March 2025 Neurotrauma Newsletter Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

Pacific Disabilities Center website: https://pdc.jabsom.hawaii.edu/
Pacific Disabilities Center YouTube Channel:

https://www.youtube.com/@PacificDisabilitiesCenter

To subscribe or make corrections, additions, etc., send an email to Violet E. Horvath, Ph.D., Director: vhorvath@hawaii.edu

The names or contact information of subscribers is never shared.

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March is Brain Injury Awareness Month

1. Announcements

A member of the Senior Medicare Patrol is the speaker at this month's Kona Brain Injury Support Group meeting, which takes place on Wednesday, March 12, 2025, at 10:00 am HST. The focus is on a hot topic, "Healthcare Scams and Other Scams." The meeting will be hybrid, with in-person at Anderson Wealth Planning in Kailua-Kona and online via Zoom. For information on how to join the meeting, in-person or online, visit page 28.

Looking to socialize and have a fun time? Join the Brain Injury Oahu Support Group on March 29, 2025, for their "Animal Magnetism" event at the Honolulu Zoo. It's from 10:00 am – 12:00 pm. All survivors, caregivers, and supports are welcome. For more information, email braininjuryofhawaii@gmail.com.

The Stroke Support Group at REHAB Hospital of the Pacific (226 N. Kuakini Street, Honolulu, HI, 96817) has a special guest for their March 6th meeting, which is from 10:00 am – 11:00 am. Burmese forest monk and former spinal cord injury patient Chris LaDue (who also goes by his monastic name, Ashin Vimala), will share his story and lead the group through a guided meditation. If you'd like to attend, please RSVP to Melissa Mullen at Melissa.mullen@rehabhospital.org.

REHAB Hospital bonuses: There is an Adaptive Swim Clinic at REHAB with AccesSurf Hawaii on March 8. There are still some spaces for swimmers and volunteers. See page 4 for more information. Also, from April 13 – May 4, 2025, "The Journey Forward," an art showcase celebrating REHAB's Community of Stroke Survivors, will be held at the Downtown Art Center, in historic Chinatown. More on this in next month's Neurotrauma Newsletter. For more about REHAB Hospital, view their latest REACH newsletter, which can be found at https://www.rehabhospital.org/news/reach-issue-1-2025.

The International Brain Injury Association DoC Special Interest Group (IBIADoCSIG) is looking for healthcare professionals to participate in a survey on the information gap that caregivers of DoC patients might encounter along the pathway of care. DoC refers to "disorders of consciousness," that is, someone

who is in a vegetative or minimally conscious state. The survey takes around 10 – 15 minutes and can be accessed here: https://redcap.link/doc_sig_survey.

2. Online and In-Person Events

March 2025

Title: Brain Injury Awareness and Advocacy Days

Format: In-person in Washington, DC

Cost: \$35

Speaker(s): TBA

Sponsored by: Brain Injury Association of America

Date: March 3 – 5, 2025

Time: 12:00 pm ET on March 3 to 6:00 pm ET on March 5

Location: Hilton Arlington National Landing in Arlington, VA, and the US Capitol in

Washington, DC

Registration (you must register in advance): https://www.biausa.org/brain-injury-awareness-day-2025

Additional information: A block of hotel rooms is available at the Hilton. To reserve, go to https://book.passkey.com/event/50899765/owner/1694/landing

Title: Supporting People with Brain Injury Through Certified Community

Behavioral Health Clinics

Format: In-person in Washington, D.C.

Cost: Free

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: March 4, 2025

Time: 8:00 am – 11:00 am EST

Location: Hilton Arlington National Landing, Washington, D.C. Registration: https://form.jotform.com/243554779006059

Additional information: Space is limited, so you must register in advance. More

information can be found at:

https://www.nashia.org/calendar#!event/2025/3/4/supporting-people-with-brain-injury-through-certified-community-behavioral-health-clinics

Title: Minds Matter Concussion Model: Acute Concussion Management

Format: Virtual

Cost: There's a range by category of participant, from \$25.00 - \$75.00

Speaker(s): Christina L. Master, MD, FAAP, CAQSM, FACSM, FAMSSM, Minds

Matter Concussion Program Co-Founder and Co-Director, Michael Beasley, MD,

FAAP, CAQSM, FAMSSM, Minds Matter Concussion Program Pediatric Sports

Medicine Physician, and Katherine A. Easy, DAT, LAT, ATC, Minds Matter

Concussion Program Athletic Trainer

Sponsored by: Children's Hospital of Philadelphia Minds Matter Concussion

Webinar

Date: March 5, 2025

Time: 9:30 am - 11:30 am EST (4:30 am - 6:30 am HST)

Registration: https://www.eventbrite.com/e/minds-matter-concussion-model-

<u>acute-clinical-concussion-management-tickets-</u>

1216774066989?aff=oddtdtcreator

Additional information: Register by Friday, February 28, 2025.

Title: ED/MED (Education and Medicine) TBI Collaboration Seminar

Format: Virtual

Cost: Free

Speaker(s): Stuart Schmidt, MS, LAT, ATC, Athletic Trainer Supervisor for The

Center Foundation, on March 5

Sponsored by: Oregon TBI Educational Team

Date: March 5, 2025 is the first of five sessions in the series. Additional seminar

dates: April 2, May 7, and June 4.

Time: 5:00 am HST for March 5, 2025. Other sessions begin at 4:00 am HST

Registration: https://us02web.zoom.us/meeting/register/M3vb-h4NSV-

158 PbGO5eA#/registration

Additional information: Seminars are one hour long and feature different

speakers.

Title: AccesSurf Adaptive Swim Clinic Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: AccesSurf Hawaii and REHAB Hospital of the Pacific

Date: March 8, 2025

Time: 9:00 am – 1:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817

in the pool just off of outpatient rehab

Registration: https://www.accessurf.org/swim/

Additional information: One-on-one coaching and support in a controlled environment for anyone with a disability to develop their swimming skills. Swimmers must register in advance. Volunteers are also needed and they must also register in advance (use the same registration link listed above). Questions? Contact AccesSurf at https://www.accessurf.org/contact/

Title: What is Cognitive Rehabilitation and Why It's Important? Webinar

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: March 8, 2025

Time: 10:00 am PST (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjlxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show

in my Timezone" link.

Title: Examining Traumatic Brain Injury as a Chronic Condition

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: National Academies of Sciences, Engineering, Medicine (NASEM)

Date: March 11 – 12, 2025

Time:

March 11: 10:00 am - 3:30 pm ET (4:00 am - 9:30 am HST) March 12: 10:00 am - 1:30 pm ET (4:00 am - 7:30 am HST)

Registration: https://events.nationalacademies.org/44302 03-2025 examining-

traumatic-brain-injury-as-a-chronic-condition-a-

workshop?utm_source=HMD+Email+List&utm_campaign=d6d5bddc03-

EMAIL CAMPAIGN 2025 01 08 08 25&utm medium=email&utm term=0 - d6d5bddc03-180741919&mc cid=d6d5bddc03&mc eid=8346700ad6

Additional information: https://www.nationalacademies.org/event/44302 03-2025 examining-traumatic-brain-injury-as-a-chronic-condition-a-workshop?utm source=HMD+Email+List&utm campaign=d6d5bddc03-EMAIL CAMPAIGN 2025 01 08 08 25&utm medium=email&utm term=0 - d6d5bddc03-180741919&mc cid=d6d5bddc03&mc eid=8346700ad6

Title: Nebraska Brain Injury Conference

Format: In-person in Kearney, NE

Cost: \$250 for professionals, \$100 for non-professionals, and student discounts

are available

Speaker(s): Various

Sponsored by: Brain Injury Association of Nebraska

Date: March 13 – 14, 2025

Time:

March 13 – 8:00 am CT – 5:00 pm CT March 14 – 8:00 am CT – 1:00 pm CT

Location: Younes Conference Center, 416 West Talmadge Road, Kearney, NE,

68845

Registration: https://web.cvent.com/event/323da631-8a28-41df-83aa-a707b98469a6/regProcessStep1:994a8afe-e70c-4c26-a8d2-92c4d90c9263

Additional information: https://web.cvent.com/event/323da631-8a28-41df-83aa-

a707b98469a6/summary

Title: Leading the Way Brain Injury Conference

Format: In-person in Arvada, Colorado

Cost: \$200

Speaker(s): Various

Sponsored by: Brain Injury Alliance of Colorado

Date: March 13, 2025

Time: 7:30 am registration and breakfast; program begins at 8:00 am

Location: The Arvada Center

Registration: https://biacolorado.org/2025-conference-registration/

Additional information: https://biacolorado.org/conferences/

Title: From Punches to Prevention: Protecting Athletes from the Hidden Dangers

of Concussions

Format: In-person in Canandaigua, NY

Cost: Free

Speaker(s): Ray Ciancaglini, Peter Osbourn, MD, and others

Sponsored by: UR Medicine, Thompson Health

Date: March 13, 2025 Time: 6:00 pm – 8:00 pm

Location: Finger Lakes Community College Auditorium, 3325 Marvin Sands Drive,

Canandaigua

Registration: https://www.thompsonhealth.com/punch

Additional information: RSVP by March 12, 2025.

