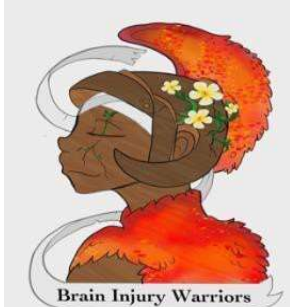


# Brain Injury Association Of Hawaii

Jul 2024 Vol 6

## SAVE THE DATES



Brain Injury Warriors

Brain Injury Association of Hawaii (BIHi)  
Board of Directors

Dorothy Aliilua President

Kent Yamamoto, MD Vice President

Michele Tong Secretary

Billie "BJ" Wade Executive Director

Allana Coffee, Ph.D.

Rose Evelyn Friedheim, Psy.D.

Violet E. Horvath, Ph.D.

Pam Lundquist,

JD Paige Onishi

~~~~~

1221 Kapiolani Blvd, PH50 Honolulu,  
Hawaii. 96814

[braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

<https://biausa.org/findbia/hawaii>

808-633-8144 via voicemail

808-221-8330 via text/voice

There are a few upcoming significant dates to remember. The first is the upcoming primary election. The second is the general election and the third is the Brain Injury Association of Hawaii's Third Annual Fundraiser on **October 19, 2024**. All three events are of significant importance to Hawaii's brain injury survivors, their family, friends and supporters.

Brain injury survivors are part of a growing community labeled "neurodivergent," defined as those whose mental or neurological functions differ from what is considered typical or normal. Politics touches every part of our lives. It is even more important for neurodivergent and disabled people. Voting means having a say on how you believe the government should be tackling systems such as healthcare, education and social services. Those in neurodivergent communities deserve appropriate laws concerning social services that are not hostile but that meet their needs. Hawaii provides accessible election services for those who need it. Call (808) 453-8683 if you need help casting your ballot. See the flyer on the following pages in this newsletter.

Ballots for the primary election are due no later than 7pm on **August 10, 2024**.

Ballots for the general election are due no later than 7pm on **November 5, 2024**.

Please DO NOT FORGET TO VOTE,

-- Billie "BJ" Wade



# JOHN A. BURNS SCHOOL *of* MEDICINE

## RESOURCE INFORMATION

The John A Burns School of Medicine, Pacific Disabilities Center has an impressive and extensive online list of resources concerning persons in Hawaii with disabilities and special needs. For information regarding the local and national resources, GO TO:

<https://pdc.jabsom.hawaii.edu/resources.html>

Resource information includes meetings for:

- Brain Tumor support Groups
- Mental Health Support Groups
- Spinal Cord Injury Support Groups
- Stroke Support Groups

Hawaii Disability Resource Manuals (county-by-county) last updated 2020:

- City & County of Honolulu (Oahu) Resource Manual
- Country of Hawaii Resource Manual
- County of Kauai Resource Manual
- County of Maui (Lanai, Maui, Molokai) Resource Manual

There are also resources for:

- State of Hawaii Department of Human Services
- State of Hawaii Department of Health
- State of Hawaii Disability & Communication Access Board
- State of Hawaii Special Parent Information Network
- Social Security Disability Benefits

There are also videos on brain injuries and strokes on the following YouTube Channel

- <https://www.youtube.com/@PacificDisabilitiesCenter>

For a list of free Pacific Disabilities presentations to interested groups via Zoom or possible in person - contact Violet Horvath, Ph.D., Director of John A. Burns School of Medicine at University of Hawaii - at [vhorvath@hawaii.edu](mailto:vhorvath@hawaii.edu)

# DO NOT FORGET TO VOTE

## Cast your vote accessibly.

Learn about Hawaii's accessible election services and find the voting method that suits your needs.

Consider which voting method meets your accessibility needs.



