

October 2025 Neurotrauma Newsletter Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

Pacific Disabilities Center website: https://pdc.jabsom.hawaii.edu/
Pacific Disabilities Center YouTube Channel:

https://www.youtube.com/@PacificDisabilitiesCenter

To subscribe or make corrections, additions, etc., send an email to Violet E. Horvath, Ph.D., Director: vhorvath@hawaii.edu
The names or contact information of subscribers is never shared.

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To save space in the newsletter, Hawaii-Focused Agency Resource Manuals and National and International Additional Neurotrauma Resources can now only be found on our website (https://pdc.jabsom.hawaii.edu/resources.html). You can also send an email request for the information to https://pdc.jabsom.hawaii.edu/

The lists of Support Group meetings have also been updated on our website (https://pdc.jabsom.hawaii.edu/resources.html). They are, however, also still available in this newsletter.

1. Announcements

Multiple national level organizations, persons with lived experience, and advocates have worked together to create a six-page document titled, "Communicating About Brain Injury." Learn more about the document and find a link to access it at https://biausa.org/public-affairs/public-awareness/news/brain-injury-organizations-release-joint-statement-on-improving-communication-about-brain-injury?utm medium=email&utm source=ctct.

The Kona Brain Injury Support group meets on October 8, 2025, at 4:00 pm HST. Their guest speaker is Leilani Soliven, Licensed Insurance Agent (Premier Benefit Consultant), who will discuss "Medicare Changes Coming in 2026." Learn how to join the meeting either in-person in Kona, HI, or online by going to page 29.

The Institute on Violence, Abuse and Trauma (IVAT) is looking for volunteers for the $23^{\rm rd}$ Hawaii International Summit which will take place March 1-4, 2026, at Hilton Hawaiian Village. Volunteers must commit to at least one 5-hour volunteer shift, and you may not get to go to the sessions you want. However, for every 5 hours volunteered, one day of registration is waived less any additional purchases such as continuing education credits and receiving a printed program. I've been on the planning committee for this conference for several years. I chair the Accessibility Subcommittee, and co-chair the track on Trauma in Vulnerable Populations, which includes persons with disabilities, kupuna, LGBTQ+, and

immigrants, among others. The application is attached to the email message for this newsletter.

Finally, we're helping out a couple of friends here who are recruiting for their studies, which are not related to neurotrauma injuries. Please share this information with those who may be interested. Mahalo.

The first project is from Siobhan Coad, Ph.D. candidate, who seeks practicing healthcare providers in Hawaii who routinely offer cervical cancer screenings to their patients.

Aloha!

My name is Siobhan Coad and I am a PhD candidate at UH Mānoa conducting a study exploring healthcare providers' experiences of cervical cancer screening for patients with mobility disabilities in clinical settings across Hawai'i.

I am seeking practicing healthcare providers across the Hawaiian Islands who routinely offer cervical cancer screenings to their patients.

Participation would involve a one-time, 30-45-minute interview conducted via Zoom. Whether or not you've had direct experience screening patients who have mobility disabilities, your insights into current practices, challenges and facilitators are valuable to this research and our community.

I've attached a flyer with more details. (Note from Violet: The flyer is attached to the email.) If you are interested in participating, would like to learn more, or have any questions **please fill out this short survey** (go.hawaii.edu/8qH) or respond to this email.

Please feel free to share with any colleagues or networks you think would be interested in participating. Thank you and I look forward to hearing from you!

Siobhan Coad, MSW, PhD Candidate, sgcoad@hawaii.edu

Thompson School of Social Work & Public Health University of Hawai'i at Mānoa

The second project is being conducted by the United Cerebral Palsy Association of Hawaii.

The study is open to anyone with any form of cerebral palsy who is 20-years of age or older. Caregivers are welcome to respond. Participants will receive a folder of images that I personally created over my 25 years in Hawai'i. Much more importantly, the information will be gathered, analyzed and sent to all of you, our legislature, and because this is a national survey, all state Department of Health agencies. PLEASE share this with all of your staff and consumers. Also, PLEASE ask your national office to send this out to all affiliates if you are connected to a national organization. Our goal is to help as many people as we can, in Hawai'i, the mainland and/or abroad. Data collection is open from now through August 1, 2026, but we will be compiling the data as we go and will keep you up to date as appropriate.

Quick links:

UCP blog on our study: https://ucp.org/the-impact-of-aging-with-cerebral-palsy/

More information on our aging with cerebral palsy

study: https://ucpahawaii.org/aging/

Link to the first of three

surveys: https://docs.google.com/forms/d/1JVJNM5Sl4qdyXulKdvlEzgf1afw
2DGlb8A0Q268gUbo/edit?usp=sharing eip se dm&ts=685377ef

Surveys 2 and 3 will follow as we receive each survey (we don't want to send too much at one time!)

Ongoing Research: Help Us Make a Difference

There is clearly a humanitarian need to continue to research the effects of, and potential interventions, for those who are aging with cerebral palsy. The authors of this article have launched a study about aging with cerebral palsy. If you or someone you care for has cerebral palsy, we encourage you to take the first of three surveys on this very important topic.

Please read the rest of the blog/launch here: https://ucp.org/the-impact-of-aging-with-cerebral-palsy/

2. Online and In-Person Events

October 2025

Title: ED/MED TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Angela Rother, SLP

Sponsored by: Oregon TBI Educational Team

Date: October 1, 2025

Time: 7:00 am PT (4:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Title: The Executive Function Series: Organization

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: October 11, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6533/register? vbtrk=MzIyMDMxOjEwMDc4NzY4NDpuZXdzbGV0dGV

y& uax=MzlyMDMxOjEwMDc4NzY4NA

Additional information: Additional sessions in the series on different brain executive function topics take place on October 25, November 8, November 22, and December 13.

Title: Stroke and Brain Injury 101: An Introductory Presentation on the Early

Characteristics of a Stroke or Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Gina England, MA, CCC-SLP

Sponsored by: Brain Injury Association of New Hampshire

Date: October 8, 2025

Time: 3:00 pm - 5:00 pm EST (9:00 am - 11:00 am HST) Registration: $\frac{\text{https://p2p.onecause.com/bm2025/home}}{\text{https://p2p.onecause.com/bm2025/home}}$

Additional information: for direct support provides, home providers, service

coordinators, house managers and case managers.

Title: Accumulating Physical and Psychological Exposures in TBI – Research and

Clinical Implications

Format: Hybrid; online and in-person in Ann Arbor, MI

Cost: Free

Speaker(s): Lisa A. Brenner, Ph.D.

Sponsored by: University of Michigan Concussion Center

Date: October 9, 2025

Time: 4:00 pm – 5:00 pm ET (10:00 am – 11:00 am HST)

Location: University of Michigan School of Kinesiology, SKB Room 1030

Registration:

https://umich.zoom.us/webinar/register/WN_uKgkaNklTFi85aspfJ1jFQ#/registrati

<u>on</u>

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini

Conference

Format: In-person on Kauai, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: October 11, 2025

Time: 9:00 am – 2:00 pm HST Location: Kauai Veterans Center

Title: Wounded Warrior Day at the Beach

Format: In-person in Kalaeloa, HI

Cost: Free

Sponsored by: AccesSurf Hawaii

Date: October 15, 2026

Time: 8:15 am – 11:00 am HST Location: White Plains Beach

Registration: https://volunteer.bloomerang.co/volunteer/#/join-

party?k=c2eebifjyx6b55

Additional information: Volunteers are also needed. Registration is mandatory for all swimmers and volunteers. Participant registration closes October 12, 2025, at noon.

