroED." They cover a variety of topics, including mild traumatic brain injury examinations, physical exam and CT signs of a hemorrhagic stroke, neuroimaging, telestroke, and more. You can find the videos at:

[https://www.acep.org/education/microed?fbclid=IwY2xjawG-uMRleHRuA2FibQIxMAABHa36t\\_BjwsU99eyGEQHfKL1u5qc0vXocDbbX30I3kxZ16WdCDsVO5wtgXQ\\_aem\\_Mq50vROsGwIR2MuVblbq5Q&utm\\_source=Concussion%20Stakeholders&utm\\_campaign=e06cf149f9-EMAIL\\_CAMPAIGN\\_2018\\_11\\_28\\_08\\_50\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_61e6ff3b7d-e06cf149f9-592000242&mc\\_cid=e06cf149f9&mc\\_eid=99af31383f](https://www.acep.org/education/microed?fbclid=IwY2xjawG-uMRleHRuA2FibQIxMAABHa36t_BjwsU99eyGEQHfKL1u5qc0vXocDbbX30I3kxZ16WdCDsVO5wtgXQ_aem_Mq50vROsGwIR2MuVblbq5Q&utm_source=Concussion%20Stakeholders&utm_campaign=e06cf149f9-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-e06cf149f9-592000242&mc_cid=e06cf149f9&mc_eid=99af31383f)

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to get on their mailing list for upcoming classes. Their contact form is found at <https://hawaiicaregivers.org/contact>

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at

[vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu) for more information or to schedule a presentation. The current list of presentations includes:

1. Preventing and Identifying Strokes
2. Preventing and Identifying Brain Injuries
3. Domestic Violence and Brain Injuries
4. Homelessness and Brain Injuries
5. Resources and Information for Stroke and Brain Injury Survivors and Their Supports
6. The Basics of Advocacy
7. Medical Gaslighting
8. Workplace Bullying
9. AI and Disabilities: Pros and Cons

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to [cdonayri@queens.org](mailto:cdonayri@queens.org).

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available.

There is a cost associated with these modules and consultation. For more information, go to <https://www.nashia.org/np-modules#!form/Neuropsych>.

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the

University of Michigan but others may need to pay for the training. Enroll at <https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/>

The Academy of Certified Brain Injury Specialists is offering the “Understanding Concussion: Symptoms, Diagnosis, and Treatment Approaches” Certificate Course to enhance your understanding of concussions and concussion treatment. It is primarily intended for medical personnel, athletic trainers, first responders, therapists, psychologists, social workers, and anyone involved in the care of individuals with concussions. The online course costs \$145.00. Visit <https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/understanding-concussion-symptoms-diagnosis-and-treatment-certificate-course> for more information and to access registration.

The Brain Injury Association of American offers an online self-paced Brain Injury Fundamentals Certificate Program. There is also an in-person option. It is for anyone who cares for or encounters individuals with brain injuries. No prior experience or education is required. There is a \$125 fee for the program. For more information and to sign up, go to: <https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/acbis-fundamentals/fundamentals-self-paced-course>

### **11. Research and Participation Opportunities**

The Minnesota Regional Spinal Cord Injury Model System Center is studying pain management for SCI. The anonymous survey takes about 15 – 20 minutes to complete, and is for participants currently involved in the clinical care of those with SCI. For more information or questions, contact Kimberly Monden at [kmonden@umn.edu](mailto:kmonden@umn.edu). The survey can be found at: <https://redcap.ahc.umn.edu/redcap/surveys/?s=TE9AWNX9WKKNTRD8>

The University of Illinois Urbana-Champaign’s Disability Participation and Quality of Life (DPQOL) Research Laboratory is looking for persons who use wheelchairs for their study, “Individualized Reduction of Falls Intervention Program – Mobile Health Application.” The study is currently in Phase III. You can earn up to \$180 for participating. To learn more, send an email to [dpqol-fallprev@illinois.edu](mailto:dpqol-fallprev@illinois.edu).

The TIRR–Memorial Hermann Spinal Cord Injury and Disability Research Center, in collaboration with the University of Montana and the University of Texas Health Science Center, is conducting a research study to understand the impact of difficult and/or abusive relationships on the health of people with spinal cord injury (SCI). Individuals aged 21 or older who have had a traumatic SCI for at least one year, live in the U.S., and can communicate in English may be eligible. Participation involves a brief phone screening and completing a one-time survey, either online or by mail. Participants will receive a small payment for completing the survey. This study is led by Jessica Rodriguez at TIRR–Memorial Hermann. For questions, contact [SCIPStudy@uth.tmc.edu](mailto:SCIPStudy@uth.tmc.edu) or 713-797-7245.