### Vote at home with a paper ballot.

**Automatic mail delivery.** Your ballot packet arrives directly to your mailing address.

**You're allowed to have help.** If reviewing, marking, and returning your ballot poses a challenge, you can ask for help. You're permitted to ask someone you feel comfortable with to help read through your ballot, mark your choices, and be your witness if you cannot sign the return envelope independently. Your employer or your union agent are prohibited from helping.

**Prepaid return envelope provided.** Return your ballot by mail in the provided return

**1. Register.** By registering to vote, you'll automatically receive a mail ballot every election. No separate request is needed.

**2. Receive.** Receive your ballot to your mailing address at least 18 days before Election Day.

**3. Vote.** Vote and return your ballot by mail. Return envelopes are preaddressed and postage is included. Alternatively, you can drop your voted ballot at a ballot drop box in your county or have someone drop it off for you. Find a ballot drop box in your area at [elections.hawaii.gov](https://elections.hawaii.gov) or by calling (808) 453-VOTE (8683).

# SAVE THE DATE FOR OCTOBER 19, 2024 THIRD ANNUAL BRAIN INJURY ASSOCIATION OF HAWAII FUNDRAISER

**THE BRAIN INJURY ASSOCIATION OF HAWAII  
IS EXCITED TO INVITE YOU A LOVELY  
AFTERNOON of AUCTION, WINE PULL, HULA, LUNCHEON BY CHEF ERIC**

**Saturday, October 19, 11-2pm**

\$150 per person (mostly tax deductible) Come join us!  
If you are interested in attending and or donating (wine, gift  
certificates, services or cash, email Allana at  
[drcoffee@hpcollective.com](mailto:drcoffee@hpcollective.com)

## **DISTINGUISHED SPEAKERS**



Saturday, October 19, 2024  
11am-2pm  
The Pacific Club

**Sienna Byrne. Originally from the Big Island of Hawaii, Sienna graduated from Princeton University and was a Division 1 athlete on the Princeton Women's Lightweight Crew team before sustaining a brain injury when she was hit by a motorboat in March of 2023. After spending two and a half months at a neurology recovery center and undergoing countless other therapies, Sienna is passionate about using her experiences to be of service to other brain injury survivors. She recently placed 3rd runner-up at Miss Hawaii USA. In her pageant journey, Sienna brought more public awareness to traumatic brain injuries.**

The Brain Injury Association of Hawaii (BIHI) promotes quality of life of individuals with brain injury and their families through education, support groups, advocacy, prevention and resources.

# BRAIN INJURY ASSOCIATION OF HAWAII

2024 ANNUAL FUNDRAISER

October 19, 2024 - 11:00 am to 2:00 pm

The Pacific Club - 1451 Queen Emma Street, Honolulu, Hawaii 96813

## TABLES:

### Platinum SPONSORSHIP & TABLE FOR 8 GUESTS

- \$10,000 or more: Name / logo prominently displayed on all event materials and website. Recognition in our printed program, monthly newsletter, and at the Fundraiser event.

### Gold SPONSORSHIP & TABLE FOR 8 GUESTS

- \$5,000 or more: Name / logo prominently displayed on all event materials and website. Recognition in our printed program, monthly newsletter, and at the Fundraiser event.

### Sterling SPONSORSHIP & TABLE FOR 8 GUESTS

- \$3,500 or more: Name / logo prominently displayed on all event materials and website. Recognition in our printed program, monthly newsletter, and at the Fundraiser event.

### PREMIER TABLE

- \$1,500 for a table for 8 people: Wine, name / logo displayed on table.

### INDIVIDUAL SEATING

- \$150 Per individual seat

### DONATIONS: CASH, GIFT CERTIFICATES, AND / OR SERVICES DONATIONS (all tax deductible)

Description of Donation(s) \_\_\_\_\_

Total Value Amount \$ \_\_\_\_\_

Your Name/Company or Organization \_\_\_\_\_

Address \_\_\_\_\_

Business Phone \_\_\_\_\_ Cell or Home Phone \_\_\_\_\_

Email: \_\_\_\_\_

( ) Check for \$ \_\_\_\_\_ enclosed payable to Brain Association of Hawaii

( ) Please Charge \$ \_\_\_\_\_ to the following credit card:

Cardholder Name: \_\_\_\_\_ Card Number: \_\_\_\_\_

Expiration Date \_\_\_\_\_ Zip Code \_\_\_\_\_

CVV Code \_\_\_\_\_

Please make checks payable to Brain Injury Association of Hawaii  
Mail to: 1221 Kapiolani Boulevard - Penthouse 50 - Honolulu, Hawaii. 96814  
Contact: Billie "BJ" Wade at 808-221-8330 by text or voicemail  
Tax ID Number (EIN) 94-3275710

**MAHALO FOR YOUR GENEROSITY**

Website: [biausa.org/findbia/hawaii](http://biausa.org/findbia/hawaii) - Facebook: [braininjuryassociationofhawaii](https://www.facebook.com/braininjuryassociationofhawaii)



## BRAIN INJURY SUPPORT GROUP MEETINGS

Listing Provided by the July 2024 Neurotrauma Newsletter  
Violet E Horvath, Ph.D., Director of Pacific Disabilities  
Center