Title: Your Rights as a Person with a Disability Under the ADA in Employment: A

Deeper Dive Format: Virtual

Cost: Free

Speaker(s): Jan Garrett and Pat Schwartz, Pacific ADA Center

Sponsored by: Pacific ADA Center

Date: October 15, 2025

Time: 12:00 pm PDT (9:00 am HST)

Registration: TBA

Additional Information: Registration information was not available at the time this was added. Visit the Pacific ADA Center website at https://www.adapacific.org/ for more information. Scroll down on the main page to see upcoming events.

Title: Acute Concussion Care Pathway: MACE 2 and PRA Training

Format: Virtual with dial-in option

Cost: Free

Speaker(s): TBA

Sponsored by: Traumatic Brain Injury Center of Excellence

Date: October 16, 2025

Time: 1:00 pm ET - 3:00 pm ET (7:00 am - 9:00 am HST)

Registration: Not required

Additional Information: To attend the session, go to: https://health.mil/Military-

Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-

<u>Excellence/TBICoE-Training-and-Dissemination/Acute-Concussion-Care-Pathway-MACE-2-and-PRA-Training</u> and click the "Attend the Training" button. The dial-in option and access code are listed right below the button.

Title: Generations Magazine Senior Fair Pearlridge Shopping Center

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Generations Magazine

Date: October 17, 2025

Time: 10:00 am - 2:00 pm HST

Location: Pearlridge Shopping Center's Wai Makai

Registration: Not required; open to everyone

Title: 2025 Fall Footsteps to Transition Fair

Format: In-person in Waimea, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: North Hawaii Special Education Department

Date: October 18, 2025

Time: 9:00 pm – 1:00 pm HST. In-person registration begins at 8:45 am

Location: Mana Christian 'Ohana

Additional information: You can pre-register using the QR code on the flyer, but walk-ins are also welcomed. Free lunch while supplies last. For more information, contact Michele Ota, North Hawaii SPED Department at michele.ota@k12.hi.us. See also the flyer sent out with this newsletter.

Title: Molokai Health Fair

Format: In-person in Kaunakakai, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Molokai Community Health Center

Date: October 18, 2025

Time: 1:00 pm – 5:00 pm HST

Location: Molokai Community Health Center, 30 Oki Place, Kaunakakai, HI 96748 Additional information: Note that there is a concurrent conference going on at the same time, same location. See below.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini Conference

Format: In-person in Kaunakakai, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: October 18, 2025

Time: 1:00 pm - 5:00 pm HST

Location: Molokai Community Health Center, 30 Oki Place, Kaunakakai, HI 96748

Title: 2025 Maui Legislative Forum Format: In-person in Kahului, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Hawaii State Council on Developmental Disabilities, the Self

Advocacy Advisory Council, and the Kelea Foundation

Date: October 21, 2025

Time: 10:00 am - 2:00 pm HST

Location: Pilina Event Center, University of Hawaii Maui College, 310 W.

Kaahumanu Avenue, Kahului, HI 96732

Registration: https://feedbackhiddcouncil.surveysparrow.com/s/2025-maui-

legislative-forum-registration/tt-JTEUM

Additional information: You can register as an attendee, volunteer, resource

table, or presenter. See the flyer sent out with this newsletter.

Title: Caring for the Caregivers: Making it E.A.S.I.E.R.

Format: Virtual

Cost: \$50

Speaker(s): Mark Bayley, MD, FRCPC, and Judy Gargaro, M.Ed.

Sponsored by: Brain Injury Association of America

Date: October 23, 2025

Time: 12:00 pm - 1:00 pm ET (6:00 am - 7:00 am HST)

Registration: https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-

d41e26c8fcd6

Title: Akamai Living Fair

Format: In-person in Hilo, HI

Cost: Free

Speaker(s): Various Sponsored by: HMSA Date: October 23, 2025

Time: 9:30 am – 12:30 pm HST

Location: Edith Kanakaole Tennis Stadium, 350 Kalanikoa Street, Hilo, HI 96720

Registration: Not required

Additional Information: Flu shots, health information and other resources, door prizes, and more! Call the Kamana Senior Center at 808-961-8710 for more

information.

Title: Brain Injury and Domestic Violence Intersections, Impact and Support

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging

and Long-Term Support Administration, Traumatic Brain Injury Strategic

Partnership Advisory Council of Washington State

Date: October 24, 2026

Time: 9:00 am - 12:00 pm PT (6:00 am - 9:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN 09730YgBS8K8p6Bv9DPzpw#/r

egistration

Title: The Executive Function Series: SHED

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: October 25, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6533/register? vbtrk=MzIyMDMxOjEwMDc4NzY4NDpuZXdzbGV0dGV

y& uax=MzIyMDMxOjEwMDc4NzY4NA

Additional information: Additional sessions in the series on different brain executive function topics take place on November 8, November 22, and December 13.

Title: AccesSurf Adaptive Swim Clinic Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: AccesSurf Hawaii

Date: October 25, 2026

Time: 9:00 am - 1:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini St. Honolulu, HI 96817

Registration: https://www.accessurf.org/swim/

Additional information: Volunteers are also needed. Registration is mandatory for all swimmers and volunteers. Participant registration closes October 22, 2025, at noon.

Title: Adaptive Cycling

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: REHAB Hospital of the Pacific

Date: October 26, 2026

Time: 9:00 am - 11:00 am HST for participants, 8:00 am - 12:00 pm for volunteers

Location: Kapiolani Regional Park, 3840 Paki Avenue, Honolulu, HI 96815 Participant registration: https://www.eventbrite.com/e/honolulu-adaptive-

cycling-participant-tickets-1740823813889?aff=ebdsoporgprofile

Volunteer registration: https://www.eventbrite.com/e/honolulu-adaptive-cycling-

event-volunteer-tickets-1740824004459?aff=ebdsoporgprofile

Title: State of the States (SOS) Conference

Format: In-person in Portland, ME

Cost: Early-bird rates (available until 7-1-25) are \$850 for NASHIA members and

\$975 for non-members. Single-day rates are also available.

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: October 27 – 30, 2025

Time: TBA

Location: Marriott Westin Portland Harborview, 157 High Street, Portland, ME

04101

Registration and additional information:

https://www.nashia.org/calendar#!event/2025/10/27/nashia-apos-s-2025-state-

<u>of-the-states-in-brain-injury-conference-portland-maine</u>
Additional information: https://www.nashia.org/sos2025

November 2025

Title: Hawaii Parkinson Walk

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Hawaii Parkinson Association

Date: November 1, 2025

Time: 8:30 am opening remarks, 9:00 am the walk starts

Location: Magic Island, Ala Moana Beach Park Registration: https://go.rallyup.com/2025walk

Additional information: You can sign up or donate at the link above.

Title: Annual Lanai Kinaole Community Health Fair

Format: In-person on Lanai, HI

Cost: Free

Sponsored by: Lanai Kinaole, HSRHA, Maui United Way

Date: November 1, 2025

Time: 10:00 am – 2:00 pm HST Location: Dole Park, Lanai City

Additional information: Visit https://www.lanaikinaole.org/post/annual-

<u>l%C4%81na%CA%BBi-kin%C4%81%CA%BBole-health-fair</u> for more information.

Note there is a concurrent conference going on at the same day and time on

Lanai. See the entry below.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini

Conference

Format: In-person on Lanai, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 1, 2025

Time: 10:00 am – 2:00 pm HST Location: Dole Park, Lanai City

Title: 2025 New York City Babies and Toddlers Trauma Investigations Conference

Format: In-person in New York, NY Cost: Ranges from \$100 - \$300

Speaker(s): Multiple

Sponsored by: NYU Langone Health Continuing Medical Education

Date: November 5 (preconference) - 7, 2025

Time: Starts at 12:30 pm on November 5 and ends at 1:00 pm on November 7,

2025

Location: Office of Chief Medical Examiner Hirsch Auditorium, 421 East 26th

Street, Manhattan, NY 10016

Registration:

https://www.highmarksce.com/nyumc/Planners/viewActivity?style=2&preview=true&plannerID=3546

Additional information: The half-day preconference focuses on a new technical report on Abusive Head Trauma by the American Academy of Pediatrics.