Colorado State University is looking for clinicians who treat those with brain injuries, persons with a history of severe brain injury/coma, and family or care partners for those with severe brain injuries to take part in “Tailoring a Toolkit to Promote Shared Decision-Making in Rehabilitation (SHARE-REHAB).” Take part in up to two questionnaires and up to three virtual focus groups. Email [meteorlab@colostate.edu](mailto:meteorlab@colostate.edu) for more information.

The Model Systems Knowledge Translation Center is seeking input on the informational needs of those with spinal cord injuries, traumatic brain injuries, or burn injuries. The survey takes about 10 minutes and can be found here: <https://websurveyor2.airws.org/se/2511374533213674>. If you have any questions, contact Cindy Cai, Ph.D., at [mstkctc@air.org](mailto:mstkctc@air.org) or call 202-403-6929.

Post-Stroke Telehealth Study – The NIDILRR-funded project [Expanding Delivery of an Evidence-based Weight Loss Intervention to Enhance Access to Reach Underserved Groups After Stroke](#) is recruiting participants for a healthy lifestyle study for people post stroke. Participation is open to individuals between 18 and 85 who are at least 12 months post stroke, clinically overweight, and able to participate in physical activity. Volunteers will meet regularly in groups for 12 months, participate in a 22-session healthy lifestyle telehealth program, and complete assessments by phone and blood tests in a local lab. To volunteer, [complete the eligibility survey](#), email [stephanie.calhoun1@bswhealth.org](mailto:stephanie.calhoun1@bswhealth.org), or call [214/228-5181](tel:2142285181).

Bank CTE is looking for participants to determine if CTE can be detected through a blood test. Criteria include being aged 40 or older and may or may not have had

repetitive head injuries (there are also other criteria). Participants receive a \$100 gift card upon completion. To learn more and find out if you are eligible, go to: <https://www.bankcte.org/>

The DIAGNOSE CTE-II study is recruiting for men aged 50 and older who 1) played college or professional tackle football **or** 2) have been diagnosed with Alzheimer's disease, never played contact or collision sports and have no history of repetitive head impacts. Learn more at <https://www.diagnosecte.org/am-i-eligible>

The I-HEAL Study is recruiting persons who experienced TBI (civilians and Veterans) and underwent inpatient rehabilitation. They are studying best practices for managing behavior changes after TBI. There will be focus groups help using Microsoft Teams that will last about 90 minutes. Participants receive a \$50 gift card. For questions, contact Natalie Gilmore (813-806-0273, [VHAHWALteam@va.gov](mailto:VHAHWALteam@va.gov)), or visit <https://iheal.tbindsc.org/>.

University of Michigan Transportation Research Institute wants participants to help make vehicles easier to use for everyone. You can take their 15-minute survey if you have a disability, are at least 18 years old, and drive or travel in passenger vehicles. You can take the survey by going to [https://umich.qualtrics.com/jfe/form/SV\\_4TP9oG64U1LgaRE](https://umich.qualtrics.com/jfe/form/SV_4TP9oG64U1LgaRE). Alternately, you can send an email to [UVIDSurvey@umich.edu](mailto:UVIDSurvey@umich.edu) to set up an appointment to answer the questions by phone.

The International Brain Injury Association DoC Special Interest Group (IBIADoCSIG) is looking for healthcare professionals to participate in a survey on the information gap that caregivers of DoC patients might encounter along the pathway of care. DoC refers to "disorders of consciousness," that is, someone who is in a vegetative or minimally conscious state. Until now, no studies have investigated the type of information available and the gaps along the pathways of care. The survey takes around 10 – 15 minutes and can be accessed here: [https://redcap.link/doc\\_sig\\_survey](https://redcap.link/doc_sig_survey).

The ICARE (Intervention to Change Affect Recognition and Empathy) study, out of Indiana University, is looking for people 18 and older who had a traumatic brain injury at least 12 months ago to take part in a teletherapy program. (There are additional qualification requirements.) The study takes place over about 9 months, and all activities are conducted virtually. To learn more, call the study team at 317-329-2380.

The Kessler Foundation has a new study. They are looking for participants for “Comparison of Two Different Group Wellness Programs for People with TBI and Their Support Persons.” The study will take about 10 months to complete. It involves a variety of tasks and activities. Individuals with TBIs can be compensated up to \$350, while support persons can be compensated up to \$300. More information can be found at <https://kesslerfoundation.org/research/studies/comparison-two-different-group-wellness-programs-people-tbi-and-their-support>. Please contact Laura Marino for more information: 973-323-3748.