Title: 15th World Congress on Brain Injury

Format: In-person in Montreal, Quebec, Canada

Cost: Varies by status and membership

Speaker(s): Various

Sponsored by: International Brain Injury Association (IBIA)

Date: March 19 – 22, 2025

Time: Varies by day

Location: Montreal, Quebec, Canada

Registration: https://braininjurycongress.org/ Additional information: https://braininjurycongress.org/

Title: Self-Regulation to Take Back Control After Brain Injury

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: March 22, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjIxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show in my Timezone" link.

Title: "Care with Aloha" Seminar Series: Caregiver-Assisted Transfers and Assisted

Walking

Format: In-person in Honolulu, HI

Cost: Free

Speaker(s): TBA

Sponsored by: Hale Ho Aloha Nursing Home

Date: March 22, 2025

Time: 9:00 am - 11:00 am HST

Location: Halo Ho Aloha Nursing Home, 2670 Pacific Heights Rd., Honolulu, HI

96813

Registration: RSVP to Doris Hahn, Director of Social Services, at 808-524-1955,

ext. 122.

Additional information: Limited to 10 participants.

Title: Hawaii Caregivers Expo 2025 Format: In-person in Honolulu, HI

Cost: Free

Speaker(s): Various

Sponsored by: Givers Guide, "Gimme a Break," Caring Caregiver Show

Date: March 22, 2025

Time: 10:00 am - 2:00 pm HST

Location: Windward Mall

Additional information: https://gab808.org/expo2025/. Requests are also being

taken for vendors.

Title: Disorders of Consciousness Inaugural Conference Format: Hybrid; online and in-person in Cartersville, GA

Cost: Special reduced registration fee of \$199

Speaker(s): Joseph Fins, M.D., D.Hum. Litt, and many others

Sponsored by: The Jimmy Simpson Foundation and Shepherd Center

Date: March 25 – 26, 2025

Time: In-person times:

March 25: 5:30 pm – 11:00 pm ET (networking and dining opportunities)

March 26: 7:00 am – 5:05 pm ET. Program begins at 7:45 am.

Location: Clarence Brown Conference Center, 5450 Georgia 20, Cartersville, GA

30121

Registration: https://web.cvent.com/event/b12cd111-7923-4873-bbdb-

570547605197/regProcessStep1

Additional information: https://web.cvent.com/event/b12cd111-7923-4873-

bbdb-570547605197/summary

Title: "Care with Aloha" Seminar Series: Caregiver-Assisted Bed Mobility and

Transfers

Format: In-person in Honolulu, HI

Cost: Free

1100

Speaker(s): TBA

Sponsored by: Hale Ho Aloha Nursing Home

Date: March 29, 2025

Time: 9:00 am - 11:00 am HST

Location: Halo Ho Aloha Nursing Home, 2670 Pacific Heights Rd., Honolulu, HI

96813

Registration: RSVP to Doris Hahn, Director of Social Services, at 808-524-1955,

ext. 122.

Additional information: Limited to 10 participants.

April 2025

Title: Social Security Benefits Overview

Format: Virtual

Cost: Free

Speaker(s): Trisha Mentzer, Social Insurance Specialist, Office of Communications,

Social Security Administration

Sponsored by: Brain Injury Association of America

Date: April 3, 2025

Time: 3:00 pm ET (9:00 am HST)

Registration: https://shop.biausa.org/product/CARM040325/20250403-social-

security-benefits-overview-live-webinar

Additional Information: Discussion on eligibility for benefits, how to file, disability and survivor benefits, Medicare, and the future of Social Security.

Title: The Power of Connections: Uniting Communities for Action – 22nd Annual Hawaii International Summit on Preventing, Assessing and Treating Trauma Across the Lifespan

Format: In-person in Honolulu, HI

Cost: There is a cost associated with this event

Speaker(s): Various

Sponsored by: Institute on Violence, Abuse and Trauma (IVAT) Date: April 7 - 10, 2025 (Affiliated trainings on April 6, 2025)

Time: Varies by day

Location: Hawaii Convention Center, 1801 Kalakaua Avenue, Honolulu, HI 96815

Registration: https://web.cvent.com/event/e4c25968-00ed-4d2c-b69c-

7298d01e55b2/regProcessStep1

Additional information: https://www.ivatcenters.org/hawaii-summit-overview

Title: Won't You Be My Neighbor? How Neighborhood Factors Affect Life After TBI

Format: Virtual

Cost: \$50; free for survivors and family members of survivors

Speaker(s): Raj G. Kuman, Ph.D., and Shannon B. Jeungst, Ph.D., CRC

Sponsored by: Brain Injury Association of America

Date: April 10, 2025

Time: 3:00 pm ET (9:00 am HST)

Registration: https://shop.biausa.org/product/ROSM041025/20250410-wont-you-be-my-neighbor-how-neighborhood-factors-affect-life-after-traumatic-brain-

<u>injury-live-webinar</u>

Title: Response to Concussions: Protecting the Potential of Every Child

Format: In-person in Bend, OR

Cost: Free

Speaker(s): Gerard Gioia of Children's National Hospital, Stuart Schmidt, St.

Charles Center for Orthopedics and Neurosurgery, Juliet Haarbauer-Kruper, Ph.D.,

Deanne Unruh, Ph.D., and Jeff Gau, University of Oregon, Melaney Grenz and

Melissa McCart, Ed.D., Center on Brain Injury Research and Training (CBIRT), and

David Kracke, JD, Oregon's Brain Injury Advocate Coordinator CBIRT

Sponsored by: High Desert Education Service District, Brain Injury Support Team,

and the Center on Brain Injury Research and Training

Date: April 11, 2025

Time: 8:30 am - 3:30 pm PDT

Location: Hampton Inn in Bend, OR

Registration: Coming soon

Additional information: Coming soon

Title: The 4 Stages of Learning

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: April 12, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjlxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show

in my Timezone" link.

Title: 40th Annual Pacific Rim International Conference on Disability

Format: In-person in Honolulu, HI

Cost: There is a cost associated with this event

Speaker(s): Various

Sponsored by: Center on Disability Studies, College of Education, University of

Hawaii at Manoa

Date: April 15 - 16, 2025

Time: Program is 8:30 am - 3:40 pm HST daily

Location: Hawaii Convention Center, 1801 Kalakaua Avenue, Honolulu, HI 96815

Registration: https://pacrim.coe.hawaii.edu/registration-2025/

Additional information: https://pacrim.coe.hawaii.edu/

Title: Lunch & Learn: Your Rights as a Person with a Disability Under the ADA in

Health Care Format: Virtual

Cost: Free

Speaker(s): Jan Garrett and Savannah Bradley, Pacific ADA Center

Sponsored by: Pacific ADA Center

Date: April 16, 2025

Time: 12:00 pm PST (9:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN mg4IE167Q3SH-

wnY9OLx0g#/registration

Title: Acute Concussion Care Pathway: MACE 2 and PRA Training

Format: Virtual with dial-in option

Cost: Free

Speaker(s): TBA

Sponsored by: Traumatic Brain Injury Center of Excellence

Date: April 17, 2025 (Additional dates: July 17, 2025, and October 16, 2025)

Time: 1:00 pm ET – 3:00 pm ET (7:00 am – 9:00 am HST)

Registration: Not required

Additional Information: To attend the session, go to: https://health.mil/Military-

<u>Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-</u>

Excellence/TBICoE-Training-and-Dissemination/Acute-Concussion-Care-Pathway-

MACE-2-and-PRA-Training and click the "Attend the Training" button. The dial-in

option and access code are listed right below the button.

