# Keep Your Brain Healthy and Strong

# Be a Brain Safety Superhero!

BRAIN INJURY ASSOCIATION OF AMERICA

**For more information, call 1-800-444-6443 or visit biausa.org**

# Keep Your Brain Healthy and Strong

# Be a Brain Safety Superhero!

BRAIN INJURY ASSOCIATION OF AMERICA

For more information,
call 1-800-444-6443
or visit biausa.org

# Keep Your Brain Healthy and Strong

Use a Bike Helmet

Wear your Seatbelt

Put on a Life Jacket

## Be a Brain Safety Superhero!

BRAIN INJURY ASSOCIATION OF AMERICA

For more information, call 1-800-444-6443 or visit biausa.org

# Keep Your Brain Healthy and Strong

# Be a Brain Safety Superhero!

BRAIN INJURY ASSOCIATION OF AMERICA

For more information,
call 1-800-444-6443
or visit biausa.org

# Protect Your Superpower Brain

Get a good night sleep

Eat healthy foods

Do your schoolwork

Keep active

**Be a Brain Safety Superhero!**

**For more information, call 1-800-444-6443 or visit biausa.org**

BRAIN INJURY ASSOCIATION OF AMERICA