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker. November's

speaker is Megan Kunze, Ph.D. Sponsored by: Brain Matters

Date: November 5, 2025

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Additional information: Additional sessions on December 3, 2025; January 7,

2026; and February 4, 2026.

Title: Stroke and Brain Injury 101: An Introductory Presentation on the Early

Characteristics of a Stroke or Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Gina England, MA, CCC-SLP

Sponsored by: Brain Injury Association of New Hampshire

Date: November 5, 2025

Time: 8:30 am - 10:30 am EST (3:30 am - 5:30 am HST) Registration: https://p2p.onecause.com/bm2025/home

Additional information: for direct support provides, home providers, service

coordinators, house managers and case managers.

Title: Tips for Caregivers: How to Support Common Post-TBI Symptoms

Format: Virtual

Cost: \$50

Speaker(s): David Rothman, Ph.D., ABPP

Sponsored by: Brain Injury Association of America

Date: November 6, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration: https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-

d41e26c8fcd6

Title: The Executive Function Series: Relevant & Irrelevant/Setting Priorities

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: November 8, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6533/register? vbtrk=MzlyMDMxOjEwMDc4NzY4NDpuZXdzbGV0dGV

y& uax=MzlyMDMxOjEwMDc4NzY4NA

Additional information: Additional sessions in the series on different brain executive function topics take place on November 22 and December 13.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini

Conference

Format: In-person in Kahului, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 8, 2025

Time: 10:00 am – 2:00 pm HST

Location: Maui Arts & Cultural Center

Title: TBI Among Women and Girls

Format: Virtual

Cost: \$50

Speaker(s): Lisa A. Brenner, Ph.D., Katherine Price Snedeker, LCSW

Sponsored by: Brain Injury Association of America

Date: November 10, 2025

Time: 3:00 pm – 4:00 pm ET (10:00 am – 11:00 am HST)

Registration: https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-

d41e26c8fcd6

Title: Improving Outcomes for Adults Following TBI

Format: Virtual

Cost: \$50

Speaker(s): Stephen Wheeler, Ph.D. OTR/L, CBIS, FAOTA

Sponsored by: Brain Injury Association of America

Date: November 13, 2025

Time: 3:00 pm - 4:00 pm ET (10:00 am - 11:00 am HST)

Registration: https://learn.biausa.org/#/catalog/e9c406c7-7fc5-4232-9581-

d41e26c8fcd6

Title: Virtual Stroke Symposium

Format: Virtual

Cost: Professionals - \$75; survivors and family members - free

Speaker(s): Many different speakers

Sponsored by: Brain Injury Association of America

Date: November 20, 2025 Time: 12:00 pm – 4:00 pm ET Registration for professionals:

https://learn.biausa.org/?utm_source=email&utm_medium=constant_contact&u tm_campaign=Stroke_Symposium_News_Resources#/online-courses/bcafb2d0-6a62-443f-9ada-2514211a6e97

Registration for survivors and family members (you have to scroll down a bit to find the registration for this webinar): https://biausa.org/brain-injury/community/register-for-an-upcoming-biaa-webinar?utm medium=email&utm source=ctct

Title: Enhancing School Psychologists' Capacity to Identify and Support Students with Traumatic Brain Injury (TBI) from Early Childhood to School Age

Format: Virtual

Cost: Free

Speaker(s): Candice Campo, EdS, NCSP and Cuong Hoang, EdS

Sponsored by: Oregon TBI Educational Team

Date: November 21, 2025

Time: 8:00 am - 9:00 am PT (6:00 am - 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN_Jlmt7lwqTGuPGqF9QuVryA#/registration

Title: The Executive Function Series: Make a Note of It!/Mind-Mapping

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: November 22, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

<u>webinars/6533/register?</u> <u>vbtrk=MzlyMDMxOjEwMDc4NzY4NDpuZXdzbGV0dGV</u> y& uax=MzlyMDMxOjEwMDc4NzY4NA

Additional information: An additional session in the series on different brain executive function topics takes place on December 13.

Title: Mayor's 49th Annual Craft and Country Fair

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Generations Magazine

Date: November 22, 2025 Time: 9:00 am – 1:00 pm HST

Location: Neil Blasidell Center Exhibition Hall

Additional information: Note that there is a concurrent conference going on at

the same time. See the entry below.

Title: Access Unlocked: Technology for All Learners – 18th Annual Traveling Mini

Conference

Format: In-person in Honolulu, HI

Cost: Free

Speaker(s): Multiple speakers

Sponsored by: Leadership in Achievement and Disabilities of Hawaii (LDAH)

Date: November 22, 2025

Time: 10:00 am – 2:00 pm HST

Location: Neal S. Blaisdell Center, Pikake Room

Title: Kula School Harvest Festival

Format: In-person in Kula, HI

Cost: Free

Sponsored by: Kula School Date: November 22, 2025 Time: 9:00 am – 3:00 pm HST

Location: TBA Registration: TBA

Additional information: There will be live entertainment, a silent auction, country store, restaurant row, craft vendors, keiki fun zone, petting farm, and pony rides. See the flyer set out with this newsletter. For more information, email

kulaharvestfest@gmail.com.

December 2025

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters Date: December 3, 2025

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Additional information: Additional sessions on January 7, 2026 and February 4,

2026.

Title: Justice Involved Youth and Traumatic Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Catherine Wiseman-Hakes, Ph.D., and Joseph Wszalek, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: December 12, 2025

Time: 8:00 am - 9:00 am PT (6:00 am - 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN mZcf8FI T9GdBw1wuLRutg#/re

gistration

Title: The Executive Function Series: Stress Management/Goal Mapping

Format: Virtual

Cost: Free

Speaker(s): Hosted by Michelle Ranae Wild

Sponsored by: Brain Education Strategies Technology (BEST)

Date: December 13, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6533/register? vbtrk=MzIyMDMxOjEwMDc4NzY4NDpuZXdzbGV0dGV

y& uax=MzIyMDMxOjEwMDc4NzY4NA

Title: Disorders of Consciousness

Format: Virtual Cost: Unknown

Speaker(s): Kristen Keech, Queen's Medical Center / Conscious Care Consulting

and Katie Golden, Brigham & Womens / Spaulding

Sponsored by: American Occupational Therapy Association (AOTA)

Date: December 15, 2025

Time: 8:00 pm - 9:00 pm EST (3:00 pm - 4:00 pm HST)

Registration: See below

Additional information: You must be a member to attend. Visit

https://www.aota.org/ for more information on membership, educational events,

etc.

January 2026

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: January 7, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Additional information: Additional session on February 4, 2026.

Title: When Trauma Meets Injury: Navigating the Overlap of Post-Traumatic Stress

Disorder (PTSD) and Brain Injury

Format: Virtual

Cost: Free

Speaker(s): Dr. Carrie Esopenko and Dr. David F. Tate Sponsored by: Brain Injury Association of America

Date: January 21, 2026

Time: 12:00 pm - 1:30 pm ET (7:00 am - 8:30 am HST)

Registration: https://www.nashia.org/trainings/ptsd-and-brain-injury

Title: Partnering with Families in Early Childhood Intervention

Format: Virtual

Cost: Free

Speaker(s): Megan Kunze, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: January 23, 2026

Time: 8:00 am - 9:00 am PT (6:00 am - 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN 1oMEQgYVTNG6B7odEvx5nA#/r

egistration

February 2026

Title: 2026 Neuro Rehab Leadership Summit Format: In-person in Fort Lauderdale Beach, FL

Cost: Early-bird rates of \$595 per person and \$550 per person for a group of 3

more from the same organization end on December 1, 2025

Speaker(s): Multiple

Sponsored by: Brain Injury Association of America (BIAA)

Date: February 4 – 6, 2026

Time: Varies

Location: Sonesta Resort in Fort Lauderdale Beach, FL

Registration: https://shop.biausa.org/products/biaaneurorehableadershipsummit

Additional information: Registration is open.