Title: Auditory Processing After Brain Injury

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: April 26, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjIxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show in my Timezone" link.

Title: 2025 Concussion in Sport Group Symposium

Format: In-person in Milwaukee, WI

Cost: TBA

Speaker(s): TBA

Sponsored by: Concussion in Sport Group (CISG)

Date: April 30 – May 1, 2025

Time: TBA

Location: Pfister Hotel, Milwaukee, WI

Registration: TBA

Additional Information: This is the inaugural symposium. It is being held in

conjunction with the @SportsNeuroSoc Annual Symposium.

May 2025

Title: Strategies for Challenging Behaviors

Format: Virtual

Cost: Free

Speaker(s): Amy Yillik, D.Ed., Culture of Care Program with High Desert ESD

Sponsored by: Oregon TBI Educational Team

Date: May 9, 2025

Time: 8:00 am PT (5:00 am HST)

Registration: https://us02web.zoom.us/webinar/register/WN 3MXRLPY0RveA-

Ela4g5DSw#/registration

Title: It's Not Laziness, It's Initiation

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: May 10, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjlxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show

in my Timezone" link.

Title: 41st Annual Brain Injury and Stroke Conference

Format: In-person

Cost: TBA

Speaker(s): TBA

Sponsored by: Brain Injury Association of New Hampshire

Date: May 13 – 14, 2025

Time: TBA

Registration: TBA

Title: Pace Yourself to Help Manage Neurofatigue

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: May 24, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjIxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjlxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show

in my Timezone" link.

June 2025

Title: Build Your Self-Efficacy After Brain Injury

Format: Virtual

Cost: Free

Speaker(s): TBA

Sponsored by: Brain Education Strategies Technology (BEST)

Date: June 14, 2025

Time: 10:00 am PDT (7:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-

webinars/6515/register? vbtrk=Mjc3MjlxOjEwMDc4NzY4NDpuZXdzbGV0dGVy&

uax=Mjc3MjIxOjEwMDc4NzY4NA

Additional information: To see the start time in your timezone, click on the "Show

in my Timezone" link.

July 2025

Title: Acute Concussion Care Pathway: MACE 2 and PRA Training

Format: Virtual with dial-in option

Cost: Free

Speaker(s): TBA

Sponsored by: Traumatic Brain Injury Center of Excellence Date: July 17, 2025 (Additional date: October 16, 2025)
Time: 1:00 pm ET – 3:00 pm ET (7:00 am – 9:00 am HST)

Registration: Not required

Additional Information: To attend the session, go to: https://health.mil/Military-

Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-

Excellence/TBICoE-Training-and-Dissemination/Acute-Concussion-Care-Pathway-

MACE-2-and-PRA-Training and click the "Attend the Training" button. The dial-in

option and access code are listed right below the button.

October 2025

Title: Acute Concussion Care Pathway: MACE 2 and PRA Training

Format: Virtual with dial-in option

Cost: Free

Speaker(s): TBA

Sponsored by: Traumatic Brain Injury Center of Excellence

Date: October 16, 2025

Time: 1:00 pm ET - 3:00 pm ET (7:00 am - 9:00 am HST)

Registration: Not required

Additional Information: To attend the session, go to: https://health.mil/Military-

Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-

Excellence/TBICoE-Training-and-Dissemination/Acute-Concussion-Care-Pathway-

MACE-2-and-PRA-Training and click the "Attend the Training" button. The dial-in option and access code are listed right below the button.

Title: State of the States (SOS) Conference

Format: TBA Cost: TBA

Speaker(s): TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: October 27 – 30, 2025

Time: TBA

Location: Portland, Maine

Registration: TBA

3. Organization and Business Meetings

March 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means Date: March 7, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: March 11, 2025

Time: 1:30 pm - 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: March 20, 2025

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards

Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

April 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means Date: April 4, 2025

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly

Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource

Center, and Pacific Disabilities Center

Date: April 16, 2025

Time: 2:00 pm – 4:00 pm HST

Zoom link:

https://zoom.us/j/97356087356?pwd=ZXdIdHd5ZHV3aUYvRmJreitVUEg5UT09

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: April 24, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

May 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means Date: May 2, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: May 13, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

Meeting title: Disability and Communication Access Board (DCAB) General Board

Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: May 15, 2025

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards

Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

June 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means Date: June 6, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: June 26, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

July 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: TBA

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: July 8, 2025

Time: 1:30 pm - 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly

Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource

Center, and Pacific Disabilities Center

Date: July 16, 2025

Time: 2:00 pm - 4:00 pm HST

Zoom link:

https://zoom.us/j/97356087356?pwd=ZXdIdHd5ZHV3aUYvRmJreitVUEg5UT09

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

August 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: August 1, 2025

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: August 28, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

September 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: September 5, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: September 9, 2025 Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly

Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource

Center, and Pacific Disabilities Center

Date: September 17, 2025 Time: 2:00 pm – 4:00 pm HST

Zoom link:

https://zoom.us/j/97356087356?pwd=ZXdIdHd5ZHV3aUYvRmJreitVUEg5UT09

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

October 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: October 3, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: October 23, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

November 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: November 7, 2025

Time: 2:00 pm - 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 4, 2025

Time: 1:30 pm - 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: https://us02web.zoom.us/j/575890360

Additional information: For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/stbiab/

December 2025

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Office of Senator Sharon Y. Moriwaki, Vice-Chair, Committee on

Ways and Means

Date: December 5, 2025

Time: 2:00 pm – 3:00 pm HST

To join the meeting:

Via Zoom:

https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdlFQbzQrYjdhSHpVQT09

Watch on YouTube: https://www.youtube.com/@kupunacaucus/streams
By phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004015

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person in Honolulu, HI

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 11, 2025

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via Zoom link: https://us02web.zoom.us/j/575890360

Additional information: The term "neurotrauma" refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: https://health.hawaii.gov/nt/ntab/

4. Support Group Meetings

Brain Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am - 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Maui HIKI NO

Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

JUST ADDED – Support group title: Aloha Independent Living Hawaii Molokai 'Ike

Loa Peer Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays

Times: 10:00 am - 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers 3rd
 Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients 4th Tuesday of the month
- Concussed Moms 1st Thursday of the month
- CLF Canada Patient Groups Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

https://concussionfoundation.org/peer-support for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hui Malama Po'o Support Group

Meetings are currently on hold.

Support group title: Kauai Big! Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

NEW LOCATION: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the

start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click "Join Meeting" and enter Meeting ID 808 274 6477. The passcode is ae3Ddq. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com
Facebook: https://www.facebook.com/groups/2671644676391469

Support group title: North Dakota Brain Injury Network Monthly Virtual Support

Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings

Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here: https://www.ndbin.org/services/support/monthly

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

https://www.biausa.org/public-affairs/media/virtual-support-groups

Brain Tumor Support Group Meetings

JUST ADDED – Support group title: Aloha Independent Living Hawaii Maui HIKI NO

Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm - 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

JUST ADDED – Support group title: Aloha Independent Living Hawaii Molokai 'Ike

Loa Peer Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu Dates: Monthly on Saturdays

Times: 10:00 am - 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: <u>braininjuryofhawaii@gmail.com</u>

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hui Malama Ola Na Oiwi Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at http://hmono.org/services/ and someone will

contact you.

Support group title: Hui Malama Po'o Support Group

Meetings are currently on hold.

Support group title: Pacific Cancer Foundation Support Groups (for patients and

survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST

via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST

via Zoom.