John A. Burns School of Medicine - University of Hawaii at  
Manoa For More Information visit  
<https://pdc.jabsom.hawaii.edu/>

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: June 29, July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- \_Post-Concussion Patients: 1st Tuesday of the month
- \_Post-Concussion Caregivers: 2nd Tuesday of the month
- \_Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- \_Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- \_Concussed Moms – 1st Thursday of the month
- \_CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit <https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at [www.zoom.com](http://www.zoom.com). In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at [kklemme@hawaii.rr.com](mailto:kklemme@hawaii.rr.com)

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: Think Big! Support Group

Format: Hybrid - In-person on Kauai and virtual

Dates: Third Monday of each month

Times: 10:00 - 12:00pm

Location: Kauai District Health Office Conf Room, 3040 mi Street, Lihue, HI. 96766

Zoom Information: TBA

For more information: Steph Edwards at [kauaibig@gmail.com](mailto:kauaibig@gmail.com)



# STROKE SUPPORT GROUP HOLDING IN PERSON AND VIRTUAL MEETINGS IN ALTERNATING MONTHS



THE QUEEN'S  
HEALTH SYSTEM

## STROKE SURVIVOR

Free stroke support group throughout Hawai'i.



**Learn how to thrive after surviving a stroke. Meetings include:**

- Open dialogue with other survivors and trained professionals
- Monthly topics to assist with your recovery
- Guest speaker(s)

**Meetings are held on the second Wednesday of the month from 10-11:30 am:**

Virtual Schedule

January 10

March 13

May 8

July 10

September 11

November 13

In-Person Schedule

February 14

April 10

June 12

August 14

October 9

December 11

**To join us at our monthly support group, please register (required):**

Online

[www.queens.org/events](http://www.queens.org/events)

By Phone

808-691-7117 (referral line)

An email invitation will be sent to you a few days prior to the meeting.

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This service is provided by The Queen's Medical Center Neuroscience Institute. If you have questions, contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

## ***ISEE YOU ~ I HEAR YOU PROGRAM***

### **THE HONOLULU PSYCHOLOGY COLLECTIVE CONTINUES TO OFFER TALK STORY SESSIONS FOR BRAIN INJURY SUPPORT GROUP MEMBERS. THE SESSIONS ARE OFFERED AT NO COST TO MEMBERS**

The Honolulu Psychology Collective is a private group therapy practice founded by Brain Injury Association of Hawaii Board member Allana Coffee, Ph.D. and her husband Jerry Coffee, LCSW. Both Allana and Jerry have been in practice for a total of 40 years. They have combined their experience, knowledge and love of the community to establish and support the Honolulu Psychology Collective (HPC).

HPC is comprised of clinical psychologists, clinical social workers and licensed marriage and family counselors who have a high level of experience, knowledge and compassion.

Honolulu Psychology Collective offers evidence based therapy with warmth and care.



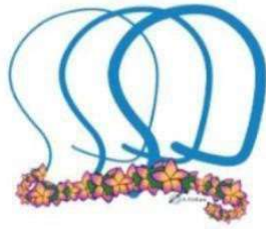
Allana Coffee, Ph.D. and Jerry Coffee, LCSW  
*HPC Founders*

**Brain Injury Awareness includes recognizing the need to address the mental health of brain injury survivors, their family and caretakers**

**If you are a member of the Brain Injury Association of Hawaii and a brain injury survivor or a family member or caretaker of a survivor -- go to**

**<https://honolulupsychologycollective.com/inquiry-form>**

**insert BIOSG or BIHi (in the insurance box) someone will contact you**



Brain Injury  
Association  

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Of Hawaii

MAHALO TO THE 2023 DONORS OF  
THE BRAIN INJURY ASSOCIATION OF HAWAII  
WHOSE GENEROSITY MEANS EVERYTHING TO THE  
COMMUNITY WE SERVE

The Bennett Family

Bickerton Law Group, LLP

Allana Coffee, Ph.D.

EMME , Inc.

Honolulu Psychology Collective

Hui Malama Advisors, LLC

KapaMag

Kent Yamamoto, MD

Leavitt, Yamane & Soldner

Leeward Pilot Group

Little Caesars Pizza (John Brown)

Peggy Murphy, Psy.D.

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