Title: Ed/Med TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Different TBI-related topic each month, different speaker

Sponsored by: Brain Matters

Date: February 4, 2026

Time: 7:00 am PT, 10:00 am ET (5:00 am HST)

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Title: Concussions and Adolescents in Texas

Format: Virtual

Cost: Free

Speaker(s): Nyaz Didehbani, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: February 20, 2026

Time: 8:00 am - 9:00 am PT (6:00 am - 7:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN KaoEuxhPSSepqmcg2G8lLw#/re

gistration

Title: Justice Involvement and Beyond: Surviving the System, Building Resilience,

and Moving Forward

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging

and Long-Term Support Administration, Traumatic Brain Injury Strategic

Partnership Advisory Council of Washington State

Date: February 27, 2026

Time: 9:00 am – 12:00 pm PT (7:00 am – 10:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN JhD8EghnSWu8-

zUiUzmCOg#/registration

March 2026

Title: Optimal Outcomes in PICU Survivors with Acquired Brain Injury: What's

Neuropsychology Got to Do with It?

Format: Virtual

Cost: Free

Speaker(s): Trevor Hall, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: March 13, 2026

Time: 8:00 am - 9:00 am PT (5:00 am - 6:00 am HST)

Registration:

https://us02web.zoom.us/webinar/register/WN zoFtXwf8QWuiKvCyYkOtUg#/registration

April 2026

Title: Caregiver 2 Caregiver: Supporting Families of Young Children with Brain

Injury / Concussions

Format: Virtual

Cost: Free

Speaker(s): Berenice de la Cruz, Ph.D.

Sponsored by: Oregon TBI Educational Team

Date: April 17, 2026

Time: 8:00 am - 9:00 am PT (5:00 am - 6:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN NIzZ-

3nLQZq1olfUg5w3JQ#/registration

May 2026

Title: 42nd Annual Brain Injury & Stroke Conference

Format: In-person in Concord, NH

Cost: There is a cost associated with attending this conference

Speaker(s): Multiple

Sponsored by: Brain Injury Association of New Hampshire

Date: May 13, 2026

Time: TBA

Location: Grappone Conference Center, Concord, NH

Registration: TBA

Title: Complex Caregiving: When Brain Injury Meets Domestic Violence and Justice

System Involvement

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Washington State Department of Social and Health Services, Aging

and Long-Term Support Administration, Traumatic Brain Injury Strategic

Partnership Advisory Council of Washington State

Date: May 15, 2026

Time: 9:00 am - 12:00 pm PT (6:00 am - 9:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN JhD8EghnSWu8-

zUiUzmCOg#/registration

August 2026

Title: State of the States (SOS) Conference

Format: In-person in Little Rock, AK

Cost: TBA

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: August 31 – September 4, 2026

Time: TBA Location: TBA Registration: TBA

Additional information: TBA

3. Organization and Business Meetings

October 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: October 3, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: October 23, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

November 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: November 7, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 4, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: November 20, 2025 Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI

96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

December 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: December 5, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 11, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

January 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: January 15, 2026 Time: 11:00 am – 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI

96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

March 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: March 19, 2026

Time: 11:00 am - 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI

96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

May 2026

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Disability and Communication Access Board

Date: May 21, 2026

Time: 11:00 am - 1:00 pm

To join the meeting in-person: 1010 Richards Street, Room 118, Honolulu, HI

96813

To join virtually: Contact DCAB at 808-586-8121 for the Zoom link

4. Support Group Meetings

Brain Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support

Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm - 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer

Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu Dates: Monthly on Saturdays

Times: 10:00 am - 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers 3rd
 Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients 4th Tuesday of the month
- Concussed Moms 1st Thursday of the month

 CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

https://concussionfoundation.org/peer-support for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the

start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click "Join Meeting" and enter Meeting ID 808 274 6477. The passcode is ae3Ddq. You can also use this link:

https://us06web.zoom.us/j/8082746477?pwd=iYLp3HDrCR2aF2hbLP0iKG5abOFuZ3.1. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: https://www.facebook.com/groups/2671644676391469

Support group title: North Dakota Brain Injury Network Monthly Virtual Support

Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings

Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

https://www.ndbin.org/services/support/monthly

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

https://www.biausa.org/public-affairs/media/virtual-support-groups

Brain Tumor Support Group Meetings

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support

Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer

Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm - 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu Dates: Monthly on Saturdays

Times: 10:00 am - 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: <u>braininjuryofhawaii@gmail.com</u>

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hui Malama Ola Na Oiwi Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at http://hmono.org/services/ and someone will

contact you.

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Pacific Cancer Foundation Support Groups (for patients and

survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST

via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST

via Zoom.

Additional information: To sign up for either group, fill out the referral form:

https://pacificcancerfoundation.org/patient-referral/

Support group title: The Queen's Medical Center Cancer Center has multiple

support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: https://www.queens.org/services/cancer-

care/resources/patient-support/

Support group title: National Brain Tumor Society Brain Tumor Support

Conversations

Dates: Third Sunday of every month

Times: 7:00 pm - 8:00 pm ET / 4:00 pm - 5:00 pm PT

Additional information: Register for the group at https://braintumor.org/support-

services/support-groups/brain-tumor-support-conversations/registration/

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

https://www.abta.org/supportgroups/

Caregivers and Caregiving Support Group Meetings

This a listing of general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in

this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina,

Hana, Kihei, and Wailuku.

Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on

Aging

Dates: Varies by location Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center.

Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI

96813

Additional information: For caregivers of persons age 60 or older who are living at

home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana Dates: Every second Saturday Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI

96797

Additional information: For caregivers of persons age 60 or older who are living at

home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation Dates: 4th Wednesday of each month

Times: 2:00 pm - 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers 3rd
 Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients 4th Tuesday of the month
- Concussed Moms 1st Thursday of the month
- CLF Canada Patient Groups Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

https://concussionfoundation.org/peer-support for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: https://efmp.army.mil/EnterpriseEfmp/. Also check the

EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines

Sponsored by: Marine Corps Community Services

Additional information: https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program

Support group title: "Gimme A Break" Weekly Support Sessions

Format: Virtual

Sponsored by: "Gimme A Break" Dates: Every Tuesday evening

Times: 8:00 pm HST

Additional information: Go to https://gab808.org/support-sessions/ to find the Zoom link to access the support sessions. For more information, visit their website

at https://gab808.org/

Support group title: Kona Family Caregiver Support Group

Format: In-person in Kailua-Kona, HI

Sponsored by: Hawaii Community Caregiver Network

Dates: Second Saturdays of the month

Times: 11:00 am HST

Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI

Additional information: Contact Joann D'Addio, M.Ed., at 773-294-8773 or

ioana8275@gmail.com

Support group title: Micronesian Caregiver Support Group

Format: In-person in Honolulu, HI

Sponsored by: Kokua Kalihi Valley (KKV)
Dates: Last Thursdays of every month

Times: 9:30 am – 12:00 pm HST

Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue,

Honolulu. HI 96819

Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am

- 4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program

Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support

Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings

Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

https://www.ndbin.org/services/support/monthly

Support group title: Support Group Format: In-person in Aiea/Pearl City, HI Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am – 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email gary@thecaregiverfoundation.org. Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at https://www.tbicaregiverssupportgroup.com/ (scroll down to find it). You can also email tbivallejo@gmail.com.

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

https://www.biausa.org/public-affairs/media/virtual-support-groups

Employment-Related Support

Title: Peer-Led Employment Support Group

Format: Virtual

Dates: Second Monday of every month

Time: 4:00 pm PT / 7:00 pm ET (Would be 1:00 pm or 2:00 pm HST depending

upon the time of year)

Additional information: Go to https://app.making-space.com/opportunities/1485 to "apply" to join the group. You'll need to create a Making Space account if you don't already have one.