Additional information: To sign up for either group, fill out the referral form:

https://pacificcancerfoundation.org/patient-referral/

Support group title: The Queen's Medical Center Cancer Center has multiple

support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: https://www.queens.org/services/cancer-care/resources/patient-support/

Support group title: National Brain Tumor Society Brain Tumor Support

Conversations

Dates: Third Sunday of every month

Times: 7:00 pm - 8:00 pm ET / 4:00 pm - 5:00 pm PT

Additional information: Register for the group at https://braintumor.org/support-

services/support-groups/brain-tumor-support-conversations/registration/

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

https://www.abta.org/supportgroups/

Caregivers and Caregiving Support Group Meetings

This a listing of general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina,

Hana, Kihei, and Wailuku.

Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on

Aging

Dates: Varies by location Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center.

Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI

96813

Additional information: For caregivers of persons age 60 or older who are living at

home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana Dates: Every second Saturday Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI

96797

Additional information: For caregivers of persons age 60 or older who are living at

home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation Dates: 4th Wednesday of each month

Times: 2:00 pm - 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers 3rd
 Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients 4th Tuesday of the month

- Concussed Moms 1st Thursday of the month
- CLF Canada Patient Groups Weekly Monday, Wednesday, Thursday,
 Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

https://concussionfoundation.org/peer-support for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: https://efmp.army.mil/EnterpriseEfmp/. Also check the

EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines

Sponsored by: Marine Corps Community Services

Additional information: https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program

Support group title: "Gimme A Break" Weekly Support Sessions

Format: Virtual

Sponsored by: "Gimme A Break"
Dates: Every Tuesday evening

Times: 8:00 pm HST

Additional information: Go to https://gab808.org/support-sessions/ to find the Zoom link to access the support sessions. For more information, visit their website

at https://gab808.org/

Support group title: Kona Family Caregiver Support Group

Format: In-person in Kailua-Kona, HI

Sponsored by: Hawaii Community Caregiver Network

Dates: Second Saturdays of the month

Times: 11:00 am HST

Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI

Additional information: Contact Joann D'Addio, M.Ed., at 773-294-8773 or ioana8275@gmail.com

Support group title: Micronesian Caregiver Support Group

Format: In-person in Honolulu, HI

Sponsored by: Kokua Kalihi Valley (KKV)
Dates: Last Thursdays of every month

Times: 9:30 am – 12:00 pm HST

Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue,

Honolulu, HI 96819

Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am

4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program

Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support

Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings

Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

https://www.ndbin.org/services/support/monthly

Support group title: Support Group Format: In-person in Aiea/Pearl City, HI Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am - 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email gary@thecaregiverfoundation.org. Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at https://www.tbicaregiverssupportgroup.com/ (scroll down to find it). You can also email tbivallejo@gmail.com.

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

https://www.biausa.org/public-affairs/media/virtual-support-groups

Mental Health Support Group Meetings

JUST ADDED – Support group title: Aloha Independent Living Hawaii Life Choices

Format: In-person; check with organizer for location

Dates: Third Wednesday of every month

Time: 10:00 am – 12:00 pm HST Location: In Hilo; location varies

Additional information: A group of women share common life experiences as they live and navigate their lives. For more information, contact Bea Sextimo at 808-

339-7297.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Diversity

Format: In-person; check with organizer for location

Dates: Third Friday of every month

Time: Check with organizer Location: Check with organizer

Additional information: A fun group comprised of individuals from the LGBTQ+ community whose goal is to find a way to reach the younger generation where they can meet in a safe family-type environment and enjoy fellowship. Contact Joanne Pagan at 808-339-7297.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Maui HIKI NO

Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

JUST ADDED – Support group title: Aloha Independent Living Hawaii Molokai 'Ike

Loa Peer Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm - 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii,

contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA
Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Men's Support Group

Format: In-person in Waimea, HI Sponsored by: Tutu's House

Cost: Free

Days: Thursdays; check with organizer

Time: 6:00 pm – 8:00 pm HST

Additional information: Learn more about how the group is conducted and confirm your participation by emailing Steve at honu.mkp@gmail.com.

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

https://us06web.zoom.us/meeting/register/tZYldegurTMoGNWkw3t0xbTwj2Nh8

TxxYLQS#/registration

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday Time: 6:00 pm HST

To join the meeting via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVIrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Support group title: United Self-Help 4th Friday Night

Format: In-person in Honolulu, HI Sponsored by: United Self-Help Dates: Fourth Friday of each month

Time: 6:00 pm - 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu,

HI 96826

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm – 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu,

HI 96826

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday Time: 1:00 pm HST

To join the meeting via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST To join via Zoom link:

https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVIrQzROajVJ

QT09#success

Additional information: If you have Zoom downloaded on your computer or

smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: http://unitedselfhelp.org/

Stroke Support Group Meetings

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Maui HIKI NO

Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am - 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Molokai 'Ike

Loa Peer Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month Time: 1:00 pm – 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining date for 2024 is: December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: https://www.facebook.com/BrainInjuryAssociationOfHawaii/

Email: <u>braininjuryofhawaii@gmail.com</u>

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hilo Stroke Support Group

Format: Virtual

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

To join the group:

https://www.google.com/url?q=https://ehihalawai.zoom.us/j/91814580807?pwd %3DSzRIZVJZTHFzVzFzSINwQnlzUHg2QT09&sa=D&source=calendar&ust=165325 0928593396&usg=AOvVaw129kpUEQcZJJKEfK-Cu bt

Link can also be found at: https://www.hilomedicalcenter.org/our-

services/support-groups/our-stroke-support-group/

Additional information: Contact Amy Shipley, Speech Language Pathologist, at ashipley@hhsc.org or call 1-808-931-3049

Support group title: Hui Malama Po'o Support Group

Meetings are currently on hold.

Support group title: Kauai Big! Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

NEW LOCATION: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Memorial Medical Center Stroke Support Group

Format: Virtual

Dates: Third Thursday of each month

Time: 5:00 – 6:00 pm HST

For more information, visit https://www.mauihealth.org/services/stroke-care/

Support group title: Queen's Medical Center Stroke Survivors Support Group: How

to Thrive on our Islands After Stroke

Format: Meetings alternate being in-person or virtual each month

Dates: Second Wednesday of each month

Additional information: Registration is required in order to get the virtual meeting link and the in-person location address. To register online, go to www.queens.org/events. You can also call 808-691-7117, which is the referral

line. An email invitation will be sent to you a few days prior to the meeting. For questions about the group (not to register), contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am - 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at Melissa.mullen@rehabhospital.org or by phone at 808-566-3741.

American Stroke Association Stroke Support Group Finder https://www.stroke.org/en/stroke-support-group-finder

Spinal Cord Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group

Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am - 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support

Group

Format: In-person on Kauai Dates: Check with organizer

Additional information: For times, location, and other information, contact Holly

Pickens-Torres at 808-652-6092.

JUST ADDED – Support group title: Aloha Independent Living Hawaii Maui HIKI NO

Peer Support Group

Format: In-person in Kahului, HI

Dates: First Thursday of every month

Time: 1:30 pm – 3:00 pm HST

Location: Kelea Foundation, 111 Hana Highway, Kahului, HI 96732

Additional information: The group is composed of individuals with various disabilities who meet for fellowship and peer support. This group is open only to consumers of Aloha Independent Living Hawaii. For more information about the group, contact Lehua Chung at 808-866-4690. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

JUST ADDED – Support group title: Aloha Independent Living Hawaii Molokai 'Ike

Loa Peer Support Group

Format: In-person in Kaunakakai, HI Dates: Third Thursday of every month

Time: 1:00 pm - 3:00 pm HST

Location: Home Pumehana, 290 Kolapa Place, Kaunakakai, HI 96748 Additional information: This group is open only to consumers of Aloha Independent Living Hawaii. It is a peer support group for individuals with various disabilities. For more information about the group, contact Tina Ho-Lindsey at 808-866-3792. For more information about Aloha Independent Living Hawaii, contact their intake line by calling 808-339-7297. An email form can be found at https://www.alohailhawaii.org/contact-us/

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm - 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI

96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by

email at art@rehabhospital.org or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: https://go.hawaii.edu/gYk

Support group title: Hui Malama Po'o Support Group

Meetings are currently on hold.