The Kessler Foundation is also looking for persons with moderate-to-severe traumatic brain injuries (TBIs) to participate in a 12-week exercise program related to memory improvement. Compensation is listed as \$350. Please contact Brooke Albanese at 973-324-8384. The URL for more information is: <https://kesslerfoundation.org/research/studies/applying-exercise-improve-memory-tbi>.

The Rehabilitation Research and Training Center on home and Community-Based Services (HCBS) are looking for people with disabilities to complete surveys about their experiences with HCBS. Questions: Contact Niveda Tenny at [hcb-srrtc@srnlab.org](mailto:hcb-srrtc@srnlab.org) or call 312-238-3042. The survey can be found here: <https://redcap.nubic.northwestern.edu/redcap/surveys/?s=D39MHCDL97DTRXR3>

The University of Delaware, in cooperation with the Kessler Foundation is recruiting participants for a research study to evaluate the benefits of a web-based program to monitor and improve the emotional well-being of individuals with traumatic Spinal Cord Injury (iManage-SCI Study). To learn more, go to <https://unitedspinal.org/sci-study-well-being-for-individuals-with-spinal-cord-injury/>

Researchers at the University of Alabama at Birmingham (UAB) are looking for participants to be in a study titled, "Acceptance and Commitment Therapy Research on Psychological Health in Persons Living with Spinal Cord Injury."

Prospective participants need to be an adult with an SCI. Participation includes videoconference sessions and completion of three questionnaires, with compensation of up to \$245. To sign up, go to: <https://bit.ly/4d9ADFO>. More information on the study can be found at <https://www.act-sci.org/>.

Pediatric TBI caregivers are sought, including parents, school aides, and home health workers, to take part in a focus group that can be done from home.

Participants receive \$30. Contact the study coordinator, Megan Thompson, at [MICareTBI@umich.edu](mailto:MICareTBI@umich.edu) or send a text to 734-274-9517. To share your contact information and determine eligibility, go to:

<https://redcapproduction.umms.med.umich.edu/surveys/?s=NY4P3CL837RY77JC>

The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eight-week group intervention via videoconference. You must be at least 45 years old, 15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at

<https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and-stronger-with-sci>. Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or [TIRR.LLStudy@uth.tmc.edu](mailto:TIRR.LLStudy@uth.tmc.edu).

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities.

Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with disabilities. To join the Registry, fill out a questionnaire located at

<https://www.ctsiredcap.pitt.edu/redcap/surveys/>; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI.

Take a 2 – 3-minute survey

([https://iu.co1.qualtrics.com/jfe/form/SV\\_5aP9ju3OkEDBqQe](https://iu.co1.qualtrics.com/jfe/form/SV_5aP9ju3OkEDBqQe)) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to [travelX@indiana.edu](mailto:travelX@indiana.edu) or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes is located at <https://websurveyor2.airws.org/se/2511374533213674>. For questions or more information contact MSKTC at [msktc@air.org](mailto:msktc@air.org) or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due to spinal cord injury or diseases. The survey is located at:

<https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC>

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at:

<https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4>

The TechSAge Rehabilitation Engineering Research Center (RERC, at [www.TechSAgeRERC.org](http://www.TechSAgeRERC.org)) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to

<https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT>

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

#### Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>

## 12. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

### Exercise Classes in Hawaii

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women's Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at <https://www.hawaiipacifichealth.org/health-wellness/classes/?page=1> or you can call HPH's Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors,

senior bon dance tutorial, and morning exercise. The videos can be found at <https://islandofhawaiiymca.org/programs/health-fitness/fitness-videos/>

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson's Association. It is a boxing program with weekly classes for Parkinson's patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at [kymgpeck@gmail.com](mailto:kymgpeck@gmail.com) or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do anytime from Big Island (Hawaii) teachers. Visit their website at <https://808b-fit.com/> for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are in-person, some are via Zoom only, while others are hybrid classes. Register in advance for all classes by calling 808-885-6777 or by sending an email to [newsletter@tutushouse.org](mailto:newsletter@tutushouse.org). Their calendar of events is located at <https://www.tutushouse.org/activities/>.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members. Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at <https://olliuhm.augusoft.net/>

The Maui Family YMCA offers a Parkinson's Fitness program (along with other fitness programs). You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to <https://www.mauiymca.org/fitness-programs/>

The YMCA of Honolulu offers Parkinson's Disease Exercise classes at the Leeward Y, Nuuanu Y, and Windward Y. You must be a YMCA member. For more information, go to <https://www.ymcahonolulu.org/programs/health-fitness/specialty-wellness-programs/parkinsons>