JUST ADDED: Title: Driven by Ability – Mentoring for Youth with Disabilities

Format: Virtual

Dates: Individual meeting times Time: Individual meeting times

To join:

https://linktr.ee/DrivenbyAbility?fbclid=PAQ0xDSwMWxHBleHRuA2FlbQlxMQABp 1gkhoKEdDtug1LTlm90jKUUj9XZG__eLpVlHIIYviB4H1L_AgR3rNzQeJKD_aem_cJ2F 3-L54JvNbKZ0kc6xiA

Additional information: For ages 13 - 22. For those 13 - 17, the focus is on preparing for high school and life after graduation. For those 18 - 22, the focus is in navigating college, career, and independent living.

Title: United Spinal Association's Pathways to Employment Resource Group

Format: Virtual

Dates: Third Wednesday of each month

Time: 1:00 pm - 2:00 pm ET (7:00 am or 6:00 am HST, depending upon the time

of year) Registration:

https://us02web.zoom.us/meeting/register/tZMvdeiuqz8vHdXGzEKeHih8DIKBMU 0 0l5J#/registration

Additional information: https://unitedspinal.org/events/employment-empowerment-resource-group/

Title: United Self-Help Computer Class

Format: In-person in Honolulu, HI Sponsored by: United Self-Help

Dates: Every Wednesday

Time: 2:00 pm - 3:00 pm HST

Location: Waikiki Health Center, 277 Ohua Avenue, Honolulu, HI 96815, Room

204H

Website: http://unitedselfhelp.org/

Mental Health Support Group Meetings

Support group title: Aloha Independent Living Hawaii Life Choices

Format: In-person; check with organizer for location

Dates: Third Wednesday of every month

Time: 10:00 am – 12:00 pm HST Location: In Hilo; location varies

Additional information: A group of women share common life experiences as they live and navigate their lives. For more information, contact Bea Sextimo at 808-

339-7297.

Support group title: Aloha Independent Living Hawaii Diversity

Format: In-person; check with organizer for location

Dates: Third Friday of every month

Time: Check with organizer Location: Check with organizer

Additional information: A fun group comprised of individuals from the LGBTQ+ community whose goal is to find a way to reach the younger generation where they can meet in a safe family-type environment and enjoy fellowship. Contact Joanne Pagan at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai

Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support

Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm - 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer

Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm - 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Men's Support Group

Format: In-person in Waimea, HI Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at honu.mkp@gmail.com.

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwj2Nh8 TxxYLQS#/registration

Support group title: Men's Support Group

Format: In-person in Waimea, HI

Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and

confirm your participation by emailing Steve at $\underline{honu.mkp@gmail.com}.$

Support group title: Teen Support Group

Format: In-person in Waimea, HI Sponsored by: Tutu's House

Cost: Free

Days: Sundays; check with organizer

Time: 10:30 am HST

Additional information: Contact Tutu's House to learn more: www.tutushouse.org

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwj2Nh8

TxxYLQS#/registration

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

https://us06web.zoom.us/meeting/register/tZYldegurTMoGNWkw3t0xbTwj2Nh8

TxxYLQS#/registration

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday Time: 6:00 pm HST

To join the meeting via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVIrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Support group title: United Self-Help 4th Friday Night

Format: In-person in Honolulu, HI Sponsored by: United Self-Help Dates: Fourth Friday of each month

Time: 6:00 pm - 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu,

HI 96826

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm - 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu,

HI 96826

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday Time: 1:00 pm HST

To join the meeting via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVIrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST To join via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Stroke Support Group Meetings

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support

Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am - 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact

Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer

Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm - 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748

Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining date for 2024 is: December 28

Times: 10:00 am - 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: <u>braininjuryofhawaii@gmail.com</u>

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hilo Stroke Support Group

Format: In-person

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

Location: Hilo Benioff Medical Center, Ground Conference Room D

Additional information: Contact Rebecca Moore at rmoore1@hhsc.org or call 316-

871-2443.

Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Queen's Medical Center Stroke Survivors Support Group: How

to Thrive on our Islands After Stroke

Format: Meetings alternate being in-person or virtual each month

Dates: Second Wednesday of each month

Additional information: Registration is required in order to get the virtual meeting link and the in-person location address. To register online, go to www.queens.org/events. You can also call 808-691-7117, which is the referral line. An email invitation will be sent to you a few days prior to the meeting. For questions about the group (not to register), contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am - 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at Melissa.mullen@rehabhospital.org or by phone at 808-566-3741.

American Stroke Association Stroke Support Group Finder https://www.stroke.org/en/stroke-support-group-finder

Spinal Cord Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact

Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Maui HIKI NO Peer Support

Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Molokai 'Ike Loa Peer

Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk Support group title: Hui Malama Po'o Support Group

Stay tuned for more information.

Support group title: Kauai BIG! (Brain Injury Group) Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

Location: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm - 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at

https://www.facebook.com/MauiWheelers/ and you can email them at MauiWheelers@gmail.com. They ae a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Spinal Cord Injury Online Communities

https://www.sci-info-pages.com/online-communities/

Spinal Cord Injury Support Groups

https://www.spinalcord.com/spinal-cord-injury-support-groups

United Spinal Association Chapter Network https://unitedspinal.org/support/chapter-network/

Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvl8eAgm78sbxKbCYs9bH6l9urcEsnWkDw4ZELk#/registration

Support group title: Kelly Brush Foundation / United Spinal Association Active

Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and

recreational activities. Learn more and register at https://unitedspinal.org/events/active-project-live/

Support group title: United Spinal Association Empowering Parental Caregivers

Support Group Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm - 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZEtc-

ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration

Additional information: For parents and guardians of children, adolescents, or

young adults with SCI or mobility disabilities

Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET Registration:

https://us02web.zoom.us/meeting/register/tZUuduCuqDliGtctu96aqMrmC87SXx

W3FydB#/registration

Support group title: United Spinal Association Rolling through Life: Aging with a

Disability

Format: Virtual

Dates: Fourth Wednesday of each month

Time: 7:00 pm – 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZcofu-

upz8sH93iWkBLFJps ViG5RzL4TY2#/registration

Additional information: https://unitedspinal.org/events/aging-with-a-disability/

Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZ0rd-

mrqjstHNBIhBRobjafYZrsfragrHH7#/registration

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday

Time: 1:00 pm ET

Registration: https://unitedspinal.org/events/united-spinal-social-hour/

Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZArdO-

gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration

Support group title: United Spinal Association's Walking Rollers

Format: Virtual

Dates: Fourth Monday of each month

Time: 7:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZArdO-

gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration

Additional information: For semi-ambulatory, part-time wheelchair users.

5. Articles on Brain Injuries

Finding Support When Your Concussion Symptoms Persist https://biausa.org/public-affairs/media/finding-support-when-your-concussion-symptoms-persist-article

TBI Reauthorization Act Reintroduced in the Senate

https://biausa.org/public-affairs/public-awareness/news/tbi-reauthorization-act-reintroduced-in-the-senate

Better Care, Better Outcomes: New TBI Characterization System Aims to Improve Diagnoses and Treatment

https://biausa.org/public-affairs/media/better-care-better-outcomes

National Institute on Neurological Disorders and Stroke (NINDS) Director's Message on Traumatic Brain Injury: New Framework for Classifying Traumatic Brain Injury (TBI) Could Transforms Patient Care

https://www.ninds.nih.gov/news-events/directors-messages/featured-directors-message

Brain and Spinal Health Hub (recent launch)

https://brainspinalhealth.org/

For individuals, clinicians, and caregivers, with info on TBI and SCI with a special section for service members.