Support group title: Kauai Big! Support Group

Format: In-person in Lihue, HI

Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST

NEW LOCATION: Hale Lihue, 4268 Rice Street, Lihue, HI

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm - 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at

https://www.facebook.com/MauiWheelers/ and you can email them at MauiWheelers@gmail.com. They ae a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Spinal Cord Injury Online Communities

https://www.sci-info-pages.com/online-communities/

Spinal Cord Injury Support Groups

https://www.spinalcord.com/spinal-cord-injury-support-groups

United Spinal Association Chapter Network

https://unitedspinal.org/support/chapter-network/

Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvl8eAgm78sbxKbCYs9bH6l9urcEsnWkDw4ZELk#/registration

Support group title: Kelly Brush Foundation / United Spinal Association Active

Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and

recreational activities. Learn more and register at https://unitedspinal.org/events/active-project-live/

Support group title: United Spinal Association Empowering Parental Caregivers

Support Group Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm - 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZEtc-

ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration

Additional information: For parents and guardians of children, adolescents, or

young adults with SCI or mobility disabilities

Support group title: United Spinal Association Employment Empowerment

Resource Group Format: Virtual

Dates: Every third Wednesday of the month

Time: 1:00 pm – 2:00 pm ET

Registration: https://unitedspinal.org/events/employment-empowerment-

resource-group/

Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET Registration:

https://us02web.zoom.us/meeting/register/tZUuduCuqDIiGtctu96aqMrmC87SXx

W3FydB#/registration

Support group title: United Spinal Association Rolling through Life: Aging with a

Disability

Format: Virtual

Dates: Fourth Wednesday of each month

Time: 7:00 pm – 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZcofu-

upz8sH93iWkBLFJps ViG5RzL4TY2#/registration

Additional information: https://unitedspinal.org/events/aging-with-a-disability/

Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZ0rd-

mrqjstHNBIhBRobjafYZrsfragrHH7#/registration

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday Time: 1:00 pm ET

Registration: https://unitedspinal.org/events/united-spinal-social-hour/

Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZArdO-

gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration

Support group title: United Spinal Association's Walking Rollers

Format: Virtual

Dates: Fourth Monday of each month

Time: 7:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZArdO-

gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration

Additional information: For semi-ambulatory, part-time wheelchair users.

5. Articles on Brain Injuries

Traumatic Brain Injury as an Invisible Disability https://biausa.org/public-affairs/media/traumatic-brain-injury-as-an-invisible-disability

It Takes All of Us: Advocacy for Brain Injury

https://biausa.org/public-affairs/media/it-takes-all-of-us-advocacy-for-brain-injury

TBI Resilience to STEM Success Scholarship

https://www.linkedin.com/pulse/tbi-resilience-stem-success-scholarship-dylan-young-mbgmc/?trackingId=GRwm56Q0RqK8%2BAkydJi3Bw%3D%3D

TBI survivor Dylan Young is a geologist/geophysicist. He is offering a \$1,000 scholarship.

Youth Sports: Are Current Protocols Safe Enough? Broken Brains with Bruce

Parkman EP 27 (podcast)

Apple Podcasts: https://lnkd.in/ewGmN aM

Spotify: https://lnkd.in/ecHwR_BZ

Surviving and Thriving After a Traumatic Brain Injury https://www.brainandlife.org/articles/surviving-thriving-after-traumatic-brain-injury

Optimizing Neurobehavioral Assessment for Patients with Disorders of Consciousness: Proposal of a Comprehensive Pre-Assessment Checklist for Clinicians

https://www.mdpi.com/2076-3425/15/1/71

Conscious Care: A Proposed Model to Improve Interprofessional Care of Patients with Disorders of Consciousness in the Acute Hospital Setting https://www.tandfonline.com/doi/full/10.1080/02699052.2024.2376767#:~:text=Conscious%20Care%20is%20a%20proposed%20interprofessional%20care%20model%20that%20aims,interprofessional%20clinician%20knowledge%20on%20DoC.

Concussions Decrease to Historic Low in 2024 NFL Season https://www.nfl.com/playerhealthandsafety/resources/press-releases/concussions-decrease-to-historic-low-in-2024-nfl-season

Former Vikings Star QB Quarterback Tommy Kramer Speaks About His Dementia Diagnosis, Reflects on NFL Career

https://www.kare11.com/article/sports/nfl/vikings/former-vikings-star-qb-tommy-kramer-speaks-about-dementia-diagnosis-nfl/89-23ddbd14-6dc3-4555-9c40-af2dce7237d7

Pro Football's "Dirtiest Player" Conrad Dobler Diagnosed with Stage 3 CTE https://concussionfoundation.org/news/press-release/conrad-dobler-diagnosed-with-stage-3-cte/

6. Articles on Brain Tumors

Treatment Strategy Reprograms Brain Cancer Cells, Halting Tumor Growth https://www.sciencedaily.com/releases/2025/02/250226163241.htm

Why Brain Cancer is Often Resistant to Immunotherapy https://www.sciencedaily.com/releases/2025/02/250226163234.htm

Study Reveals Activity of Navtemadin in Glioblastoma, Points to Possible Treatment Improvements

https://www.sciencedaily.com/releases/2025/02/250219154615.htm

Jumbled Proteins Paint a Bold Target on the Backs of Brain Tumors https://www.sciencedaily.com/releases/2025/02/250219111315.htm

New Perspectives for Personalized Therapy of Brain Tumors https://www.sciencedaily.com/releases/2025/02/250211134138.htm

Co-located Cell Types Help Drive Aggressive Brain Tumors https://www.sciencedaily.com/releases/2025/02/250207133429.htm

7. Articles on Spinal Cord Injuries

Novel PET Tracer Reveals Potential for Recovery in Spinal Cord Injuries https://medicalxpress.com/news/2025-02-pet-tracer-reveals-potential-recovery.html

Cortisol Spikes Cause Debilitating Bone Growth in Spinal Injury Patients

https://medicalxpress.com/news/2024-12-cortisol-spikes-debilitating-bone-growth.html

Piezoelectric Biomaterial Offers New Treatment Potential for Central Nervous System Injuries

https://medicalxpress.com/news/2025-01-piezoelectric-biomaterial-treatment-potential-central.html

Department of Defense Congressionally Directed Medical Research Programs (CDMRP) Spinal Cord Injury Research Program Anticipated Funding Opportunities for Fiscal Year 2025 (FY 2025)

https://cdmrp.health.mil/pubs/press/2025/25scirppreann

The Way Home

https://news.shepherd.org/the-way-home/

8. Articles on Stroke

Blood Test May Detect Stroke Type Before Hospital Arrival, Allowing Faster Treatment

https://www.sciencedaily.com/releases/2025/01/250130161839.htm

Stroke Warning Sign Acronyms Drive 911 calls, F.A.S.T. Leads in Symptom Recall for Public

https://www.sciencedaily.com/releases/2025/01/250130161707.htm

Changing Therapy Practice to Add Higher-Intensity Walking Improves Early Stroke Recovery

https://www.sciencedaily.com/releases/2025/01/250130161712.htm

Best Approach for Stroke in Medium-Sized Blood Vessels https://www.sciencedaily.com/releases/2025/02/250206183713.htm

Stroke Risk Might Be Higher if Your Parent Divorced During Your Childhood https://www.sciencedaily.com/releases/2025/01/250122145806.htm

9. Information on Related Topics

New Machine Learning Method Can Better Predict Spine Surgery Outcomes https://source.washu.edu/2024/06/new-machine-learning-method-can-better-predict-spine-surgery-outcomes/

How to Choose the Best Wheelchair Cushion for You https://newmobility.com/how-to-choose-the-best-wheelchair-cushion-for-you/

Award-Winning Designer Partners with Pottery Barn for Accessible Furniture Design

https://newmobility.com/michael-graves-pottery-barn-accessible-furniture-line/

10. Presentations and Trainings

Understanding Spinal Cord Injury: A Course for Personal Care Assistants
The goals of this online course, which was developed by the Kessler Foundation, is
to increase knowledge about spinal cord injuries (SCI), improve communication,
and enhance the quality of care. And the course is free! It could be really useful
for everyone to learn more about SCI, not just those who will become / are
personal care assistants. As many of you may know, there is a critical need for
more personal care assistants. Learn more and sign up at:

https://www.kflearn.org/courses/understanding-spinal-cordinjury?fbclid=lwZXh0bgNhZW0CMTAAAR11VM8H2TGOl4oDuVWkNCye9vR6u5IB O9v4iqqCSFnhwzCY-wfEmBI1I5c aem m3cAQ0Q512SMjXHtVIWhAQ