The Importance of Screening Domestic Violence Victims for Brain Injury https://biausa.org/public-affairs/media/the-importance-of-screening-domestic-violence-victims-for-brain-injury?utm medium=email&utm source=ctct

Addressing the Intersection of Brain Injury, Aging, and Behavioral Health (video and slides of a webinar; scroll down in the website to find the links) https://www.nashia.org/trainings/brain-injury-aging-and-behavioral-health

Traumatic Brain Injuries Linked to Faster Aging in Post-9/11 Veterans, New Study Finds

https://biausa.org/public-affairs/public-awareness/news/traumatic-brain-injuries-linked-to-faster-aging-in-post-9-11-veterans-new-study-finds

Disaster Preparedness: Supporting People with Brain Injury (video and slides of a webinar; scroll down in the website to find the links) https://www.nashia.org/trainings/disaster-preparedness

Traumatic Brain Injury Factsheets (from the Model Systems Knowledge Translation Center)

https://msktc.org/tbi/factsheets

The Challenge! (Brain Injury Association of America Magazine) https://biausa.org/public-affairs/media/the-challenge-research-2025

University of Michigan Concussion Center Annual Report FY 2025 https://concussion.umich.edu/wp-content/uploads/2025/09/Annual-Report-2025.pdf

National Association of State Head Injury Administrators 2024 Annual Report https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/68b073dc22d21a24a2d83d7d/1756394460212/DETAC Navigating Reasonable Accommodations for RTW After Brain Injury Final+%281%29.pdf

Navigating Reasonable Accommodations: Preparing for Return-to-Work After Brain Injury

https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/68b073dc2 2d21a24a2d83d7d/1756394460212/DETAC Navigating Reasonable Accommoda tions for RTW After Brain Injury Final+%281%29.pdf New Compound May Help the Brain Heal Itself After Injury https://news.uga.edu/new-compound-may-help-the-brain-heal-itself/#:~:text=CMX%2D2043%20is%20an%20experimental,built%2Din%20defense%20system.%E2%80%9D

Brains Have a Remarkable Ability to Rewire Themselves Following Injury – A Concussion Specialist Explains the Science Behind Rehabilitation and Recovery https://biausa.org/public-affairs/media/brains-have-a-remarkable-ability-to-rewire-themselves-following-injury-%E2%88%92-a-concussion-specialist-explains-the-science-behind-rehabilitation-and-recovery

Understanding Multidimensional Apathy in Traumatic Brain Injury (abstract and highlights only)

https://www.sciencedirect.com/science/article/abs/pii/S0003999325009293

A Gunman Claimed to Have C.T.E. Here is How Doctors Search for It https://www.nytimes.com/interactive/2025/09/09/us/brain-bank-cte-diagnosis.html?unlocked article code=1.kk8.R3yX.uAmznqQNH30E&smid=url-share

Reading this story may require a New York Times subscription.

Repeated Head Injuries Need Greater Safety Focus, Expert Says https://www.thepress.co.nz/nz-news/360806937/repeated-head-injuries-need-greater-safety-focus-expert-says

Repeated Head Trauma Causes Neuron Loss and Inflammation in Young Athletes https://www.nature.com/articles/s41586-025-09534-6

BU Study of Young Athletes Finds Neurodegeneration Might Begin Before CTE https://www.bumc.bu.edu/camed/news-events/articles/2025/bu-study-of-young-athletes-finds-neurodegeneration-might-begin-before-cte/

NFL Players, Fans Are Getting Serious About CTE. At NIH, We Are, Too. Opinion https://www.usatoday.com/story/opinion/2025/09/04/football-nfl-players-diagnosed-cte-treatment/85835175007/

Quest for a Cure for Brain Injuries Gains NZD \$1.2m Grant

https://www.auckland.ac.nz/en/news/2025/09/01/quest-for-a-cure-for-brain-injuries-gains-1m-grant.html

It's a Brain Injury Not a Head Knock (podcast)

https://open.spotify.com/episode/4vZxbeR481sQ39QB3bHNmK?si=oU_ru4rHSDO_lPQfmvp4DWg&nd=1&dlsi=559fe6f1f2154bc8_

How I Learned to Stop Grieving for My Former Self https://lnkd.in/gRZJF2X2

6. Articles on Brain Tumors

How Likely am I to Survive a Brain Tumor?

https://tischbraintumorcenter.duke.edu/blog/how-likely-am-i-survive-brain-tumor#:~:text=Overall%20Survival%20Rates:%20For%20all,survival%20rate%20of%20approximately%2085%25. (Note: the period is part of the URL.)

Glioblastoma Found to Erode Skull and Hijack Immune System https://neurosciencenews.com/glioblastoma-cancer-immune-system-29766/

Brain Tumors Induce Widespread Disruption of Calvarial Bone and Alteration of Skull Marrow Immune Landscape

https://www.nature.com/articles/s41593-025-02064-4

The Immunology of Brain Tumors

https://www.science.org/doi/10.1126/sciimmunol.ads0449

7. Articles on Spinal Cord Injuries

Blood Clots and SCI – What to Watch For

https://newmobility.com/blood-clots-and-sci-what-to-watch-for/

Spinal Cord Injury Factsheets (from the Model Systems Knowledge Translation Center)

https://msktc.org/sci/factsheets

Self-Reported Difficulty with and Assistance Needed by People with Spinal Cord Injury to Prepare Meals at Home (abstract only)

https://www.naric.com/rehab-srch-results-

rec?article source=rehab&record id=178098&load source=copied search&search id=605996&start rec=0&user name=public.user.1045071&international=0&drill down=0&rehab blank=0&intl blank=0&filter id=0

Rehab and Recovery: SCI Awareness Month and National Rehab Awareness Week https://naricspotlight.com/2025/09/17/rehab-and-recovery-sci-awareness-week/

Brain and Spinal Health Hub (recent launch)

https://brainspinalhealth.org/

For individuals, clinicians, and caregivers, with info on TBI and SCI with a special section for service members.

8. Articles on Stroke

Understanding Loneliness After a Stroke: Beyond Social Isolation https://www.stroke.org/en/stroke-connection/stroke-onward/understanding-loneliness-after-a-stroke

Life After Stroke: Our Path Forward – A Guide for Patients and Caregivers

<a href="https://www.stroke.org/en/life-after-stroke/life-after-stroke-guide?utm-source=Together To End Stroke fy 25 26&utm-medium=email&utm-source=Together To End Stroke fy 25 26&utm-source=Together Together Together Content=Content=Together Together Together Together Content=Co

LDL: Check Your Numbers. Lower Your Risk.

https://www.heart.org/en/health-topics/cholesterol/hdl-good-ldl-bad-cholesterol-and-triglycerides/lower-your-

Idl?utm source=Together To End Stroke fy 25 26&utm medium=email&utm campaign=CP TTES 090925&utm content=content3+cta&sc camp=79890DEB9E 704C13939C0205B45526EE

Meal and Prep Tips After Stroke

https://www.stroke.org/en/healthy-living/healthy-eating?utm source=Together To End Stroke fy 25 26&utm medium=email&utm campaign=CP TTES 090925&utm content=content4+cta&sc camp=79890DE B9E704C13939C0205B45526EE

Improving Access to Stroke Rehabilitation and Recovery

https://professional.heart.org/en/science-news/improving-access-to-stroke-rehabilitation-and-

recovery?utm source=Together To End Stroke fy 25 26&utm medium=email &utm campaign=CP TTES 090925&utm content=content5+cta&sc camp=7989 0DEB9E704C13939C0205B45526EE

Inflammation Marker can Help Identify Heart Risk in Women Without Traditional Factors

https://www.news-medical.net/news/20250829/Inflammation-marker-can-help-identify-heart-risk-in-women-without-traditional-

factors.aspx?utm source=news medical newsletter&utm medium=email&utm campaign=cardiology newsletter 3 september 2025

Stroke is included in this, but it's not in the title.

UCLA Discovers First Stroke Rehabilitation Drug to Repair Brain Damage in Mice https://www.uclahealth.org/news/release/ucla-discovers-first-stroke-rehabilitation-drug-repair-

brain#:~:text=The%20researchers%20found%20one%20of,be%20considered%20for%20human%20trials.

Tools for Stroke Telerehabilitation Occupational Therapy: An Innovative Redesign https://www.aota.org/publications/ot-practice/ot-practice-issues/2025/tools-for-stroke-telerehabilitation-occupational-therapy-an-innovative-redesign

You need to be a member (or become a member) of the American Occupational Therapy Association or find a library where you can access their journal (American Journal of Occupational Therapy) in order to read the entire article.

9. Information on Related Topics

Strategies and Interventions to Strengthen Support for Family Caregiver for Individuals with Serious Illness or Disability

https://nap.nationalacademies.org/catalog/29237/strategies-and-interventions-to-strengthen-support-for-family-caregivers-for-individuals-with-serious-illness-or-disability?utm source=HMD+Email+List&utm campaign=b16bcb6e46-EMAIL CAMPAIGN 2025 05 21 05 30 COPY 01&utm medium=email&utm term=0 -615718ff8b-180741919&mc cid=b16bcb6e46&mc eid=8346700ad6

Falls Prevention and Awareness

https://biausa.org/public-affairs/media/prevent-falls

Disaster Preparedness: Resource By and For Disabled Parents https://myemail.constantcontact.com/Disaster-Preparedness--A-Resource-by-and-for-Disabled-Parents-.html?soid=1141865828834&aid=Wy_u4OXGtKs

When Parents Age Out of Caregiving: Navigating a Tricky Transition https://newmobility.com/when-parents-age-out-of-caregiving/

Peer Mentoring for Employment (podcast)

https://open.spotify.com/episode/2hyhPv9NDEmY5bhXnv21P5?si=hJf0supPRqG7qrCS9rsexQ&nd=1&dlsi=49b2a1413141452e

How to Get the Best Wheelchair Setup for Your Lifestyle https://newmobility.com/how-to-get-the-best-wheelchair-setup-for-your-lifestyle/

The ADA and Riding or Driving with Rideshare Companies Like Uber and LYFT https://rockymountainada.org/resources/research/ada-and-riding-or-driving-rideshare-companies-uber-and-lyft

U.S. Department of Labor – Veterans Accommodations Toolkit: Workplace Resources for Disabled Veterans https://www.dol.gov/agencies/odep/program-areas/individuals/veterans

Robots Help Map Accessibility in Irvine

https://cityofirvine.org/news-media/news-article/robots-help-map-accessibility-irvine

10. Presentations and Trainings

Getting to the Heart of StrokeTM: Understanding Your Patient's Journey After Stroke – Free, offered by the American Heart Association. Experts cover the journey from initial risk factors to long-term recovery and emotional well-being. For physicians, physician assistants, nurses, nurse practitioners, and pharmacists. Consists of the training, which takes about 36 minutes, and a post-test exam. It expires on November 6, 2027. To access the content and exam, go to: <a href="https://education.heart.org/productdetails/getting-to-heart-stroketm-understanding-your-patients-journey-after-stroke-2?utm_source=Together%20To%20End%20Stroke%20fy%202025&utm_medium=email&utm_campaign=CP_TTES_040125&utm_content=content5%20cta&sc_cam_p=79890DEB9E704C13939C0205B45526EE

The American Heart Association has a professional education hub with a Stroke and Brain Health Portfolio. You can find it at https://education.heart.org/catalog?portfolio=71&page=1.

Understanding Spinal Cord Injury: A Course for Personal Care Assistants
The goals of this online course, which was developed by the Kessler Foundation, is
to increase knowledge about spinal cord injuries (SCI), improve communication,
and enhance the quality of care. And the course is free! It could be really useful
for everyone to learn more about SCI, not just those who will become / are
personal care assistants. As many of you may know, there is a critical need for
more personal care assistants. Learn more and sign up at:

https://www.kflearn.org/courses/understanding-spinal-cordinjury?fbclid=lwZXh0bgNhZW0CMTAAAR11VM8H2TGOl4oDuVWkNCye9vR6u5IB O9v4iqqCSFnhwzCY-wfEmBI1l5c aem m3cAQ0Q512SMjXHtVlWhAQ

The American College of Emergency Physicians has short videos available under the title, "MicroED." They cover a variety of topics, including mild traumatic brain injury examinations, physical exam and CT signs of a hemorrhagic stroke, neuroimaging, telestroke, and more. You can find the videos at:

https://www.acep.org/education/microed?fbclid=IwY2xjawG-

<u>uMRleHRuA2FlbQlxMAABHa36t BjwsU99eyGEQHfKL1u5qc0vXocDbbX30l3kxZ16</u> <u>WdCDsVO5wtgXQ aem Mq50vROsGwlR2MuVblbq5Q&utm source=Concussion</u>

%20Stakeholders&utm campaign=e06cf149f9-

EMAIL CAMPAIGN 2018 11 28 08 50 COPY 01&utm medium=email&utm te rm=0 61e6ff3b7d-e06cf149f9-

592000242&mc cid=e06cf149f9&mc eid=99af31383f

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to get on their mailing list for upcoming classes. Their contact form is found at https://hawaiicaregivers.org/contact

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at whorvath@hawaii.edu for more information or to schedule a presentation. The current list of presentations includes:

- 1. Preventing and Identifying Strokes
- 2. Preventing and Identifying Brain Injuries
- 3. Domestic Violence and Brain Injuries
- 4. Homelessness and Brain Injuries
- Resources and Information for Stroke and Brain Injury Survivors and Their Supports
- 6. The Basics of Advocacy
- 7. Medical Gaslighting
- 8. Workplace Bullying
- 9. Al and Disabilities: Pros and Cons

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to cdonayri@queens.org.

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available. There is a cost associated with these modules and consultation. For more information, go to https://www.nashia.org/np-modules#!form/Neuropsych.

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the University of Michigan but others may need to pay for the training. Enroll at https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/

The Academy of Certified Brain Injury Specialists is offering the "Understanding Concussion: Symptoms, Diagnosis, and Treatment Approaches" Certificate Course to enhance your understanding of concussions and concussion treatment. It is primarily intended for medical personnel, athletic trainers, first responders, therapists, psychologists, social workers, and anyone involved in the care of individuals with concussions. The online course costs \$145.00. Visit https://www.biausa.org/professionals/academy-of-certified-brain-injury-

<u>specialists/understanding-concussion-symptoms-diagnosis-and-treatment-certificate-course</u> for more information and to access registration.

The Brain Injury Association of American offers an online self-paced Brain Injury Fundamentals Certificate Program. There is also an in-person option. It is for anyone who cares for or encounters individuals with brain injuries. No prior experience or education is required. There is a \$125 fee for the program. For more information and to sign up, go to:

https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/acbis-fundamentals/fundamentals-self-paced-course

11. Research and Participation Opportunities

JUST ADDED – The TIRR–Memorial Hermann Spinal Cord Injury and Disability Research Center, in collaboration with the University of Montana and the University of Texas Health Science Center, is conducting a research study to understand the impact of difficult and/or abusive relationships on the health of people with spinal cord injury (SCI). Individuals aged 21 or older who have had a traumatic SCI for at least one year, live in the U.S., and can communicate in English may be eligible. Participation involves a brief phone screening and completing a one-time survey, either online or by mail. Participants will receive a small payment for completing the survey. This study is led by Jessica Rodriguez at TIRR–Memorial Hermann. For questions, contact SCIPSstudy@uth.tmc.edu or 713-797-7245.