The American College of Emergency Physicians has short videos available under the title, "MicroED." They cover a variety of topics, including mild traumatic brain injury examinations, physical exam and CT signs of a hemorrhagic stroke, neuroimaging, telestroke, and more. You can find the videos at:

https://www.acep.org/education/microed?fbclid=IwY2xjawG-

uMRleHRuA2FlbQIxMAABHa36t BjwsU99eyGEQHfKL1u5qc0vXocDbbX30l3kxZ16 WdCDsVO5wtgXQ aem Mq50vROsGwIR2MuVblbq5Q&utm source=Concussion %20Stakeholders&utm campaign=e06cf149f9-

EMAIL CAMPAIGN 2018 11 28 08 50 COPY 01&utm medium=email&utm te rm=0 61e6ff3b7d-e06cf149f9-

592000242&mc_cid=e06cf149f9&mc_eid=99af31383f

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to get on their mailing list for upcoming classes. Their contact form is found at https://hawaiicaregivers.org/contact

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at whorvath@hawaii.edu for more information or to schedule a presentation. The current list of presentations includes:

- 1. Preventing and Identifying Strokes and Brain Injuries
- 2. Domestic Violence and Brain Injuries
- 3. Employment and Brain Injuries
- 4. Homelessness and Brain Injuries
- 5. Resources and Information for Stroke and Brain Injury Survivors and Their Supports
- 6. The Basics of Advocacy
- 7. Medical Gaslighting
- 8. Workplace Bullying

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to cdonayri@queens.org.

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available. There is a cost associated with these modules and consultation. For more information, go to https://www.nashia.org/np-modules#!form/Neuropsych.

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the University of Michigan but others may need to pay for the training. Enroll at https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/

The Academy of Certified Brain Injury Specialists is offering the "Understanding Concussion: Symptoms, Diagnosis, and Treatment Approaches" Certificate Course to enhance your understanding of concussions and concussion treatment. It is primarily intended for medical personnel, athletic trainers, first responders, therapists, psychologists, social workers, and anyone involved in the care of individuals with concussions. The online course costs \$145.00. Visit https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/understanding-concussion-symptoms-diagnosis-and-treatment-certificate-course for more information and to access registration.

The Brain Injury Association of American offers an online self-paced Brain Injury Fundamentals Certificate Program. There is also an in-person option. It is for anyone who cares for or encounters individuals with brain injuries. No prior experience or education is required. There is a \$125 fee for the program. For more information and to sign up, go to:

https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/acbis-fundamentals/fundamentals-self-paced-course

11. Research and Participation Opportunities

JUST ADDED – The International Brain Injury Association DoC Special Interest Group (IBIADoCSIG) is looking for healthcare professionals to participate in a survey on the information gap that caregivers of DoC patients might encounter along the pathway of care. DoC refers to "disorders of consciousness," that is, someone who is in a vegetative or minimally conscious state. Until now, no studies have investigated the type of information available and the gaps along the pathways of care. The survey takes around 10 – 15 minutes and can be accessed here: https://redcap.link/doc_sig_survey.

JUST ADDED – The ICARE (Intervention to Change Affect Recognition and Empathy) study, out of Indiana University, is looking for people 18 and older who had a traumatic brain injury at least 12 months ago to take part in a teletherapy program. (There are additional qualification requirements.) The study takes place over about 9 months, and all activities are conducted virtually. To learn more, call the study team at 317-329-2380.

The Kessler Foundation has a new study. They are looking for participants for "Comparison of Two Different Group Wellness Programs for People with TBI and Their Support Persons." The study will take about 10 months to complete. It involves a variety of tasks and activities. Individuals with TBIs can be compensated up to \$350, while support persons can be compensated up to \$300. More information can be found at

https://kesslerfoundation.org/research/studies/comparison-two-different-group-wellness-programs-people-tbi-and-their-support. Please contact Laura Marino for more information: 973-323-3748.

The Kessler Foundation is also looking for persons with moderate-to-severe traumatic brain injuries (TBIs) to participate in a 12-week exercise program related to memory improvement. Compensation is listed as \$350. Please contact Brooke Albanese at 973-324-8384. The URL for more information is:

https://kesslerfoundation.org/research/studies/applying-exercise-improve-memory-tbi.

The Icahn School of Medicine at Mount Sinai asks military veterans who sustained a traumatic brain injury (TBI) or had repeated head impacts (RHI) to consider brain donation at the ends of their lives. There will be some tasks to complete in advance. There is \$100 in compensation for in-person visits in New York City. Travel reimbursement is available. This can also be done by phone anywhere in the United States (\$25 compensation). For more information, call 212-241-5152.

A Surfer's Myelopathy Research Study is being held by the Queen's Medical Center in Hawaii. Those who are eligible need a diagnosis of Surfer's Myelopathy, must be capable of providing informed consent, and be 14 years of age or older. The study involves two surveys, sharing your medical records, and answering questions from the research team as time goes on. If you are interested, contact the Queen's Medical Center Neuroscience Institute at nsi.research@queens.org or call 808-691-2525.

The Stanford Stroke and Brain Injury Study seeks participants for a new study about a developing technology called Brain Computer Interface (BCI). The seek to understand the benefits, risks, and ethical challenges. You do not need to know anything about BCI. The study is for patients who have had a brain injury and/or stroke, or their caregivers. There's a 2-hour Zoom interview, and a 10 – 15-minute survey. When finished, you get a \$50 gift card. Contact them by email at Stanford-bcidef@stanford.edu or call 650-497-9489.

The Rehabilitation Research and Training Center on home and Community-Based Services (HCBS) are looking for people with disabilities to complete surveys about their experiences with HCBS. Questions: Contact Niveda Tennety at https://redcap.nubic.northwestern.edu/redcap/surveys/?s=D39MHCDL97DTRXR3

The University of Delaware, in cooperation with the Kessler Foundation is recruiting participants for a research study to evaluate the benefits of a webbased program to monitor and improve the emotional well-being of individuals with traumatic Spinal Cord Injury (iManage-SCI Study). To learn more, go to https://unitedspinal.org/sci-study-well-being-for-individuals-with-spinal-cord-injury/

Researchers at the University of Alabama at Birmingham (UAB) are looking for participants to be in a study titled, "Acceptance and Commitment Therapy Research on Psychological Health in Persons Living with Spinal Cord Injury." Prospective participants need to be an adult with an SCI. Participation includes videoconference sessions and completion of three questionnaires, with compensation of up to \$245. To sign up, go to: https://bit.ly/4d9ADFO. More information on the study can be found at https://www.act-sci.org/.

Pediatric TBI caregivers are sought, including parents, school aides, and home health workers, to take part in a focus group that can be done from home. Participants receive \$30. Contact the study coordinator, Megan Thompson, at MICareTBI@umich.edu or send a text to 734-274-9517. To share your contact information and determine eligibility, go to: https://redcapproduction.umms.med.umich.edu/surveys/?s=NY4P3CL837RY77JC

The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eightweek group intervention via videoconference. You must be at least 45 years old, 15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and-stronger-with-sci. Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or TIRR.LLSstudy@uth.tmc.edu.

The Rehabilitation Research and Training Center on Accommodations, Employment Supports, and Success for People with Physical Disabilities (ACCESS-PD) is looking for participants with physical disabilities to share their experiences with full-time permanent employment and/or non-traditional jobs for a study about how assistive technology and / or accommodations impact employment outcomes. Participants must be 18 years or older, have a physical disability, use assistive technology and/or accommodations for work, and be employed full-time and/or currently work in a non-traditional job. Eligible participants will be interviewed and will receive \$50 for their time. To be considered, complete a screening questionnaire (). For more information, contact Salimah LaForce (salimah@cacp.gatech.edu, 404-385-4614).