JUST ADDED – Colorado State University is looking for clinicians who treat those with brain injuries, persons with a history of severe brain injury/coma, and family or care partners for those with severe brain injuries to take part in "Tailoring a Toolkit to Promote Shared Decision-Making in Rehabilitation (SHARE-REHAB)." Take part in up to two questionnaires and up to three virtual focus groups. Email meteorlab@colostate.edu for more information.

JUST ADDED – The Model Systems Knowledge Translation Center is seeking input on the informational needs of those with spinal cord injuries, traumatic brain injuries, or burn injuries. The survey takes about 10 minutes and can be found here: https://websurveyor2.airws.org/se/2511374533213674. If you have any questions, contact Cindy Cai, Ph.D., at msktc@air.org or call 202-403-6929.

Post-Stroke Telehealth Study – The NIDILRR-funded project Expanding Delivery of an Evidence-based Weight Loss Intervention to Enhance Access to Reach Underserved Groups After Stroke is recruiting participants for a healthy lifestyle study for people post stroke. Participation is open to individuals between 18 and 85 who are at least 12 months post stroke, clinically overweight, and able to participate in physical activity. Volunteers will meet regularly in groups for 12 months, participate in a 22-session healthy lifestyle telehealth program, and complete assessments by phone and blood tests in a local lab. To volunteer, complete the eligibility survey, email stephanie.calhoun1@bswhealth.org, or call 214/228-5181.

Bank CTE is looking for participants to determine if CTE can be detected through a blood test. Criteria include being aged 40 or older and may or may not have had repetitive head injuries (there are also other criteria). Participants receive a \$100 gift card upon completion. To learn more and find out if you are eligible, go to: https://www.bankcte.org/

The DIAGNOSE CTE-II study is recruiting for men aged 50 and older who 1) played college or professional tackle football **or** 2) have been diagnosed with Alzheimer's disease, never played contact or collision sports and have no history of repetitive head impacts. Learn more at https://www.diagnosecte.org/am-i-eligible

The I-HEAL Study is recruiting persons who experienced TBI (civilians and Veterans) and underwent inpatient rehabilitation. They are studying best practices for managing behavior changes after TBI. There will be focus groups help using Microsoft Teams that will last about 90 minutes. Participants receive a \$50 gift card. For questions, contact Natalie Gilmore (813-806-0273, VHAIHWALteam@va.gov), or visit https://iheal.tbindsc.org/.

University of Michigan Transportation Research Institute wants participants to help make vehicles easier to use for everyone. You can take their 15-minute survey if you have a disability, are at least 18 years old, and drive or travel in passenger vehicles. You can take the survey by going to https://umich.qualtrics.com/jfe/form/SV 4TP9oG64U1LgaRE. Alternately, you

can send an email to UVIDSurvey@umich.edu to set up an appointment to answer the questions by phone.

The International Brain Injury Association DoC Special Interest Group (IBIADoCSIG) is looking for healthcare professionals to participate in a survey on the information gap that caregivers of DoC patients might encounter along the pathway of care. DoC refers to "disorders of consciousness," that is, someone who is in a vegetative or minimally conscious state. Until now, no studies have investigated the type of information available and the gaps along the pathways of care. The survey takes around 10 – 15 minutes and can be accessed here: https://redcap.link/doc_sig_survey.

The ICARE (Intervention to Change Affect Recognition and Empathy) study, out of Indiana University, is looking for people 18 and older who had a traumatic brain injury at least 12 months ago to take part in a teletherapy program. (There are additional qualification requirements.) The study takes place over about 9 months, and all activities are conducted virtually. To learn more, call the study team at 317-329-2380.

The Kessler Foundation has a new study. They are looking for participants for "Comparison of Two Different Group Wellness Programs for People with TBI and Their Support Persons." The study will take about 10 months to complete. It involves a variety of tasks and activities. Individuals with TBIs can be compensated up to \$350, while support persons can be compensated up to \$300. More information can be found at

https://kesslerfoundation.org/research/studies/comparison-two-different-group-wellness-programs-people-tbi-and-their-support. Please contact Laura Marino for more information: 973-323-3748.

The Kessler Foundation is also looking for persons with moderate-to-severe traumatic brain injuries (TBIs) to participate in a 12-week exercise program related to memory improvement. Compensation is listed as \$350. Please contact Brooke Albanese at 973-324-8384. The URL for more information is: https://kesslerfoundation.org/research/studies/applying-exercise-improve-memory-tbi.

The Rehabilitation Research and Training Center on home and Community-Based Services (HCBS) are looking for people with disabilities to complete surveys about their experiences with HCBS. Questions: Contact Niveda Tennety at https://redcap.nubic.northwestern.edu/redcap/surveys/?s=D39MHCDL97DTRXR3

The University of Delaware, in cooperation with the Kessler Foundation is recruiting participants for a research study to evaluate the benefits of a webbased program to monitor and improve the emotional well-being of individuals with traumatic Spinal Cord Injury (iManage-SCI Study). To learn more, go to https://unitedspinal.org/sci-study-well-being-for-individuals-with-spinal-cord-injury/

Researchers at the University of Alabama at Birmingham (UAB) are looking for participants to be in a study titled, "Acceptance and Commitment Therapy Research on Psychological Health in Persons Living with Spinal Cord Injury." Prospective participants need to be an adult with an SCI. Participation includes videoconference sessions and completion of three questionnaires, with compensation of up to \$245. To sign up, go to: https://bit.ly/4d9ADFO. More information on the study can be found at https://www.act-sci.org/. Pediatric TBI caregivers are sought, including parents, school aides, and home health workers, to take part in a focus group that can be done from home. Participants receive \$30. Contact the study coordinator, Megan Thompson, at MICareTBI@umich.edu or send a text to 734-274-9517. To share your contact information and determine eligibility, go to:

https://redcapproduction.umms.med.umich.edu/surveys/?s=NY4P3CL837RY77JC

The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eight-week group intervention via videoconference. You must be at least 45 years old, 15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at

https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and-stronger-with-sci. Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or TIRR.LLSstudy@uth.tmc.edu.

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities. Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with disabilities. To join the Registry, fill out a questionnaire located at https://www.ctsiredcap.pitt.edu/redcap/surveys/; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI. Take a 2-3-minute survey

(https://iu.co1.qualtrics.com/jfe/form/SV 5aP9ju3OkEDBqQe) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to travelX@indiana.edu or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes is located at https://websurveyor2.airws.org/se/2511374533213674. For questions or more information contact MSKTC at msktc@air.org or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due to spinal cord injury or diseases. The survey is located at: https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify

what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at: https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4

The TechSAge Rehabiltation Engineering Research Center (RERC, at www.TechSAgeRERC.org) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to

https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: https://www.hitss.org/

12. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

Exercise Classes in Hawaii

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women's Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at https://www.hawaiipacifichealth.org/health-wellness/classes/?page=1 or you can call HPH's Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors, senior bon dance tutorial, and morning exercise. The videos can be found at https://islandofhawaiiymca.org/programs/health-fitness/fitness-videos/

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson's Association. It is a boxing program with weekly classes for Parkinson's patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at kymgpeck@gmail.com or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do anytime from Big Island (Hawaii) teachers. Visit their website at https://808b-fit.com/ for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are inperson, some are via Zoom only, while others are hybrid classes. Register in advance for all classes by calling 808-885-6777 or by sending an email to newsletter@tutushouse.org. Their calendar of events is located at https://www.tutushouse.org/activities/.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members.

Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at https://olliuhm.augusoft.net/

The Maui Family YMCA offers a Parkinson's Fitness program (along with other fitness programs). You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to https://www.mauiymca.org/fitness-programs/

The YMCA of Honolulu offers Parkinson's Disease Exercise classes at the Leeward Y, Nuuanu Y, and Windward Y. You must be a YMCA member. For more information, go to https://www.ymcahonolulu.org/programs/health-fitness/specialty-wellness-programs/parkinsons