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities. Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with disabilities. To join the Registry, fill out a questionnaire located at https://www.ctsiredcap.pitt.edu/redcap/surveys/; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI. Take a 2-3-minute survey

(https://iu.co1.qualtrics.com/jfe/form/SV 5aP9ju3OkEDBqQe) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to travelX@indiana.edu or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes is located at https://websurveyor2.airws.org/se/2511374533213674. For questions or more information contact MSKTC at msktc@air.org or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due to spinal cord injury or diseases. The survey is located at: https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify

what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at: https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4

The TechSAge Rehabiltation Engineering Research Center (RERC, at www.TechSAgeRERC.org) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to

https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT

Telehealth TBI Healthy Lifestyle Study – The North Texas Traumatic Brain Injury Model Systems Center is recruiting individuals with TBI nationally for a study of a telehealth-based healthy lifestyle intervention. Must be between 18 and 80 years old, at least six months post-TBI, considered medically overweight, and above to participate in a physical activity. Participants complete 22 group-based telehealth session over 12 months, and complete four assessments during the study period. Participants will be compensated for their time, and tablets and wi-fi hotspots will be provided to any participants who do not have reliable internet access. You can enroll online (https://redcap.bswhealth.org/surveys/?s=MYT73NLYKP3JJD49) or call or email Stephanie Calhoun at 214-228-5181 or stephanie.calhoun1@bwshealth.org.

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully

online annual assessment that should take about two hours to complete and can be done over several days. Go to: https://www.hitss.org/

12. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

Exercise Classes in Hawaii

Listed below are free exercise classes offered by the St. Francis Caregiver Education and Wellness program. Go at your own pace and ability to move wherever you happen to be at class time. The exercises can help with strength, balance, fall prevention, etc. Many can be done while seated. Monthly registration is required, but you can register and join a class at any time during the month. Visit https://www.stfrancishawaii.org/s/courses for a list of classes and to register. All times listed are HST.

Virtual classes:

- a. Tai Chi: Tuesdays, 9:00 am 10:00 am HST
- b. Zumba by Frances: Mondays, Wednesdays, and Fridays, 5:15 pm 6:15 pm HST
- c. Zumba Gold by Frances: Saturdays, 8:00 am 9:00 am HST
 Zumba Gold is a lower intensity Zumba class with easy-to-follow choreography

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women's Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at https://www.hawaiipacifichealth.org/health-

<u>wellness/classes/?page=1</u> or you can call HPH's Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors, senior bon dance tutorial, and morning exercise. The videos can be found at https://islandofhawaiiymca.org/programs/health-fitness/fitness-videos/

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson's Association. It is a boxing program with weekly classes for Parkinson's patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at kymgpeck@gmail.com or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do anytime from Big Island (Hawaii) teachers. Visit their website at https://808b-fit.com/ for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are inperson, some are via Zoom only, while others are hybrid classes. Register in advance for all classes by calling 808-885-6777 or by sending an email to newsletter@tutushouse.org. Their calendar of events is located at https://www.tutushouse.org/activities/.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members. Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at https://olliuhm.augusoft.net/

The Maui Family YMCA offers a Parkinson's Fitness program (along with other fitness programs). You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to https://www.mauiymca.org/fitness-programs/

The YMCA of Honolulu offers Parkinson's Disease Exercise classes at the Leeward Y, Nuuanu Y, and Windward Y. You must be a YMCA member. For more information, go to https://www.ymcahonolulu.org/programs/health-fitness/specialty-wellness-programs/parkinsons

13. Agency Resource Manuals

AARP Family Caregiving - https://www.aarp.org/caregiving/ A collection of information, not specific to Hawaii

County of Kauai Kupuna Resource Directory
https://www.kauai.gov/files/assets/public/agency-on-elderly-affairs/documents/2023rvsdresource-directory-english.pdf

County of Kauai Community Resource Directory
https://www.kauai.gov/files/assets/public/v/1/prosecuting-attorney/documents/lifes-choices-community-resource-directory-2024_1.pdf
Last updated in 2024

Hawaii Department of Safety Community Resource Guide – https://dcr.hawaii.gov/wp-content/uploads/2021/04/Community-Resource-Guide.pdf
Last updated in 2023

Hawaii State Health Insurance Assistance Program (SHIP) Resource Publications on Medicare, Medigap, and Staying Healthy (scroll down past the phone numbers and URLs to find links to the publications on all kinds of related topics) https://www.hawaiiship.org/resources/medicare/#resources-medicare-publications

Honolulu Magazine 2025 Kupuna Guide – https://www.honolulumagazine.com/2025-kupuna-guide/

Mental Health America of Hawaii - https://mentalhealthhawaii.org/wp-content/uploads/2024-Finding-Help-Resource-Directory-NEW.pdf
Last updated in July 2024

Special Parent Information Network (SPIN) Community Resources Guide - http://spinhawaii.org/resource-guide/

14. Additional Resources

<u>Brain Injuries - General</u>
Brain Foundation / Migraine & Headache Australia Newsletters
https://brainfoundation.org.au/newsletters/

Brain Injury magazine: Innovative Strategies for Brain Injury Education for Patients, Families, and Friends

https://braininjuryprofessional.com/innovative-strategies-for-brain-injury-education-for-patients-families-and-friends-edition/

Brain Injury Association of America The Challenge! Magazine https://www.biausa.org/public-affairs/public-awareness/challenge-magazine

Brain Injury Association of America – How to Participate in Clinical Trials https://www.biausa.org/public-affairs/media/how-to-participate-in-clinical-trials

Brain Injury Association of America Professional Resources https://files.constantcontact.com/5e569a18001/46c15767-5691-4a66-9e60-a0d7011c8bd6.pdf?rdr=true

Brain Injury Association of America Resource Center – webinars and lecture recordings

https://www.biausa.org/professionals/education

Brain Injury Association of Hawaii Newsletter

Email your request to subscribe to: braininjuryofhawaii@gmail.com

The Brain Injury Hope Foundation https://www.braininjuryhopefoundation.org/

Concussion Awareness NOW

https://concussionawarenessnow.org/know-the-symptoms

Concussion Awareness NOW – Education Hub

https://concussionawarenessnow.org/enhance-your-education

Concussion Legacy Foundation

https://concussionfoundation.org/

From the homepage, click on "Resource Center"

Hawaii Pacific Neuroscience weekly e-newsletter

To subscribe, send an email to: kliow@hawaii.edu

Health Disparities and TBI

https://vbis.ca/brain-injury-basics-indigenous-peoples/

Improving Systems of Care for Traumatic Brain Injury

https://nap.nationalacademies.org/catalog/27205/improving-systems-of-follow-up-care-for-traumatic-brain-injury

International Brain Injury Association Webinar Series

https://www.internationalbrain.org/meetings-and-events/ibia-webinar-series

The Journal of Head Trauma Rehabilitation

https://journals.lww.com/headtraumarehab/pages/currenttoc.aspx

LoveYourBrain

https://www.loveyourbrain.com/

Mind Your Brain Foundation

There are resources for survivors and service providers, such as Road Map to Recovery and a podcast series.

Home: https://www.mindyourbrainfoundation.org/

Resources: https://www.mindyourbrainfoundation.org/resource/ Events: https://www.mindyourbrainfoundation.org/conferences/

Minds in Motion Initiative: What Happens Next? Living with Brain Injury (video) https://www.youtube.com/watch?v=xPti5bfvDts

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn Newsletter Archives

https://msktc.org/newsletter/archives

National Association of State Head Injury Administrators Trainings On Demand Archive

https://www.nashia.org/trainings-archive

National TBI Registry Coalition

https://nationaltbiregistry.org/

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke) https://www.ndbin.org/events/webinars

North Dakota Brain Injury Network – Updates and Newsletter https://www.ndbin.org/subscribe

Power of Patients

Free, customizable app to help patients and caregivers track their brain injury symptoms and triggers.

https://www.powerofpatients.com/

Sex, Gender and TBI: A Path to Recovery and Care

https://www.nashia.org/resources-list/sex-gender-and-tbi-a-path-to-recovery-and-care

Strong Infrastructure Components for Brain Injury (BI): State Self-Assessment Tool https://acl.gov/sites/default/files/programs/2023-
11/TBITARC BrainInjuryStateInfrastructureSelfAssessmentTool Final%20-A.pdf

A Treatment Court Toolkit for Supporting Individuals with Acquired Brain Injury https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/6598569ce 049523e6c59a504/1704482461305/ABI-Toolkit-V3.pdf

Traumatic Brain Injury Model System Knowledge Translation Centers (MSKTC) https://msktc.org/tbi/model-system-centers

United States Brain Injury Alliance (USBIA)

Webinar Recordings: https://usbia.org/members-resources/webinars/

U-M Concussion Center (U-M is University of Michigan)

"Behind the Scenes with the Experts" Blog episode archive:

https://www.buzzsprout.com/2012342

Digital Resources (videos): https://concussion.umich.edu/education/digital-resources/

U-M Concussion Center Quarterly News (U-M is University of Michigan)

To subscribe, email their communications team at concussioncenter@umich.edu

University of Washington Traumatic Brain Injury Model System TBI Model System Updates

To subscribe, send an email to uwtbi@uw.edu. In the subject line, please type "subscribe newsletter"

<u>Brain Injuries – Active Duty Military and Veterans</u>

Project Enlist – TBI, CTE, and PTSD Research in the Military Community https://projectenlist.org/

Building Capacity of Veteran Treatment Courts: Resources for Brain Injury Programs

https://www.nashia.org/veteran-treatment-courts

U.S Department of Veterans Affairs – Effects of TBI

https://www.mentalhealth.va.gov/tbi/index.asp?utm source=google&utm medi um=cpc&utm campaign=search-va-tbi&utm term=phrase-

match&utm content=veteran%20tbi&gclid=Cj0KCQiAzoeuBhDqARIsAMdH14Feu BWrnJdGldv-pFDPFSNqa96 YE3VFgMk3AwZf6xB-gUePJxLiz0aAlfvEALw wcB

Warfighter Brain Health Hub

https://www.health.mil/Military-Health-Topics/Warfighter-Brain-Health

<u>Brain Injuries – Children and Youth</u>

American Academy of Pediatrics: Preventing Head Injuries in Young Children Toolkit

https://www.aap.org/en/patient-care/concussion/preventing-head-injuries-in-young-children-toolkit/

Brain Injury in Children and Youth: A Manual for Educators https://www.cde.state.co.us/cdesped/tbi manual braininjury

Hawaii Concussion Awareness Management Program (HCAMP) https://hawaiiconcussion.com/

Children's Hospital of Philadelphia Minds Matter Concussion Program

https://www.chop.edu/centers-programs/concussion-

<u>program?mc_cid=e06cf149f9&mc_eid=99af31383f&utm_source=Concussion+Sta_keholders&utm_campaign=e06cf149f9-</u>

EMAIL CAMPAIGN 2018 11 28 08 50 COPY 01&utm medium=email&utm te rm=0 61e6ff3b7d-e06cf149f9-592000242

Safe Concussion Outcome & Recovery Education (SCORE) Program and App https://www.childrensnational.org/get-care/departments/safe-concussion-outcome-recovery--education-score-program

Project Head, Neck, Spine

https://health.hawaii.gov/nt/traumatic-brain-injury/project-head-neck-spine/

Traumatic Brain Injury and Youth Justice – McMaster University https://tbi-youth-justice.org/

<u>Brain Injuries – Indigenous Populations</u>

Brain Injury Basics: TBI & Indigenous Peoples (Canada) https://vbis.ca/brain-injury-basics-indigenous-peoples/

Traumatic Brain Injury Resource Bundle for American Indians https://www.air.org/project/traumatic-brain-injury-resource-bundle-american-indians

Brain Injuries – Women and Girls

Girls & Women with ABI Task Force

https://acrm.org/acrm-communities/brain-injury/task-forces/girls-and-women-with-abi-task-force/

Meetings are held online on the first Thursday of each month at 2:00 pm ET. Zoom link is located at the URL listed above.

PINK Concussions

https://www.pinkconcussions.com/

Female brain injury from sports, violence, military service. They have a YouTube Channel, support groups, conduct research, hold events, and more.

Traumatic Brain Injury in Women Across Lifespan https://www.sciencedirect.com/science/article/pii/S0969996122000043

Understanding Traumatic Brain Injury in Females: A State-of-the-Art Summary and Future Directions

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9070050/

Brain Tumors

American Brain Tumor Association MindMatters e-Newsletter https://www.abta.org/mindmatters/

Brain Foundation / Migraine & Headache Australia Newsletters

https://brainfoundation.org.au/newsletters/

Brain Tumor Society News https://braintumor.org/news/

The Childhood Brain Tumor Foundation CBTF Neurotransmitter Newsletters https://childhoodbraintumor.org/newsletters/

Children's Brain Tumor Project Newsletters
https://www.childrensbraintumorproject.org/portfolio-items/newsletters/

Ivy Brain Tumor Center at the Barrow Neurological Institute Ivy Blog https://www.ivybraintumorcenter.org/blog/brain-tumor-awareness-month/

Musella Foundation for Brain Tumor Research & Information, Inc. Mailing List https://virtualtrials.org/maillist.cfm

Spinal Cord Injuries

American Congress of Rehabilitation Medicine Spinal Cord Injury Webinar Series Archives

https://acrm.org/acrm-communities/spinal-cord-injury/sci-webinar-series/

Kennedy Krieger Institute International Center for Spinal Cord Injury Newsletter https://www.kennedykrieger.org/patient-care/centers-and-programs/international-center-for-spinal-cord-injury/newsletter

Spinal Cord Injury Model System Knowledge Translation Centers (MSKTC) https://msktc.org/sci/model-system-centers

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn Newsletter Archives

https://msktc.org/newsletter/archives

United Spinal Association New Mobility Newsletter https://newmobility.com/subscribe/

Note that there is a small cost to subscribe to this newsletter.

United Spinal Association Webinar Archives https://unitedspinal.org/webinars/

United Spinal Association – Health Equity (for providers and patients) https://unitedspinal.org/health-equity/

United Spinal Association Ready to Roll in partnership with the Craig H. Neilsen Foundation – emergency preparedness guide https://unitedspinal.org/ready-to-roll/

United Spinal Association – Care Support for College Students https://unitedspinal.org/care-support-for-college-students/

University of Alabama Heersink School of Medicine Spinal Cord Injury Model System Pushin' On Newsletter

Archives: https://www.uab.edu/medicine/sci/uab-scims-information/pushin-on-enewsletter

Stroke

American Stroke Association Together to End Stroke Newsletter To sign up, go to:

https://www.stroke.org/en/about-the-american-stroke-association/together-to-end-stroke/newsletter-sign-up

American Stroke Association Stroke Family Warmline

https://www.stroke.org/en/help-and-support/for-family-caregivers/stroke-family-

warmline?utm source=Together+To+End+Stroke+fy+2025&utm medium=email& utm campaign=emailname &utm content=content2+cta&sc camp=79890DEB9 E704C13939C0205B45526EE

Not a hotline, but connects stroke survivors, families, and caregivers with an American Stroke Association team member who can provide support, helpful

information, or just a listening ear. Available from 8:30 am – 5:00 pm Central Time, Monday through Friday, at 1-888-4-STROKE (1-888-478-7653).

Hawaii Pacific Neuroscience weekly e-newsletter To subscribe, send an email to: kliow@hawaii.edu

Johns Hopkins Medicine Sheikh Khalifa Stroke Institute SKSI Webinar Series https://www.hopkinsmedicine.org/neurology neurosurgery/centers clinics/khalifa-stroke-institute/webinar-series/

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke) https://www.ndbin.org/events/webinars

On with Life Stroke Webinar Series

https://www.onwithlife.org/education-research/fall-conference-2/stroke-webinar-series/

Paul Coverdell National Acute Stroke Program (PCNASP) https://www.cdc.gov/dhdsp/programs/about-pcnasp.htm

Stroke Foundation (Australia) https://strokefoundation.org.au/

World Stroke Organization Blog Archive https://www.world-stroke.org/news-and-blog/blogs

World Stroke Organization Newsletter Archive https://www.world-stroke.org/news-and-blog/newsletters